MERRY CHRISTMAS TO ALL OUR WONDERFUL FAMILIES

Term 4 . Week 11
**Events**

**JANUARY 27**
STAFF DEVELOPMENT DAY
UNIFORM SHOP OPEN 8.30AM - 5.00PM

**JANUARY 28**
YEAR 7 RETURNS
UNIFORM SHOP OPEN 8.30AM - 10.30AM

**JANUARY 29**
YEAR 11 AND 12 RETURN
UNIFORM SHOP OPEN 8.30AM - 10.30AM

**FEBRUARY 1**
YEARS 8,9,10 RETURN

**FEBRUARY 2**
HSC EXCELLENCE ASSEMBLY 9.45AM

**FEBRUARY 4**
SWIMMING CARNIVAL

**FEBRUARY 8**
SCHOOL FINISHES EARLY AS PER NEW TIMETABLE

**FEBRUARY 15**
P&C MEETING 7.30PM COMMON ROOM

**FEBRUARY 17**
ZONE SWIMMING CARNIVAL

**FEBRUARY 19**
YEAR 11 BIOLOGY WETLANDS EXCURSION

**FEBRUARY 22**
EARLY FINISHING DAY AS PER NEW TIMETABLE

**FEBRUARY 23**
VACCINATION DAY
YEARS 5/6 PARENT INFORMATION EVENING

**FEBRUARY 29 - MARCH 2**
YEAR 7 CAMP

**School Information**

**Jo Gray**
Principal

**Ian Skilton**
Deputy Principal Yr 7, 11

**Rochelle Dooley**
Deputy Principal Yr 8, 12 (rel)

**Tracey Holloway**
Deputy Principal Yr 9, 10 (rel)

**Kathleen Ballard**
Wellbeing HT

**Dayna Cowmeadow**
HT Staff Administration (rel)

**Tim Merrick**
Administration HT (rel)

**Margaret Richardson**
Administration Manager

**David Welsh**
HT English

**Leanne Mullen**
HT Science

**Kathleen Prudence**
HT Math

**Toby Karakasch**
HT Home Economics (rel)

**Tracey Holloway**
HT Languages

**Jason Kolatchew**
HT Industrial Arts

**Clemma Mansfield**
HT PDHPE

**Kirsten Strachan**
HT Special Ed

**Beau Berman**
HT HSIE

**Annie Phillips**
HT VET

**Martin Gray**
Librarian

**Jane Johns**
HT CAPA

**Linda Wilkes**
HT Teaching and Learning

**Year Advisors 2015**

Cindy Koletsis-Tatt & Tristan Chapman

**Year 7**
Margaret Bagnall & Rowen Lewis

**Year 8**
Nathan Jones & Jaye Sunerton

**Year 9**
Andrew Somerville & Daniel Mead

**Year 10**
Daniel Higgins & Megan Smith

**Year 11**
Bob Collins & Maddie Valentine

**Year 12**

P&C Association meets the 3rd Monday of the month
Next meeting February 15th, 7.30pm in the common room

President, Mrs Salli Avard
Secretary, Mrs Cynthia Mulholland
Treasurer, Mr Simon Rock
Canteen Coordinator, Tracy Johnson
Canteen Phone 02 6572 2373

**School Office Hours**
8.30am - 4.00pm

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Careers News
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Canteen and Uniform Shop

**UNIFORM SHOP EXTRA OPENING HOURS**

**JANUARY**
27th - 8.30am - 5.00pm
28th - 8.30am - 10.30am
29th - 8.30am - 10.30am
Here is a copy of my speech from presentation night.

This evening is one of the most important on a school’s calendar because it is a celebration and recognition of academic achievement. You, who are about to receive an award, can be proud of yourselves – your teachers are proud of you, and I know your parents are too.

While schools are many things, especially these days, we must always remember that the pursuit of academic excellence should be a timeless endeavour of a school. Those at the top – you – set the bar, and provide an example for all to be, the best they can be.

At Singleton High, we are good – you are good, but as a school, we are not yet the best we can be – you can be even better, we all can do better, and that’s what we’re going to do!

We need to do even better because achievement these days – and future success – isn’t measured against a few hundred students from Singleton but 70,000 across the state at the HSC. In a globalised world you’re in the mix with hundreds of millions. So, the challenge for our school is to provide an education that can mix it with the world’s best.

The complication is that we have to compete on a global scale, and do so in the face of great change and uncertainty: extraordinary changes in technology that affect not only business relationships but are becoming more central to our social relationships. Add that to rapidly changing job markets – the disappearance of some jobs, the emergence of others, the shift in world economic power and the Asian Century, the issues around climate change, and so on.

So how do we do this?

There is a clue, embossed on the packaging that came with your iPhone or iPad. It reads, “Designed in California. Assembled in China”. The most important word here is designed. The real growth industries are those with an understanding that their greatest resource is human intellectual capacity, used to create goods and services embodying intellectual property: the concepts, design, science, mathematics, language, engineering, art, architecture, aesthetics, sales and innovation. All of the things that push imaginative and creative boundaries.

Human intelligence is the most renewable of all resources – fortunately so, because a rapidly changing world requires us to meet new challenges and seize new opportunities over and over again.

Paradoxically, change is the constant of the modern world!

Here’s what I mean...

... you know, just like cassette players, floppy disks, black and white TVs, wringer washing machines and a million other past essentials, the smartphone that you’re glued to will soon be a curiosity of the past. The generation being born now will marvel that you had to CARRY a device. Apparently wearable technology: in its infancy with google glasses and iWatches ... these wearable devices will send smartphones to the trash. And later, wearable devices will probably be quaint collector’s items, when you can be totally connected by having microscopic implants. Or more likely, the future will hold something that hasn’t even been thought of yet.

Who are the people who will drive the future? Can you have a part in its creation? Do you have to be a genius, locked away in isolation trying to figure out mind numbing problems?

No you don’t. But what you will need are a range of skills and qualities. We know the qualities because they’ve been repeated over and over.

Here they are:

• The key to Apple’s success (and you can add Google, Facebook, and so on) is collaboration. It’s the ‘cornerstone’ of being able to innovate, said Steve Jobs. That, and a meticulous attention to detail. Indeed, the new Apple building under construction in California, puts all of their employees under one roof and is designed to make people run into each other at work and leisure. Genius comes from the combined intellectual input of many – no single person need be a genius, but you must know how to collaborate.

• Consequently, you’ll need to be able to communicate – in all forms and media: spoken, written and digital.

• You will need to be a critical thinker. In a world of information overload ... just what is important and correct?

• You will need to be creative: practiced in problem solving; in lateral thinking as well as logical analysis.

• These 4Cs – collaboration, communication, critical thinking and creativity, backed by strong literacy and numeracy skills are the qualities of the successful 21st Century citizen

WE are setting a course, at Singleton High, to deliver an education – and what an exciting time to be a teacher – that puts building these qualities in our students at the centre of what we do.

Of course, there are a few – fortunately very few in our school – who can’t or won’t embrace change. To them, I say, and I’m borrowing from a 1964 song by Bob Dylan. He sings (he was at the time referring to parents, but my reference is to all involved in education) ...
… Your old road is rapidly ageing, 
Please get out of the new one 
If you can’t lend your hand 
For the times they are a-changin’
Yes, The times they are a-changin’ at Singleton High. So you will see changes:

The most obvious one is that next year, there will be a new timetable and bell time structure. Singleton High will no longer face a teaching and learning time deficit compared to most schools. Students will more than meet recommended hours of study: there will be adequate time to cover courses, extend the gifted and support those who need extra time.

Built into these new arrangements will be fortnightly professional learning for teachers. If we’re going to provide you with the best education, we need to be learners too; we need to collaborate, think critically, communicate and be creative in our teaching. We aim to end the year better teachers than we were at the start of it.

Next year, every student not meeting literacy benchmarks will have personalised support. All students will see our focus on reading initiative, expanded to a focus on writing.

There are exciting prospects in store in the STEM (science, technology, engineering and mathematics) that are so important in building the 4Cs and preparing for future jobs. The Industrial Arts faculty is even re-badging itself as Design, Engineering, Technologies in recognition of their changing role.

We’ve had a taskforce researching modern designs on learning environments … and hopefully we will begin rolling out enriched spaces for our students to learn.

Each faculty in the school is in the process of analysing their results data, programming and teaching practice to find improvement.

We’ve upgraded our communication with parents and carers and plan further improvements in two-way communication next year.

Despite Singleton High outperforming state averages in Aboriginal education, our Aboriginal kids still lag behind the academic outcomes of the rest of the school. Thanks to a Coal and Allied grant of $480,000 over the next three years, and the wonderful teachers and aides who work in Aboriginal education in our school, we will incorporate the proven and successful, Clontarf Academy program for Aboriginal boys and expand our award winning Ka Wul centre to include a dedicated girls’ program. We aim to close the gap by lifting the performance of everyone: Aboriginal and non-Aboriginal.

So these are some of the changes you will see. They are a challenge. They will require hard work. It’s my view we have the students, staff, and community support, to make Singleton High the best.

But to be the best, there are some things at SHS that we must not change. As I finish my first year as principal, I know why the school is treasured by so many students, teachers and community members.

The sense of community, the care for each other, a commitment to a fair go for all, a welcome and a promise to provide the best education we can, no matter what the socio-economic, religious, national or ethnic background.

These are the values I saw when I arrived, they are the values that have served the school for 75 years, and they will continue to be.

I would like to take this opportunity to wish all students and their families a safe, relaxing and rejuvenating break. I look forward to working with you in 2016.

Jo Gray, Principal
I would like to extend my sincerest wishes to the wonderful Singleton High School students and their families.

I hope that your Christmas is filled with happiness and quality time with family and good friends. Thank you for your continued support throughout 2015.

Have a safe, relaxing and happy holiday. I look forward to working with you all again in 2016.

Rochelle Dooley, Deputy Years 8 & 12

As the year 2015 draws quickly to a close, I would like to wish everyone a safe and happy Festive Season. The school magazine is an excellent reference to the happenings at Singleton High School over the past twelve months. Many opportunities to become involved in areas beyond classroom learning and also areas for great input by parents/carers are highlighted. We look forward to your ongoing and greater commitment to public education in 2016.

Have a wonderful holiday, refresh and let’s continue in 2016.

Ian Skilton, Deputy Years 7 & 11

Season’s greetings and happiness to you and your loved ones. May your home be filled with love and laughter.

This is the time to reflect upon what the year has been. There have been some ups and downs this year but we all have come through with a smile knowing we have worked in a school that has the students’ interest at heart.

Singleton High School is a community in it’s own right due to it size and population, and in that community we have many personalities that work together that make it complete.

I wish to thank everyone for a great year and for the wonderful opportunity to be part of a great school.

Stay safe and enjoy your holiday break.

See you in 2016

Tracey Holloway, Deputy Years 9 & 10
On behalf of the Wellbeing Team I would like to wish our whole school community a safe and happy holidays. We look forward to working with you to maximise the potential of the students in 2016.

Young people and drug misuse
On December 1, Years 9 and 10 took part in an information session regarding drugs and young people. The session was delivered by Senior Constable Keli Bastick and Senior Constable Lorraine Upward.

While many young people may try drugs not all will go on to experience problems related to drug use. Drug misuse refers to use that is risky or harmful to the wellbeing of the person. The constable explained that misuse of drugs by young people may be associated with educational, relationship, mental health and legal problems.

Schools are recognised as protective environments for vulnerable young people. They can play an important role in preventing drug misuse and as such attempt to provide factual information and link students and families to relevant advice and support. The presentation by the senior constables provided great detail and suggestions to our young people in regards to drug use that will hopefully stay with them as they transition into adult hood.

The Commando (Steve Willis) Visits
Throughout the last two terms the students have experienced Wellbeing Friday presentations during roll call. Wellbeing Fridays see staff presenting information related to teenage wellbeing. The presentations have focused heavily on the ‘seven maximisers for learning’, below is a section of an article by Eric Jensen (jensenlearning.com) about the seven golden maximisers for learning and you can see that Jensen and many other researchers believe sleep, exercise and nutrition are building blocks for success.

Eric Jensen’s Seven Golden Maximizers for Learning
- Physical activity
- Novel, challenging, and meaningful learning (that includes contrast to the everyday)
- Coherent complexity (not chaotic)
- Managed stress levels
- Social support (at home, school and community)
- Good nutrition (balanced and healthy) Young brains need many nutrients for learning. Here are some suggestions: Whole fruits—bananas, sliced apples, grapes, and watermelon—should be a steady part of the diet. Water is the best liquid, otherwise use real (not artificial) fruit drinks. Stick with whole foods—real foods—and reduce the ready-made ones.
- Sufficient time (not rushed, plenty of sleep)

Our final Wellbeing Friday presentation was to occur in week 10, instead we were lucky enough to engage Steve Willis (aka Commando Steve) to talk to the students on Monday December 7 about the seven maximisers they had been introduced to in 2015. This opportunity was the result of an active partnership between the Singleton Youth Venue, the Singleton Town Library and Singleton High School.

So who is Commando Steve?
There are millions of fitness professionals, but only one Commando Steve. Since leaving his successful military career behind, Steve Willis has transformed the lives of hundreds of people. Steve Willis (or Commando Steve as he is better known) has become a familiar face on Australian television since putting contestants through their paces as a trainer on Channel Ten’s ‘Australia’s Biggest Loser’. Since then, Steve has motivated, inspired and pushed contestants to levels of physical and mental fitness they never dreamed possible.

The commando clearly embodies the message of the seven maximisers for learning and as such was able to speak directly to the students about the benefits of healthy lifestyle and it’s links to his success. One core message given by Steve was to think about who you want to be, don’t live in fear and be the change you want to see in the world.

Kathleen Ballard, H/T Wellbeing
Year 7 Japanese
Year 7 Japanese students have finished off the year with learning about J Pop and Fashion as well as sports and hobbies. During these units students have had the opportunity to try on kimonos and hapi coats. We’ve been watching the Australian movie Paper Planes which highlights Australian and Japanese culture from the point of view of the main Australian and Japanese characters Dylan and Kimi. The students have also tried out their origami skills to see if they could make a paper plane that beats Dylan’s world record. Happy Christmas!

Ren Barnett & Dayna Cowmeadow

Year 8 Japanese Excursion
The Year 8 Semester 2 Japanese students enjoyed a day trip to Newcastle on the train on December 2 to enjoy a fabulous lunch at Nagisa Restaurant, as well as spend some time remembering the submarine attack on Newcastle Harbour during the World War 2. Thanks to Jenny Brooks and Jenny Means for assisting the students and myself on the excursion. What a fantastic day!
How do you know you know something?

Every day most students at Singleton High School attend 5 periods which at the moment consist of 55 minute periods which means they need to retain the majority of this information to do well in class—Wow!

Why does this matter? It matters because the way in which this happens is often not done in an effective or efficient manner meaning most of the information is lost by the time their bag is picked up and they walk out the door.

Something needs to change and now.

There are two ways we pick up information well—If we are interested and if we can link it to something we already know (making connections). The subjects are, in effect, all interrelated.

Let me share an example, A trip to the beach: I can be relaxed to be there, watching the waves roll in feeling the sun on my face and smelling the salty air. This experience can be addressed from a cross curricula perspective; the dunes (HISE), the way the tide rolls in (Science), the way I feel (creative writing English expression) and swimming and frolicking (PDHPE) When we make connections our brain retains information much more effectively, Even the process of searching for the connections makes our brain work far more effectively.

Students can make a game of picking an experience and drawing on all the connections they can to better appreciate their subjects.

Anyway with holidays coming up see how many connections you can make in your holiday environment and let me know all about them.

Nicole Apps
Learning and Support Teacher

Opal Card

The school Opal card will officially launch its new online application for relevant parents and students travelling in the Opal public transport region on Monday 2 November.

The application can be found at transportnsw.info/school-students

Just like current paper travel passes, the school Opal card gives eligible students free travel to and from school on school days. However, the school Opal card makes travel simpler, because now students don’t need multiple application forms and passes if they use different transport operators within the Opal network.

Students with school travel passes this year will not need to apply for a school Opal card unless they are changing schools, campus, their home address or moving from year 2 to 3 or year 6 to 7.

Those students who do not need to apply will have a school Opal card sent to your school for the beginning of the first term in 2016.
Did you get your Yearbook?

Free to all students
Available at Main School Office

Christmas Lunch in Singleton

Come along to the Senior Citizens Centre and celebrate the Joy of Christmas with us. There will be plenty of good food, friendship and entertainment.

25th December 2015
Join in The Fun From 11 am
Senior Citizens Centre
Bathurst Street, Singleton

Thank you to our major Sponsors
Rix’s Creek Mine & Glencore Mt Owen Complex
Contact Wendy Love on 0423 692571 or visit www.samaritans.org.au for more information or just turn up on the day!
Transport available by contacting Jackie on 0265 711414

Santa will be making a special visit with his bag full of presents
Our Christmas elf wants your company!
We are all friends and together we can celebrate Christmas...
Science, Technology, Engineering and Mathematics (STEM) Holiday Activities

There are a number of activities that students interested in Science, Technology, Engineering and Mathematics (STEM) can get involved in over the school holidays and beyond.

Australia's Chief Scientist describes STEM knowledge as crucial to Australia's future. The following support the NSW curriculum study and provide opportunities for students to apply their knowledge beyond the classroom.

- The STEM video games challenge is an annual competition suitable for Year 5 students upwards to develop games. Viewing the 2015 winners may encourage students to work towards the 2016 competition using the linked resources.
- Science by doing has units of work for children from Year 3 that both entertain and educate students about Science and Engineering.
- Bridge design software, which includes simulated forces and costs, is available free from Engineering Encounters. It is suitable for Year 5 students upwards, who can participate in an international online competition.
- Engquest is an Australian initiative to interest students from Year 4 to Year 8 in engineering. The site has a number of quizzes and challenges that provide good information and engaging practical activities.
- Girl Code will run computer programming activities for girls in Years 5 to 8 in early January in Sydney, Western Sydney and Wollongong.
- Exhibition: Designing Your Future at Sydney Olympic Park, which showcases the work of South Western Sydney Institute's Lidcombe design students, runs from Monday 5 December to the end of January and is suitable for all students.
- The Museum of Applied Arts and Sciences (PowerHouse Museum) has hands on workshops for children available at different times and for varying age groups.
- The National Computer Science Summer School, is a wonderful opportunity to work with tech savvy students for teachers of all year groups, who are looking for a holiday activity.

STEM Holiday Activities

Reading in the Holidays

Advice for parents on student holiday reading There are many excellent children's books that students can engage with over the school holidays.

The Children’s Book Council of Australia (CBCA) Book of the Year Awards 2015 is a good starting point for recommendations, or try their previous award winners.

When parents are selecting a book, the most important advice is to choose one that will generate enthusiasm for and an interest in reading, leaving the student with a feeling of achievement and motivated to read another book.

- Ensure the book is at a recreational reading level for the student (5 or more words on a page that the reader is unsure of or does not know indicates it is too difficult)
- Identify a suitable genre, theme or topic that is interesting to the reader
- Suggest books where there are other books by that author. This will make finding the next book easier speak to the school or local librarian. They are experts in children’s literature and will be able to make recommendations specific to each child. They also know the most current popular books.

Supporting your Child in Learning to Read on the BOSTES website provides information and suggestions for parents when they are reading with their children at home.
A group of 30 students from the two Year 10 PASS classes embarked on a three day camping experience with Mrs Orbell and Mr McKechnie as the organising and supervising teachers. The entire excursion was a success enhanced by the students being mature, respectful and responsible at all times. There were lots of highlights and accomplishments made during the trip both as a group and as individuals. These will be elaborated on in the following report written by Ruby Haines on behalf of the participating students.

Day 1
We eagerly departed Singleton High School at 9:20am excited for the three days ahead. After what felt like a five hour drive we eventually arrived at The Steps of Girrba Campground, Barrington. Some were feeling better than others after the long, slow, windy trip. A much needed lunch break was then required. Following this we set up our tents and prepared our campsite for the rest of our stay. Then it was down to business with group one taking on group two in a very serious cricket tournament. Group one stole victory due to Mr McKechnie’s batting precision. The rest of the afternoon was spent cooling off in the river and familiarising ourselves with the surrounding environment. Fishing, cards, and sitting around the fire roasting sausages and marshmallows was how our first night unfolded.

Day 2
A long, rainy night with very little sleep for most meant that a much needed sleep-in was deserved but only a few managed this. Others took on the challenge of an early morning run before breakfast. Group one had the morning to relax or explore the area with a challenging orienteering course while group two spent the morning learning survival skills from our guide Sam. He taught us how to get back to basics and really appreciate and utilise the whole of our surroundings. This began with us being instructed to take our shoes off and to learn to walk again. We were blindfolded and guided through the bush and the river as a group. Using only the person in front of you and your other senses to allow for the careful and safe navigation to our final destination alongside the riverbank. Here we would learn other valuable survival skills. First we were taught how to make rope from plants, then how to start fire from scratch. Both lessons were challenging but extremely rewarding once accomplished.

After lunch both groups swapped activities for the afternoon session. Following this the groups became one again and it was back down to the river to take on the rapids in our PFD’s. Hot showers and clean clothes were the main attraction at the end of the day closely followed by a BBQ feast for dinner. More evening fishing before games by the fire and then late night stargazing was how the final night was spent. Some witnessing their first shooting star experience and others discovering constellations they had never laid their eyes on.

Day 3
It was a much quieter camp this morning with only a few early risers to enjoy the sunrise. Mrs Orbell gave some students an active start to the day with a yoga session followed by a massive bacon and egg feast cooked by Orbs and Kecks. It was then time to pack up and head back to Singleton on the bus. Most were glad to be heading home to their own bed and family despite having such an amazing time. The whole experience was amazing and comes highly recommended for future PASS students should they get the opportunity.
It’s the end of the year and we have made it. Daniel and Megan have enjoyed the year and have had the honour of being your year advisors.
We should be getting our jerseys in the first few weeks of term next year which will be exciting because getting them is a rite of passage.
We wish all our families a safe and fulfilling holiday. Please stay safe, enjoy the sunshine and come back refreshed for our busy HSC year.
Daniel Higgins and Megan Smith, Year Advisors

YEAR 11 REPORT

NORMAL DAY
 Rolcall  9.00 am – 9.05 am
 Period 1  9.05 am – 10.08 am
 Period 2  10.08 am – 11.11 am
 Recess    11.11 am – 11.41 am
 Period 3  11.41 am – 12.44 pm
 Period 4  12.44 pm – 1.47 pm
 Lunch     1.47 pm – 2.17 pm
 Period 5  2.17 pm – 3.20 pm

MONDAY WEEK B
 Rolcall  9.00 am – 9.05 am
 Period 1  9.05 am – 10.08 am
 Period 2  10.08 am – 11.11 am
 Recess    11.11 am – 11.41 am
 Period 3  11.41 am – 12.44 pm
 Lunch     12.44 pm – 1.14 pm
 Period 4  1.14 pm – 2.17 pm
 Staff PD  from 2.17 pm
The year, 2015, has been one that I’m sure not many will forget. It has been a year of major change. Classes and assessment tasks have been more challenging and people are maturing.

This year I was lucky enough to participate in the ‘Outward Bound Year 9 Leadership Program’ and the Life Saving program. I was also fortunate enough to be part of multiple sporting teams.

This year our students achieved excellent results for academic and sporting endeavours. It was very motivating and inspiring watching peers achieve outstanding results for what they are passionate about. On behalf of the Leadership Team and Year 9, I would like to thank our year advisors for everything they do for our grade. Mr Jones and Mrs Sunerton both work hard to plan our excursions, programs and activities for us. Whether it is Peer Support training or Laser Tag, we appreciate and enjoy taking part.

Merry Christmas, happy new year and have a safe holiday!

Kyah McBride

YEAR 9 STUDENTS RAN RAMPAGING THROUGHOUT MAITLAND GAOL IN A FUTURISTIC RIOT

BY FRANKLIN WRIGHT

On 27 November 2015, approximately 80 Year 9 students from Singleton High School were involved in an exciting power struggle that was laser tag at Maitland Gaol. Two teams fought for control of the gaol – Team Red and Team Green. Team Green was led by the Warrior Princess known as Ms. Sunerton and Team Red by the Mighty Barbarian that is Mr. Jones. Four intense battles took place during the afternoon and many casualties were taken from each side. Everyone had their own tactic that they employed to stay alive and to strike the opponent. Some wise people took cover to hold off the persistent onslaught from the enemy. Others took a more reckless approach known as the “Run-In-and-Pray-To-God-No-One-Shoots-You” strategy. This rarely worked though and was the source of many, many respawns. Students ran to take control of the many buildings that filled the battlefield. After the end of each battle the number of casualties were counted and the team with the least was crowned the victor. The first battle was won by the Red Team by a landslide. This repeated itself in the second battle as while Green did improve, their resistance was fruitless against the Red Team when they again took the victory. A short break was taken then and reports of team kills came from the Green Team and suggestion that some students from the Red Team should assist the Greens. This suggestion was taken up as several brave students moved to the other side. The break seemed to be what the Green Team needed. They came back with new found aggression, but it was not enough. The Red Team triumphed again in the last two battles, albeit by a smaller margin, sealing a clean sweep for the day.

Hungry and on a high from the exhilarating battles the Year 9 travelled down the road to feast at Billabongs Buffet. It was a fitting end to a truly excellent day that couldn’t be possible without Mr. Jones and Ms. Sunerton who organised the excursion and the many other teachers who also attended. On behalf of Year 9, thank you to all the teachers involved for your efforts to create such a memorable day.

On behalf of Jaye and myself, I would like to thank all of Year 9 for your awesome efforts this past year. Stay safe and have a happy holiday. Looking forward to seeing you all in the new year.

Nathan Jones and Jaye Sunerton Year Advisors
Enrichment Class Excursion: Laser Tag

Last Thursday the Year 7 and 8 enrichment classes as well as Miss Pratten and Mrs Bagnall travelled to Salt Ash to play laser tag in the bush.

At laser tag both teams battled against each other, and practised our team building and communication skills. The Year 8 class won the first two battles convincingly, and the Year 7 class won the last two battles.

We then went to Billabongs Restaurant to have lunch, and then travelled home.

Overall it was a good excursion and a fun day.
Singleton builds a Bridge with partner school in India
Singleton High School is one of eight schools Australia wide to be a part of the Australia-India BRIDGE School Partnership. BRIDGE stands for Building Relationships through Intercultural Dialogue and Growing Engagement.

Our partnership is with Bal Bharati Public School in Delhi. This October we welcomed Mrs Meena Malhotra from Bal Bharati into our school community. Mrs Malhotra is a Head teacher who is in charge of about 70 teachers at her school. She also teaches senior Biology. She enjoyed teaching Biology classes at Singleton and our students thoroughly enjoyed the experience.

To continue our partnership we were fortunate enough to be a part of an interactive video conference with Bal Bharati where we both simultaneously enjoyed a virtual tour of the Sydney Opera House. Students from Singleton were able to communicate with students in Delhi. We hope to be able to continue connecting with the students from our partner school via video conference.

I will be departing Australia on January 10 to spend 10 days with our partner school in Delhi. I am looking forward to this BRIDGE exchange and very eager to share my experiences with staff, students and community upon my return. This is a very exciting time for our school community as we recognise that intercultural understanding is essential to equip our young people to live and work successfully in the twenty first century as responsible local and global citizens.

Dayna Cowmeadow

Indian Partner Schools

Year 7 2016 Orientation

Over 200 Year 6 students from our partner schools attended high school on December 4 for our annual Year 7 Orientation Day. Students were placed into classes for 2016 and walked our of the MPC with their Year 9 Peer Support leaders for 2016. The class names for 2016 have been chosen by the year advisors and they are all past Australian of the Year recipients.

Students and parents were all given an information booklet and provided information from many guest speakers. After morning tea, class groups were divided up and students completed a number of activities learning all the important things about Singleton High School.

We are looking forward to seeing you all on your first day of school on Thursday January 28.

Mark Henderson, Transition Coordinator
In week 9 we undertook another successful, week long lifesaving program at the Singleton Swim and Gym. The program is designed to reinforce and apply key personal safety taught in Year 7 PDHPE in a hands-on, real-world learning environment. As is often the case we had a ‘mixed bag’ with the weather, ranging from extremely hot to unseasonably cool.

The program adopts a peer mentoring model, in which Year 9 and 10 Physical Activity and Sports Studies students and Year 11 Sports, Lifestyle and Recreation students are trained in the knowledge and skills of Royal Life Saving Association of Australia from both the Bronze Medallion and Swim and Survive programs. These skills include personal survival, rescue and resuscitation scenarios. Once trained these students become the group leaders for 10-12 Year 7 students.

Over three days under the guidance of their leaders and staff, the Year 7 students, complete a structured program for their level of the Swim and Survive Program. Targeted activities are undertaken to develop students’ knowledge, confidence and skills in the aquatic environment including stroke development, personal and group survival strategies, and rescue techniques. Throughout the program students practise and are assessed for their competence in key skills and are awarded the Swim and Survive Award for their ability level. These awards are sent away to the Royal Life Saving Association for approval, and will be available and distributed to students in early 2016.

I would like to take this opportunity to congratulate and thank all students in attendance for their behaviour, positive attitude and efforts over the program. Students represented themselves, the school and community in a positive manner reflecting our school’s core values and expectations.

I would also like to make specific mention of the Year 9,10 and 11 group leaders. Our program relies heavily on the commitment, enthusiasm and expertise of our leaders. This year’s group leaders were exceptionally strong, and their leadership, encouragement and support of the Year 7 students is to be highly commended. Congratulations also on achieving your Bronze Medallion qualifications. This is an internationally recognised competency, and reflects your effort, commitment and persistence in achieving a highly challenging task.

Lastly I would like to thank the school staff who assisted in the efficient and effective implementation of the program. It was great to have Year 7 year advisers and staff from other faculties supporting the PDHPE staff for the week. A great team effort!

Mr A Somerville / Mrs T Orbell – SHS Annual LifeSaving Program Coordinators
Logan Ellis has recently returned from participating in the Pacific School Games held in Adelaide.

During the carnival NSW All Schools Under 15 Touch-Football Team competed against the following states: Australian Capital Territory, The Northern Territory, Tasmania, Queensland, South Australia, Victoria and Western Australia.

CARNIVAL RESULTS:
NSW 13 defeated SA 0
NSW 18 defeated NT 2

NSW 13 defeated TAS 2
QLD 11 defeated NSW 3
NSW 14 defeated WA 3

NSW 7 d ACT 4
NSW 16 d VIC 1

Commencement of Finals
NSW 14 d NT 3

QLD 11 defeated NSW 4
NSW 11 defeated WA 3

NSW 10 defeated ACT 5
NSW 9 defeated ACT 4

QLD 9 defeated NSW 3

Overall NSW were awarded Silver Medalists of the carnival after being defeated by a very strong Queensland side in the grandfinal.

Gold Medal: Queensland
Silver Medal: NSW
Bronze: Western Australia

NSW All Schools were very fortunate in having 4 of the players selected as representatives of All Australian Team Touch-Football 2015. We are very proud to announce that Logan Ellis was one of those team members to be selected. Well Done Logan on an outstanding year of touch football.
Reimagining Real Life in the Hunter
It’s time to get real. Ordinary people want control over their own lives. The Plain Buddhist monk Jason Chan brings together the wisdom of early Buddhist texts and thousands of kilometres of barefoot wandering to suggest to us how.

Part 1: Real Spirituality | Thu 3rd Dec
Part 2: Real Economy | Thu 10th Dec
Part 3: Real Community | Thu 17th Dec
6pm - 8pm
Bookings Essential

Guided Meditation with Kerrie Basha
Enter this warm, uplifting meditation circle as Kerrie guides you through the current Astrological and Moon cycles.
December 8th | January 13th | 6pm - 7pm
Tickets $5 each session

Stories to Entertain
Join us for a cuppa, a chat and enjoy the entertainment. Readers bring a mix of storytelling and some laughs. You’re never too old for a good story!
Thursday 21st January
10am - 11:30am

LIBRARY CHRISTMAS HOURS
Fri 18th - 9am - 12 noon
Mon 21st - Wed 23rd - 9am - 5pm
Closed from Thu 24th at 3pm
Reopen Jan 4th at 9am

Have a safe & Merry Christmas!

School Holidays at your Library

Wii & Pizza Afternoon
Sponsored by Domino’s Pizza. Ages 6+
Fri 8, 15 & 22 Jan | 2pm - 4pm

CWA Craft Afternoon
The CWA ladies will join us to share their craft skills. All ages.
Wed 13 Jan | 10am - 11am
Storytime with the Youth Venue

Summer Reading Club
Join the Summer Reading Club, count the hours you read and go in the draw to win great prizes!

Bookings Essential for all events

Changes to Opening Hours
We listened! The library hours are changing! As of Jan 4th, Singleton Library will be open Mon - Fri 9am-7pm and Saturdays 9am - 2pm.
Digital Thumb Print Workshop
A couple of weeks ago four students from the Singleton High School S.R.C attended the digital thumb print workshop at the Optus campus in Sydney. The workshop taught us as users of the Internet and social media to responsibly use these platforms and services safely. The fun and interactive sessions taught us about things we should avoid doing when using social media and the Internet along with websites that opened our eyes to things we don’t think about when using social media and the Internet like how secure is our password (howsecureismypassword.net) or what’s really in the terms and conditions (tosdr.org) The workshop was educational and was a pleasure to be a part of.

Kayse Abdullahi (Year 10)

Coorinda Residents Happy Christmas
On Tuesday 15 December representatives from the SRC visited Coorinda retirement home to distribute gifts to the residents that were collected from the wishing tree that was set up at school. The SRC raised $250 from the wishing tree and SRC member Khloe Kaiserfeld (who is completing a school based traineeships at Coorinda) went shopping with Coorinda manager Sharon Sheen to ensure that each resident received a gift that they would enjoy.

From the smiles on the recipients faces, the idea was a fantastic one.

Bob Collins, SRC Coordinator
Careers News

HSC SUBJECT KLA / FACULTIES

CAPA
Dance, Drama, Music, Visual Arts

Music Career and Course Night. Sydney TAFE Events and Information Sessions
16 December, 6.30pm to 7.30pm, Ultimo TAFE
http://sydneytafe.edu.au/newsevents/events

Photography Information Session. Sydney TAFE Events and Information Sessions
18 January, 6.00pm to 7.00pm, Ultimo TAFE
http://sydneytafe.edu.au/newsevents/events

Industrial Design . Sydney TAFE Events and Information Sessions
21 January, 6.00am to 2.00pm, Design Centre Enmore
http://sydneytafe.edu.au/newsevents/events

AIT Information Night
12 and 28 January, 6.00pm to 8.00pm
Level 2, 7 Kelly Street, Ultimo

AIT Free One Day Digital Workshops
Intro to 3D Animation. 18 December, 9 January, 18 January
Intro to Film Editing. 9 January

Intro to Game Design. 9 January, 18 January
Intro to Concept Art. 18 December, 9 January, 18 January

Level 2, 7 Kelly Street, Ultimo

Actors College of Theatre & Television Auditions
Advanced Diploma of Music Theatre. 22 January
Advanced Diploma of Stage and Screen Acting. 22 January
http://www.actt.edu.au/admissions/auditions/

Sydney Design School Interior Design Information Sessions
17 December, 6.00pm and 14 January, 1.00pm
Level 2, 40 Oxley Street, St Leonards
Contact: 02 9437 1902

SAE Film Masterclass with Bronwyn Kidd
4 March, 4.00pm to 6.00pm, Level 1, 11-17 York Street
Byron Bay. 6 April, 2.00pm to 5.00pm, 373-391 Ewingsdale Road
Bronwyn Kidd, Flickerfest director, tells how short films can enter Australian or International markets.

ENGLISH

Bond University 2016 High School Mooting Competition
Regional Dates
Canberra 2 May
Sydney 3 to 4 May
Grand Final 5 to 6 August, Bond University, Gold Coast
Yr 11, 12s present legal arguments to judges applying legal methods as in real courtrooms.
https://bond.edu.au/future-students/study-bond/see-yourself/competitions/high-school-mooting-competition

P.D.H.P.E.

Community and Family Studies, P.D.H.P.E.

Australian Institute of Personal Trainers (AIPT) Traineeships
Employment and fitness qualification opportunity.
http://www.aipt.edu.au/traineeships-courses/

SCIENCE

Senior Science, Biology, Chemistry, Earth and Environmental Science, Physics

HSC Results Science Degree Day at UTS
18 December
Chat with academics from UTS Science, who can help guide you through our wide range of science & maths courses, and entry options. Places are limited. Book at: www.hscresultsday.uts.edu.au.

Australian Brain Bee Challenge 2016
Round One open for 14 to 20 March
Yr 10 fun challenge to investigate and pursue careers in neuroscience research.
Contact: abbc@uq.edu.au
http://www.abbc.edu.au/

MATHS

HSC Results Science Degree Day at UTS
18 December
Chat with academics from UTS Science, who can help guide you through our wide range of science & maths courses, and entry options. Places are limited. Book at: www.hscresultsday.uts.edu.au.

L.O.T.E.

Projects Abroad Sydney Information Evening
9 February, 6.30pm to 7.30pm
Sydney Central YHA, 11 Rawson Place
Macquarie University New Science and Engineering and IT Scholarships in
Bachelor of Advanced Science
Bachelor of Environment
Bachelor of Marine Science
Bachelor of Information Technology – Games Design and Development
Bachelor of Medical Sciences
http://mq.edu.au/pubstatic/study/undergraduate/parents_and_teachers/connect_with_macquarie_newsletter/all_connect_articles/forge_a_telecommunications_career_with_optus/?fullsite=1

Macquarie University Telecommunications Engineering Optus Cadetships
Study Bachelor of Engineering and major in Telecommunications Engineering can apply for one of 10 Optus cadetships.
http://mq.edu.au/pubstatic/study/undergraduate/parents_and_teachers/connect_with_macquarie_newsletter/all_connect_articles/forge_a_telecommunications_career_with_optus/?fullsite=1

Free Public Lecture Sydney Science Forum. The Quantum Future
2 March. 5.45pm to 6.45pm
Messel Lecture Theatre, Sydney Nanoscience Hub, University of Sydney.
The quantum future: powering the next technological revolution. Presented by Assoc Prof Michael J Biercuk.
Discover what is possible if we harness the full breadth of quantum mechanics. Hands on activities following the lecture. RSVP: http://Sydney.edu.au/science/outreach/events

H.S.I.E.
Aboriginal Studies, Ancient History, Business Studies, Economics, Geography, Legal Studies, Modern History, Society and Culture, Studies of Religion

Sydney 3 to 4 May
Grand Final 5 to 6 August, Bond University, Gold Coast
Yr 11, 12s present legal arguments to judges applying legal methods as in real courtrooms.
https://bond.edu.au/future-students/study-bond/see-yourself/competitions/high-school-mooting-competition

Bedford College University Pathways
For students who didn’t receive the ATAR they needed to get into University, Bedford College offers an alternative pathway. Offering 12 month Diploma courses in Business, Management, Bedford College offers our graduates guaranteed entry into university with 1 year of credit with no ATAR required. Find out more at www.bedford.edu.au

Business at Sydney TAFE Events and Information Sessions
Business Administration, Legal Services and Accounts Administration. 20 January, 4.00pm to 5.00pm, Ultimo Accounting and Financial Planning. 20 January, 6.30pm to 7.30pm, Ultimo Campus, St George Campus
http://sydneytafe.edu.au/newsevents/events

Get a head start on 2016 with a partial scholarship from Lennox College
Students who commence studying their Diploma or Advanced Diploma in Business or Leadership and Management in December 2015 and January 2016 will receive 10% off the cost of their course. Study online whilst you work, and gain a qualification that can lead to university or a better job. Contact advisers by emailing info@lennoxcollege.edu.au or calling 1300 130 666.

Sydney Institute of Business and Technology Information Session
5 January, 4.00pm to 7.00pm
Level 2, 11 York Street, Sydney
Diploma program and university pathway options.
https://www.facebook.com/events/473431812837778/

ICMS Advisory Day
18 December, 10.00am to 4.00pm
151 Darley Road, Sydney
http://www.insearch.edu.au/

T.A.S.

Whitehouse Institute of Design Certificate III in Design Fundamentals VET
Illustration and computerised design training and garment construction.
http://www.whitehouse-design.edu.au/courses/certificate-iii-in-design-fundamentals-cuv30311-vet-for-senior-school-students-fashion-design

Industrial Design. Sydney TAFE Events and Information Sessions
21 January, 10.00am to 2.00pm, Design Centre Enmore
http://sydneytafe.edu.au/newsevents/events

TAFE Wetherill Park Espresso Coffee Service
12 January
Wishing to work full or part time in café or barrister.

Sydney Design School Interior Design Information Sessions
17 December, 6.00pm
Level 2, 40 Oxley Street, St Leonards
Contact: 02 9437 1902

AIT Information Night
12 and 28 January, 6.00pm to 8.00pm
Level 2, 7 Kelly Street, Ultimo

AIT Free One Day Digital Workshops
Intro to 3D Animation. 18 December, 9 January, 18 January
Into to Film Editing. 9 January
Intro to Game Design. 9 January, 18 January
Intro to Concept Art. 18 December, 9 January, 18 January
Level 2, 7 Kelly Street, Ultimo
Western Sydney Institute Mount Druitt Info Sessions
Information Technology. 20 January
http://wsi.tafensw.edu.au/enrolling/open-days/mount-druitt/

VET COURSES
Apprenticeship and Traineeship Vacancies for 2016
MEGT offer a range of apprenticeships and traineeships right around the country. Careers Advisers receive regular update of vacancies in your area, simply email amy.foltran@megt.com.au or call Amy Foltran on 02 8078 3398

VET Automotive
Western Sydney Institute Mount Druitt Info Sessions
Automotive/Panel & Paint. 20 January, 28 January
http://wsi.tafensw.edu.au/enrolling/open-days/mount-druitt/

VET Business Services
Western Sydney Institute Mount Druitt Info Sessions
Business Services. 20 January, 27 January
http://wsi.tafensw.edu.au/enrolling/open-days/mount-druitt/

Business at Sydney TAFE Events and Information Sessions
Business Administration, Legal Services and Accounts Administration. 20 January, 4.00pm to 5.00pm, Ultimo Accounting and Financial Planning. 20 January, 6.30pm to 7.30pm, Ultimo Campus, St George Campus
http://sydneytafe.edu.au/newsevents/events

VET Construction
Master Builders Association White Card Training
1 day training for work experience on construction sites.

VET Electrotechnology
Master Builders Association White Card Training
1 day training for work experience on construction sites.

VET Entertainment Industry
Actors College of Theatre & Television Auditions
Advanced Diploma of Music Theatre. 22 January
Advanced Diploma of Stage and Screen Acting. 22 January

http://www.actt.edu.au/admissions/auditions/

SAE Film Masterclass with Bronwyn Kidd
Sydney. 4 March, 4.00pm to 6.00pm, Level 1, 11-17 York Street
Byron Bay. 6 April, 2.00pm to 5.00pm, 373-391 Ewingsdale Road
Bronwyn Kidd, Flickerfest director, tells how short films can enter Australian or International markets.

VET Financial Services
Bedford College University Pathways
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VET Information and Digital Technology
AIT Information Night
12 and 28 January, 6.00pm to 8.00pm
Level 2, 7 Kelly Street, Ultimo

AIT Free One Day Digital Workshops
Intro to 3D Animation. 18 December, 9 January, 18 January
Intro to Film Editing. 9 January
Intro to Game Design. 9 January
Intro to Concept Art. 18 December, 9 January, 18 January
Level 2, 7 Kelly Street, Ultimo

Western Sydney Institute Mount Druitt Info Sessions
Information Technology. 20 January
http://wsi.tafensw.edu.au/enrolling/open-days/mount-druitt/

VET Hospitality
The Hotel School Tour
Phillip St. Sydney (near Circular Quay).
Discover a Career in Business Management by completing a Bachelor of Business in Hotel Management through Southern Cross University in Sydney’s CBD
Contact: Anne McCroryanne.mccrory@scu.edu.au 02 82493200

TAFE Wetherill Park Espresso Coffee Service
12 January
Wishing to work full or part time in café or barrister.

ICMS Advisory Day
18 December, 10.00am to 4.00pm
151 Darley Road, Sydney
http://www.insearch.edu.au/

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Intro to Game Design. 9 January, 18 January
Intro to Concept Art. 18 December, 9 January, 18 January
Level 2, 7 Kelly Street, Ultimo

VET Metals and Engineering
Western Sydney Institute Mount Druitt Info Sessions
Plumbing. 20 January
Plumbing Pre-Apprentice Course. 21 January
Metal Fabrication & Welding. Visit 9am - 4.30pm
http://wsi.tafensw.edu.au/enrolling/open-days/mount-druitt/

VET Retail Services
Online Retail Course
Do you want to start a career in retail or get some work in the school or uni holidays? TAFE now online course, Certificate II in Retail Services (SIR20212) is a practical course covering all aspects of the modern retail environment. Go to http://tafnow.com.au/sir20212#description or call for further information on 1300 823 366.

VET Tourism and Events
The Hotel School Tour
Phillip St. Sydney (near Circular Quay).
Discover a Career in Business Management by completing a Bachelor of Business in Hotel Management through Southern Cross University in Sydney’s CBD
Contact: Anne McCrory. mccrory@scu.edu.au 02 82493200

College of Event Management Enrolling
Diploma of Events staff are event industry professionals focusing on skills and practice with close ties to the industry. Employment and internship program included. www.collegeofeventmanagement.com.au

ICMS Advisory Day
18 December, 10.00am to 4.00pm
151 Darley Road, Sydney
http://www.insearch.edu.au/

Projects Abroad Sydney Information Evening
9 February, 6.30pm to 7.30pm
Sydney Central YHA, 11 Rawson Place

Tourism Info Session. Sydney TAFE Events and Information Sessions
20 January, 11.00am to 1.00pm, Ultimo
http://sydneytafe.edu.au/newsevents/events

OTHER FIELDS
UTS New Bachelor of Arts Bachelor of Education
Has three education majors. Primary Education, Secondary Education, K-12 Education.
http://www.uts.edu.au/future-students/education/study-areas/teacher-education-undergraduate/bachelor-arts-bachelor

Bedford College University Pathways
For students who didn’t receive the ATAR they needed to get into University, Bedford College offers an alternative pathway. Offering 12 month Diploma courses in Early Childhood or School Age Education, Bedford College offers our graduates guaranteed entry into university with 1 year of credit with no ATAR required. Find out more at www.bedford.edu.au

Diploma in Early Childhood Education & Care. Sydney TAFE Events and Information Sessions
20 January, 10.00am to 12.00pm, Petersham TAFE
http://sydneytafe.edu.au/newsevents/events

Library Services. Sydney TAFE Events and Information Sessions
20 January, 11.00am to 12.00pm, Ultimo
http://sydneytafe.edu.au/newsevents/events

The Northern Sydney Institute offering new scholarships for commercial courses in key industry areas.
Closes 4 January

Aviation Australia Cabin Crew Session
17 February, 6:30pm
Qantas Centre of Service Excellence, 70-80 Euston Road, Alexandria
Training advice from industry experts and career opportunities as a flight attendant.

Australian College of Make Up and Special Effects (ACMUSE)
Certificate IV as well as a range of shorter courses. Intake in February.
STUDYING MATHEMATICS FOR THE HSC AND BEYOND

Information for Students and Parents

The Mathematical Association of NSW (MANSW) is the not-for-profit professional body for mathematics educators of students of all ages. MANSW has compiled the following information to assist students in making the very important choice of mathematics course for Years 11 and 12.

Mathematics forms part of a ‘well-rounded’ education. It is not compulsory in Years 11 and 12, but MANSW believes that the study of mathematics at any level provides people with skills that can be applied to numerous situations.

Students are advised to choose a mathematics course that is appropriate to their interests and abilities and will provide a solid foundation on which to enter the workforce or further education.

The current options are:

<table>
<thead>
<tr>
<th>Year 11 (Preliminary)</th>
<th>Year 12 (HSC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No mathematics</td>
<td>No mathematics</td>
</tr>
<tr>
<td>Mathematics General</td>
<td>Mathematics General 1 or Mathematics General 2</td>
</tr>
<tr>
<td>Mathematics 2 Unit</td>
<td>Mathematics 2 Unit</td>
</tr>
<tr>
<td>Mathematics 2 Unit and Mathematics Extension 1</td>
<td>Mathematics 2 Unit and Mathematics Extension 1</td>
</tr>
<tr>
<td>Mathematics 2 Unit and Mathematics Extension 1</td>
<td>Mathematics 2 Unit and Mathematics Extension 1</td>
</tr>
</tbody>
</table>

Students who are intending to go to university to study finance or any kind of STEM degree (Science-Technology-Engineering-Mathematics) should choose at least Mathematics 2 Unit and possibly include Mathematics Extension 1 in Years 11 and 12.

Mathematics General will not prepare you for a Science, Medicine, Engineering or Mathematics degree. Some universities offer mathematics bridging courses or Foundation Mathematics for students who have not studied enough mathematics at school. These courses are advertised on the websites of the universities and are typically completed in the first year of university. Students who do bridging or foundation courses in their first year accrue extra fees, spend additional years at university and consequently may suffer a loss of income.

Students who complete Mathematics 2 Unit or Mathematics Extension 1 in Years 11 and 12 are better equipped to deal with university courses with mathematical requirements.

Students should consult their teachers, parents and/or careers advisor before choosing options for Years 11 and 12.

Students are advised to refer to the University Admission Centre (UAC) guide to ascertain the ‘assumed knowledge’ and ‘recommended studies’ for the university courses they are considering.

PO Box 343 Leichhardt NSW 2040    ABN: 31 164 921 721
Phone: (02) 9715 5800    Email: admin@mansw.nsw.edu.au    Web: www.mansw.nsw.edu.au
**Uniform Price List**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skirt - Checked grey 8-20</td>
<td>$46.00</td>
</tr>
<tr>
<td>Skirt - Checked grey 22-26</td>
<td>$52.00</td>
</tr>
<tr>
<td>Blouse - Blue or White</td>
<td>$23.00</td>
</tr>
<tr>
<td>Polo Shirt - Blue or White</td>
<td>$27.00</td>
</tr>
<tr>
<td>Pants (girls) - navy hipster</td>
<td>$40.00</td>
</tr>
<tr>
<td>Pants 3/4 (girl)</td>
<td>$38.00</td>
</tr>
<tr>
<td>Shorts - Grey longer leg</td>
<td>$5.00</td>
</tr>
<tr>
<td>Shorts - Grey short leg</td>
<td>$27.00</td>
</tr>
<tr>
<td>Blockers Grey Shorts</td>
<td>$20.00</td>
</tr>
<tr>
<td>PE / Sport polo Shirt</td>
<td>$27.00</td>
</tr>
<tr>
<td>PE / Sports shorts</td>
<td>$22.00</td>
</tr>
<tr>
<td>Woollen Jumper 12-14</td>
<td>$63.00</td>
</tr>
<tr>
<td>Woollen Jumper 16-22</td>
<td>$70.00</td>
</tr>
<tr>
<td>Woollen Jumper 24-28</td>
<td>$76.00</td>
</tr>
<tr>
<td>Tracksuit Pants</td>
<td>$30.00</td>
</tr>
<tr>
<td>Tracksuit Jacket</td>
<td>$50.00</td>
</tr>
</tbody>
</table>

**Other Items**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aprons</td>
<td>$ 8.00</td>
</tr>
<tr>
<td>School Tie</td>
<td>$20.00</td>
</tr>
<tr>
<td>Safety Glasses</td>
<td>$ 5.00</td>
</tr>
<tr>
<td>Socks (football)</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

**Payment**
Cash, cheque or eftpos/credit card facilities available

**Location**
Near the MPC building, enter through the main office and follow the signs.

**Opening Times**
Monday 8.30am till 10.00am and 3.30pm till 5.00pm

**Online orders**
Place orders and pay online via the Singleton High School website and collect from the front office Tuesday to Friday.

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**2016 Canteen Menu**

**Hot Food**
- Nuggets (6)                           $3.00
- Sausage Roll                           $3.50
- Meat Pie (lean)                        $4.00
- Cheese and Bacon Pie                   $4.50
- Chicken Burger                         $5.00
- Beef Burger                            $5.00
- Sweet Chilli Wrap                      $5.50
- Pizza Roundas                          $2.50
- Noodles                                $2.50
- Sauce                                  $0.30

**Not Everyday...**
- Salt n Vinegar Tenders                 $1.50
- Garlic Bread                           $1.50
- Sweet Chilli Subs                      $2.00

**Rolls**
- Salad Roll (with meat)                 $6.00
- Salad Tub (with egg)                   $5.50
- Fruit Cup                              $4.00
- Fruit with Yoghurt                     $4.50
- Salad sticks with Dip                  $2.00

**Sandwiches**
- Chicken and Lettuce                    $4.50
- Ham, Cheese and Tomato                 $4.50
- Egg and Lettuce                        $4.00
- Beef and Pickles                       $4.50
- Cheese and Tomato                      $3.50

**Wraps**
- Salmon, cream cheese, cucumber, lettuce $6.00
- Turkey, cranberry, camembert, lettuce  $6.00

**Healthy Meal Deal** $5.00
Orders only, sandwich, juice and fruit tub

**Brekkie Ideas (before 9.00am)**
- Hash Browns                            $1.00
- Brekkie Wrap                           $2.00
- Muffins/Finger bun/banana bread        $2.00
- Coffee and Hot Chocolate              $3.00
- Raisin Toast                           $ .50

**Daily Specials**
**Monday**
- Fried rice & 3 spring rolls            $5.00

**Tuesday**
- Toasties                              $2.50
- Cookies                               $2.50

**Wednesday**
- Hot Dogs                               $3.50
- Caramel or vanilla slice               $2.50

**Thursday**
- Mini Pizzas                            $2.50
- Chicken Caesar cup                     $6.00
- Chicken Caesar wrap                    $3.00

**Drinks**
- Cans of drink                          $2.50
- Powerade                               $4.00
- Dare iced coffee                       $4.00
- Plain milk                             $3.00
- Juice (large and small)                $3.00
- Mineral water (large and small)        $3.00
- Iced Tea                               $3.00
- Slushies                               $1.00
- 600ml Water                            $2.00

**Snacks**
- Pretzels (large)                       $2.00
- Red rock deli chips (large)            $2.00
- Red rock deli chips                    $1.00
- Smiths Chips                           $1.00
- Jumpy’s                                $1.00
- Grain Waves                            $1.00
- Twisties                               $2.00

**Assorted Ice blocks from 50 cents**
**Stationery Items from 50 cents**