Singleton High School News

2015

Term 3 . Week 2

FAREWELL MARIE• WELCOME MIHO AND SHIORI • RUGBY LEAGUE HIGHS AND LOWS• NETBALL GALA DAY
School Information

Uniform Shop is now open on Mondays.

Events

27 TO 31 JUNE
Education Week

27 JULY TO 7 AUGUST
Trial Higher School Certificate Exams

28 JULY
Education Week Assembly

28 TO 31 JULY
Takahata Visit

29 JULY
ICAS English Test

31 JULY
7/8 Combined High Schools Touch Football
Banda Ra Dancers Lemington Mine

6 AUGUST
Ind Tech Major Projects Due

School Office Hours
8.30am - 4.00pm

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Welcome back to Term Three. We have had a busy two weeks to start!

**Lorin Nicholson talk**
Our Year 9 and 10 students were fortunate to hear Lorin Nicholson speak and perform in the first week back. Lorin Nicholson is an award winning guitarist, cyclist and diver who specialises in motivational work. He targets resilience, respect, initiative, optimism, leadership and self evaluation. The students enjoyed it immensely. We will be booking Lorin to speak with students from other years later in the year.

**Congratulations Under 14s League**
Our U14’s Buckley Shield team are down to the final eight in the State. Congratulations! Their last victory was a resounding 34 – 0 win against McLean High. Good luck in the next game and thank you to Mr Higgins, their coach, for the work he has put in with this team.

**KAOS at King Street**
Some of our very talented music students performed in KAOS on Wednesday evening at King St Primary as part of the Singleton Art Festival. They made us proud with their professional and talented performances. They also helped out as stage crew for the primary school performances. Congratulations for an excellent job.

**Brett Hunt**
Thank you to the HSIE faculty for organising a performance from Brett Hunt on Friday. The feedback from staff and students was outstanding. Brett works from the basis of the National Curriculum for each group of students. For Year 9 he performed as a WW2 veteran reminiscing on his time in the army. For Year 10 he looked at the story of the civil rights movement. Teachers reported that students from both groups were fascinated and captivated. It is truly wonderful that we are able to offer these opportunities for our students.

**Good luck Year 12**
I would like to wish our Year 12 students all the best with their Trial HSC Examinations. These will be conducted over the next two weeks. The practical components of all HSC examinations including major works will be conducted this term; so many of our students are extremely busy putting the final touches on their works.

**Parent Teacher Interviews**
Thank you to all parents who attended our parent teacher evening last week. The school – home communication is an extremely important part of our students’ success and I would like to thank all parents who made the effort to speak with their child’s teachers.

**Visit to Wilcannia**
Last week Mr Means and I travelled to Wilcannia Central School to help out while the school’s executive team travelled to Sydney for some professional development. We enjoyed the experience very much and the opportunity exists for some of our teachers to do some similar short term relief work in our difficult to staff remote schools. It certainly is an enriching and rewarding experience.

\[JO GRAY, Principal\]
Welcome back to Term 3.
We are looking forward to a term full of learning activities across all disciplines. There are also many other extracurricular activities such as Tommy’s Day to keep interest levels high. The junior years work at consolidating past and new knowledge in readiness for the yearly examinations in October/November, Year 11 polish their learning for the conclusion of the preliminary course in preparation of the Higher School Certificate and Year 12 complete their last term on site. Year 11 will also be looking toward who are to be our school captains for 2016. The process of selection commences and concludes before the preliminary examinations in weeks 8/9.

Exchange Students
The growth of students in a multicultural Australia is evidenced regularly at Singleton High School through our sister school relationship with the educational district that includes Takahata, Japan. The annual visit from Takahata will take place in late July/early August. However, we already have two students on an exchange with us. Last term Marie Nicolai from Belgium spoke at assembly about her year long stay in Singleton. You can find Marie’s report in this newsletter. Marie is an exceptional young lady, hosted through the Rotary Youth Exchange Program with the Rotary Club of Singleton on Hunter. We have arriving very soon Linda Herrmannova, an exchange student under the same program as Marie. Linda is coming from the Czech Republic.

Recently arrived is Emma Hultstroem from Sweden. Emma is with the Southern Cross Cultural Exchange Program. Emma is staying with the Groucutt family. Emma lists her interests as handball, athletics, hiking, sailing, snorkling and skiing. She loves her father’s cooking and is keen to learn more about Australia. Despite being from Sweden, Emma states she has no musical talent. Emma Groucutt from Year 12 is travelling to Europe next year with the SCCE Program. I will get some information re Emma and her Gap Year for a later parent news.

Year 11 Survey
In preparation for Year 11, as they approach their final examinations and lead into Year 12, I propose to have them complete a survey and focus attention around their future, study patterns, subjects to the Higher School Certificate, hours of sport and work, mentoring from a staff member and much more. The aim is to gain a better picture of who the students are in the world of learning and the outside world, how to plan a balanced approach to studying and offer some assistance to achieve their goals. I am keen to have past students as motivational speakers, telling stories of issues they faced and overcome. Amelia Tan recently addressed the year and spoke of her life at Singleton High School and now as a student is studying to become a general practitioner. Amelia was a student who worked hard at her studies, mixed work, dancing and studying well in a recipe which suited her lifestyle. Amelia recently has been doing some work placement with Dr Au at his surgery and Singleton Hospital. Should you be aware of past students who could assist in this motivational program then call me and I will chase up.

Yours in Education
Ian Skilton, Deputy Years 7 and 11
Welcome back all staff and students to a chilly Term 3. We have a number of exciting events this term, not only for the students of Singleton High, but also the community.

**Wellbeing Friday**
Firstly we will be relaunching, ‘Wellbeing Friday”. Wellbeing Friday is where roll call staff take time out for pastoral care program delivery. Throughout the rest of the year all students will be receiving presentations in relation to wellbeing. The first of these will be linked to Growth Mindset, (see attached poster) and will be followed up with presentations around the importance of sleep and cyber safety awareness (see following Safebook poster). I think these will be of great value to our 21st century learners here at the high school.

**Programs this term**
This term we will also be running wellbeing programs such as Seasons For Growth (a focus on grief and loss), Be Ur Best (Year 8 girls mentoring program), Love Bites (healthy relationships) and Pit Stop for Youth, health initiative for all Year 9. Please do not hesitate to contact me or a year advisor if you would like any further information on any of the programs mentioned.

Singleton High School is at the forefront of suicide awareness, prevention and intervention. We are one of the few schools in the Hunter currently taking a three tiered approach to suicide prevention. All Wellbeing staff and 30 teachers, including SLSOs have now been trained in Suicide SafeTALK as part of the first two tiers of awareness and prevention.

On the 20 August from 4.30 - 8.30 a tier three community training session is being offered at the Singleton Town Library. If you are interested in attending this workshop can you please contact the school. 29 places are currently available.

Kathleen Ballard, HT Wellbeing
Lorin Motivational Speaker
Climb your own Mountain: Student performance by Lorin Nicholson

On Tuesday, 14 July, Singleton High School was fortunate enough to have a visit from Lorin Nicholson. Lorin spoke with our Year 9 and 10 students regarding simple but powerful messages of perseverance, resilience, respect, inclusion and leadership.

Lorin motivated students through his story telling using his musical talents and humor. Lorin shared his inspiring story of growing up as a legally blind student.

“Even though he is blind, he still made it through school and did so much with his life. This is very inspiring and I was touched by his story. He showed me life does get better, you just have to work hard for it. It was truly amazing to have such an inspirational person come and take the time to speak to us and show us how he ‘sees’ life through his eyes.” (Carly Eaton, Year 9)

Dayna Cowmeadow.
**YEAR 9**

Welcome back Year 9 to what is going to be a busy and fun filled term. We hope you all had a safe and happy holiday and are ready to jump back in to complete a successful term.

We have already had a great start with the Year 7-10 parent teacher interview evening with some fantastic comments coming back both from teachers and parents. We encourage you to come along to this event in the future as this is a great opportunity for you to meet, encourage, comment and receive feedback on your child’s academic performance. The booking system for this event is through the millennium portal. If you have any questions about this process please don’t hesitate to contact the school.

Year 9 were fortunate to be involved in a motivational workshop. Lorin Nicholson is an award winning guitarist, cyclist and diver who specializes in motivational work. He targets resilience, respect, initiative, optimism, leadership and self-evaluation. The students enjoyed this immensely.

As it is the start of a new term a brief reminder to all parents/carers that there is an expectation for correct uniform to be worn by all students. Sports uniform is only to be worn on sports days, not PE days. Also mixing uniform items, for example sports shorts with school shirt, is also not allowed. If for any reason correct uniform cannot be worn on a particular day, a note explaining the reason must be given to roll call teachers, and we are able to loan the correct item. If students are having difficulty obtaining the correct uniform, parents/carers may contact year advisors or Head Teacher Wellbeing regarding alternate arrangements.

We are looking forward to what is going to be a great term.

Nathan Jones & Jaye Sunerton, Year 9 Advisors

**YEAR 10**

Welcome back all Year 10 students! We hope and trust that you had an enjoyable holiday and are energised for the term ahead.

Year 9 and 10 students had the opportunity to attend and engage with highly regarded motivational speaker Lorin Nicholson on the first Tuesday of term. Lorin’s message of goal setting, resilience and determination was highly relevant and very well received and respected by our students. Lorin also delivered a separate presentation to our dedicated student leadership team.

We welcome two exchange students into Year 10 from our sister school in Takahata, Japan. Miho Sugai and Shiori Haga will be with us for the remainder of Term 3 with the aim of immersing themselves in our school and community culture and developing their English language skills. On behalf of the students of Year 10 we welcome Miho and Shiori and are sure their stay will be an enjoyable one.

Our parent teacher night was held last week with parents, carers, students and teachers able to meet formally to discuss feedback regarding student learning and develop plans to enhance student learning for the future. A reminder to parents and caregivers that we, as year advisors, are always keen to chat about our students’ progress and wellbeing and appreciate a phone call as a first ‘point of call’. We will assist in any way that we can! Further to this any student who has not received their Semester 1 report is strongly encouraged to collect it from the school front office.

We are fast approaching the time when our students will need to begin thinking about, discussing and making decisions regarding their education and/or work pathways for 2016 and beyond. Year 10 into Year 11 subject selection information night will be held in a few weeks time, on Wednesday 12 August in the MPC. Students and their families are strongly encouraged to begin discussions with their teachers and other school staff in order to make the best decisions for their future. Attendance for the information sessions are strongly advised in order for students and carers to be able to make informed decisions and gain insight into the extensive and sometimes complex educational pathways and opportunities Singleton High School offers to senior students.

Mr Andrew Somerville and Mr Daniel Mead – Year 10 Advisors
We all are just back from holidays and trust all had a relaxing break. We do have some time before the Preliminary Exit Examinations but we suggest students start preparing study notes and revision to give them the best outcomes possible. Of course we encourage them to see their teachers for tips for the examinations and what to prepare for.

Year 11 have started their new routine of a morning where they have a home room with a teacher of their choice. This program has been working well and positive feedback has been given by the students and teachers. The year advisors have noticed a difference in student morale and are pleased with the results.

A reminder about school uniform. Students are required to wear full school uniform as per school and WH&S policy. This does not include hooded jumpers, jackets, canvas shoes or jeans. If any student is having difficulty purchasing uniform items, please go to your Year advisors for assistance.

Mr Higgins and Miss Smith, Year 11 Advisors
Mr Karakasch Head Teacher

What is STEM?

If you haven’t heard much about STEM education then you soon will. Stem stands for Science, Technology, Engineering and Mathematics and there is growing data and pressure to support learning of these areas in schools.

Why?
The Chief Scientist of Australia’s report in 2014 highlighted the need to address the falling numbers in STEM related careers and the increasing demand for STEM trained workers. It is estimated that 75% of the fastest growing occupations require STEM skills and knowledge and according to Engineers Australia, Australia is producing fewer than half of its required engineers for the future.

What has to happen?
As a country we need to increase the number of people with STEM skills as this will become more important in all careers. We need to encourage students to engage in mathematics, science and technology subjects at school.

The Integrated STEM project
We have just launched our Integrated Stem Project. This project is being piloted in 28 public schools across NSW and uses an integrated model for teaching science, technology and mathematics in Stage 4. We are very excited about this project and resources will be available next year for implementation in other NSW public schools.

Watch this space for more info on how the project is progressing.

There are plenty of documents and research to support this initiative. For some background reading go to:

STEM in the national interest: A Strategic Approach

Or search ‘STEM education’ on the Internet
NCCD
Nationally Consistent Collection of Data on School Students with Disability (NCCD).
Please read the following letter from the Department of Education in regards to NCCD.

If you have any questions or concerns please contact Linda Wilkes or Kristen Strachan on 02 65711199.

Kristen Strachan, Head Teacher Support

Nationally Consistent Collection of Data on School Students with Disability

Notification for Parents and Carers

From 2015, all Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the Disability Discrimination Act 1992 and Disability Standards for Education 2005. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education and Communities is provided in such a way that it cannot be used to identify any individual student or school.


Privacy Protection

The NSW Department of Education and Communities follows the requirements of the Privacy and Personal Information Protection Act 1998 and the Health Records and Information Privacy Act 2002. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students’ personal details will be kept confidential.

Under Clause 52 of the Commonwealth Australian Education Regulation 2013, data collected by the NSW Department of Education and Communities for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth Privacy Act 1988 when handling any data provided by NSW Department of Education and Communities in connection with the national data collection. A privacy notice has been developed to by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department’s website at http://education.gov.au/notices

If you have any questions about the data collection please do not hesitate to contact:

Kerry Meucci (Head Teacher, Learning Support) Phone: 97643611 Extension 121; or
Judith Edwards (Learning and Support Teacher) Phone: 97643611 Extension 131
Marie Nicolai, My year in Australia

Salut, les gars ! Pour ceux qui ne me connaissent pas, je m'appelle Marie et j'ai été dans votre école depuis août l'année passée. Je viens de Belgique, parle français et suis venue via le programme d'échange du Rotary.

G'day mates! For those who don’t know me, I’m Marie and I’ve been in your school since August last year. I’m from Belgium, speak French and came here with the Rotary Exchange Program. Just to clarify the mind of some people... Belgium is a small country between France and Germany. Not a small town in Germany like some asked me before!

I’ve stayed with 3 different host families during my 10 months and a half here in Singleton. I started with the Oberholzer’s family, then the Ferguson’s and to finish with the Groucutt’s. All of them have supported me all year and given me so many new skills and values. They were all different and that made my exchange even more exciting.

During my Gap Year here in Australia, I’ve discovered so many amazing places. I actually had the opportunity to participate in a safari around the East coast of Australia. Over 22 days with 34 other exchange students from everywhere around the world, we visited wonderful places like the Whitsunday’s beaches, the Great Barrier Reef, the King’s Canyon, the Great Ocean Road and lots more.

I will remember Australia as one of the most beautiful countries and an interesting place. Living in Singleton, I’ve got to learn the Aussie slang which confused me, and still does. I will also remember its outgoing, generous and welcoming people. I will miss all your beautiful “barbies”, the hot summer and the sunburns, your scary animals but also and above all the famous Vegemite which disgusted me more than once!

I want to thank Mrs Picket, my Rotarian president, and Mr Skilton, my counsellor, for taking care of me. As well as all the teachers, families and mates who stayed patient... very patient to explain stuff to me. You know, I came here alone and couldn’t understand nearly anything in English... It was much harder for me than for them to understand me.

I can’t finish my article without mentioning my Aussie mates who have given me so much during this year. Making new friends has been the most enriching and exciting experience I’ve had here. Thank you for all the great times, stupid discussions, discoveries and laughs that we’ve had! You know that you’re most welcome in Belgium.

Je n'arrive toujours pas à réaliser que c'est la fin, mais je reviendrai dans quelques années c'est sûr... Ce n'est qu’un “A la prochaine, mes potes”. Je tiens à dire que chaque moment en Australie a été incroyable!

I still can’t realize that it’s the end but I will be back in a few years time for sure... That’s only a “See you later, mates”. Every moment in Australia has been amazing!

Vous allez tellement me manquer!
I will miss you so much!
Nicholas Stemmer from Year 10 was recently named the Singleton Young Person of the Year. We asked Nicholas a few questions.

Why were you nominated?
Sam Shiggins from Singleton Youth Venue nominated me for the following things: Volunteering to run music at the Youth Venue, and being a dedicated junior member of the Rural Fire Service.

How long have you been with the RFS?
I have been actively involved for the last two years.

What do you like about being involved in the RFS?
I like training, I learn skills about life, and I get to help the community.

Do you have any plans for when you leave school?
I want to become a mechanic. I am doing TVET automotive at TAFE now.

Favourite band?
ACDC

What NRL team do you support?
None

Name some things you can’t live without...
TV, X-box, phone, music

Something that makes you happy?
Helping the community

Favourite thing about Singleton High School?
Good career choices, help for when you want to leave school. Great agricultural section.

Secrets of the Hospitality Kitchen

Gingerbread

Ingredients
90g butter
1/2 cup brown sugar
1 egg
1 tablespoon golden syrup
1/4 teaspoon bi-carb soda
1 teaspoon milk
1 3/4 cups plain flour
1/2 teaspoon cinnamon
1/2 teaspoon ground ginger

Method
1. Preheat oven to 180 deg
2. Cream butter and sugar and then add egg and golden syrup
3. Dissolve bi-carb in milk and add to mixture
4. Add sifted flour and spices, knead lightly and roll to 5mm thickness and cut out shapes
5. Place on baking paper and cook for 15 minutes
6. Cool before decorating with royal icing
Ms Kathleen Ballard is our Head Teacher Wellbeing. She returned to us last term after a year teaching in Britain. We asked her a few questions.

Can you tell us about your experience teaching overseas?
In mid 2014 I accepted a position at Djanogly City Academy in Nottingham. The position involved teaching English and Drama in a large inner city school. The school students came from a wide range of countries such as Poland, India, Romania and Jamaica. Most students spoke English as a second language.

The school was in a low socio economic area and had many issues to tackle. All the staff and the majority of parents/caregivers see education as a valuable opportunity and work together towards a simple idea of “Achievement: No Excuses”. The main goal was to improve results and open doors that may otherwise have been closed to many of these students.

It was a valuable experience and I feel very lucky that I was able to take up this position; I have gained many new teaching tools that will hopefully benefit my classes. However working at Djanogly has also made me more aware of how lucky we are here at Singleton High School as we have a wonderful school with strong traditions and ties to the community, a collegial staff, a keen and enthusiastic student body supported by caring parents and caregivers. Oh and we have much better weather!

Tell us about your experience as a school student?
I came to Australia when I was 14 and went to a school in Newcastle. It was a wonderful experience for me as it was very different to the inner city school I had attended in the UK. The school had large windows; lots of grassed areas where I attempted to tan my very pale English legs (I usually only went pink.) PE was mostly outside and we rarely got rained or snowed on! I did however discover at school that I was allergic to Eucalyptus trees …that...thankfully is no longer true.

What was your favourite subject at school?
My Favourite subject was Modern History as I had the most incredible teacher, she rarely left her seat, which was odd, however she had a way of bringing history alive and encouraging us to become involved in politics and possibly even encouraged revolution. As an English teacher I obviously also loved English. I loved to read and I could not be stopped from making speeches, this may still be true today. Once again the teacher was inspiring, she taught us to stand up for those less fortunate and to speak up against injustice.

Best memory of your childhood school?
My best memory of school as a small child would be when we put on a school play. I really enjoyed making the audience laugh, the sense of camaraderie amongst the students and having an opportunity to work with staff in a less formal setting.

What do you enjoy most about your role at Singleton High School?
I enjoy teaching, I really love working with students and seeing the joy they receive when they master a skill and are rewarded for trying. However my passion is working with the wellbeing team, we aim to help students achieve success through the support and wellbeing programs we can provide here at Singleton High School. The wellbeing team have a strong vision that encourages students to look at their strengths, encourages positive self-talk and resilience; it is truly a rewarding job.

Something that makes you happy?
Reading and music.

What is the best thing about Singleton High School?
The staff, students and definitely the coffee machine in the staff common room!

Tip to win the 2015 NRL premiership?
I am torn between the Broncos and the Cowboys, but as the HT Wellbeing I would say it’s not who wins or loses but how they play the game that is important

Anything you would like to add?
It’s good to be back.
Languages
Singleton High School has welcomed our two newest exchange students Miho and Shiori from Takahata in Japan last week. They left summer behind in Japan to be greeted with our lovely winter weather, a bit of a shock to the system. Both girls have visited Singleton before with Miho being here as part of the group exchange last year and Shiori visited us two years ago. Both girls are looking forward to improving their language skills and will be part of Year 10 for the remainder of Term 3.

The sister school relationship between Singleton High School and Takahata is now in its 19th year. We are happy that this important cultural exchange is able to continue, and is well supported by the Singleton community, especially with the generosity and warm hearted hospitality provided by the volunteering host families.

An introduction from the girls
Miho
“Hi, my name is Miho. Nice to meet you. I am 16 years old and from Takahata. I like listening to music, watching movies, sleeping and sport. I came to Singleton last year. I am interested in English and I want to improve my English. I want to find my dream in these three months and I am looking forward to learning a lot. Thank you for letting me be a part of Singleton High School.”

Shiori
“Hello! I’m Shiori, nice to meet you. This is the second time I have come to Singleton. When I stayed here last time, people in Singleton were very kind to me. So I have wanted to come here again for a long time. I am very happy to be here in Singleton. I hope to have a lot of experiences, such as seeing a movie, sightseeing, talking with my host family and the students here. I love Minions, they are cute and I collect minion goods. I can teach you Japanese, Japanese Anime and so on. If you are interested, let’s enjoy talking about them together. I can’t wait to talk with you.”

Home Economics Faculty
Art Prize Opening Night Catering
On Friday 17 July, students from Singleton High School’s Hospitality classes again experienced a realistic industry event, catering for the Singleton Art Prize opening night. The students catered for 200 guests. Mrs Holloway’s and Mr Mead’s kitchen team worked hard preparing cheese plates, soups, curries, arancini, chocolate truffles and many other finger food delights. Some students then changed from their chef whites to their waiter’s black uniforms and joined Miss Sunerton’s in the front of house team who then went on to perfectly present the well executed food. The students upheld the school’s PBL expectations, while communicating with the guests. The praise came thick and fast from the guests who really appreciated the food and excellent service. Well done to all participants.
Childcare
40 Hour Famine
It’s that time of year again and Mrs Hartnett is organising Singleton High School’s 40 Hour Famine for 2015. If any students are interested please see her in the Home Economics Staff Room. Remember just $40 can feed a family of 5 for a whole month. By giving something up for 40 hours, you can raise awareness and funds to help fight global hunger. You could give up food, furniture, technology, talking – anything that matters to you! This year you’ll be supporting World Vision projects in Bangladesh, Cambodia, East Timor, Laos, Malawi, Nepal, Swaziland and Uganda. The funds will go towards solutions like nutrition training for parents, child health services and better agricultural practices. With your help, children and families can break free from poverty and hunger.

CAPA Faculty
Fees
Just a reminder that all CAPA fees must be paid to the front office as soon as possible.

Childcare
40 Hour Famine

Do you live with, work with or support someone experiencing problems with their mental health?

It could be your workmate, partner or family member who is doing it tough.

partners in mining can help.

What is it?
Partners in Mining is a group information and support program for those in the Upper Hunter mining community who support a person experiencing problems with their mental health. Partners in Mining is based on the successful Partners in Depression national program.

When is it being held?
Partners in Mining is being run in the Upper Hunter from August-November 2015. The program is being run in two formats: two half day workshops; or two hour workshops once a week, run over a six week period.

Who is it for?
Partners in Mining is suitable for current, retrenched or retired miners; mining contractors; and their partners, friends or family members. It is free and confidential.

What will I learn from the program?
- Knowledge about mental health
- Practical tips on how to support someone experiencing problems
- Ways to look after yourself
- Communication skills
- Where and how to access services.

Does it work?
Participants in the Partners in Depression program reported improvements in their mental and physical health, and improvements in their family and social relationships following the group program.

How can I find out more?
Contact the Partners in Mining team on 4924 6870 or HNELHDPID@hnehealth.nsw.gov.au

Booking and payment are essential to secure your place and can be made at maitland.nsw.gov.au/library/events/writing/youngwriters

Learn valuable writing tips and practical exercises to fuel your imagination and build your writing confidence at this relaxed and supportive series of workshops designed for young writers 12-16 years.

East Maitland Library
Thursday 6,13,20 and 27 August
4.00pm - 6.00pm
$40 for 4 sessions

Car Boot Sale August 8
The community recycling centre at Singleton Waste Depot will be officially opened on Saturday, August 8.

In conjunction with this, Singleton Council is holding a car boot sale open to anyone to raise money. It's easy and free. Just fill your car with items you want to sell (sorry no food) and park up at the designated area at the facility and sell, sell, sell. There is no cost so any money you make is all yours. This opportunity is open to anyone in the community, individuals, community groups, charities and sporting bodies so please spread the word.

Call 6571 5888 to claim a space.

CREATIVE WRITING FOR YOUNG PEOPLE

Maitland City Library and Hunter Writers Centre present after school sessions for Creative Writing for Young People

Learn valuable writing tips and practical exercises to fuel your imagination and build your writing confidence at this relaxed and supportive series of workshops designed for young writers 12-16 years.

East Maitland Library
Thursday 6,13,20 and 27 August
4.00pm - 6.00pm
$40 for 4 sessions

Booking and payment are essential to secure your place and can be made at maitland.nsw.gov.au/library/events/writing/youngwriters

Singleton YMCA and Singleton Swim Club are Proud to host a disco to help
Darcy Gilson
Upcoming trip to Represent Australia

Saturday 1st August
Jr Disco (Primary School)
5pm to 7Pm
Senior Disco (High School)
7.15pm To 10pm
Singleton Heights Indoor Sport Centre

Cost $5 per child

Fully Supervised
This is an non pass out event
Rugby League
Newcastle Knights Knock Out Rugby League Competition
On June 14, 2015, the under 14s competed in the grand final of the Newcastle Knights Knock Out Rugby League Competition.

On this occasion they met St. Josephs of Lochinvar. It was a see-sawing game with St Josephs getting an early lead, Singleton fought back hard with the half time score being 18-14 our way. The second half started out the same way with St Josephs progressing out to 18 – 20, then Singleton scored to make it 24 – 20, then St Josephs evened it up at 24 all with 8 minutes to go. The pace of the game picked up, the ball was moved from one end of the field to the other, with 2 minutes to go St Josephs scored taking it to 24 – 28. Singleton attempted a short kick off and got the ball back only to just run out of time with the final score seeing St Josephs win a well fought out game.

Under 14s should hold their heads up high. They have represented the school and displayed and continue to display the school's expectations on and off the field, Well done boys!

Daniel Mead, Coach

Buckley Shield
The Singleton High School under 14s Buckley Shield side made the long journey on Monday to Maclean to play Maclean High School in their Final 16 match on Tuesday. The side had a point to prove after being beaten the week before in the Knights Knockout final.

After a morning shower of rain and a walk along Yamba beach, the Maclean show ground was a picturesque setting for the fixture. Singleton High School controlled early possession of the ball, lead through some strong running of forwards Tom Caita-Mandra, Blake Trees and Maui Carroll. First points came for Singleton through halves Kobe Davies and Elliot Earnshaw delivering a quality ball to back rowers Blake Trees and Jack Turner. Singleton then consolidated their good start controlling possession of the ball and taking a 16-0 lead to the half time break.

In the second half Singleton was once again dominant in possession of the ball and strong defense that forced multiple Maclean errors. Singleton stuck to the game plan scoring a further 3 tries to take out the match 34-0. It was a great all round team performance with strong games from halves, Elliot Earnshaw and Kobe Davies and back rowers Maui Carroll and Blake Trees. Singleton man of the match was Tom Caita-Mandra.
**Opens University Shield**

In cold and windy conditions, the opens league side meet Karabar High School in Queanbeyen on Friday 17 July. The side started well, controlling the ball and posting early points. The side were looking sharp in attack, however, errors coming out of their own end allowed Karabar to stay in the game. At half time Singleton lead 10-6.

The Singleton side started well in the second half forcing early mistakes, providing opportunities to attack Karabar’s line. Karabar’s defence stood strong with some heavy hits and some poor option by Singleton. Singleton finally crossed the line through Hayden Bourke only to be denied due to a forward pass. Karabar lifted their game and some poor defensive plays by Singleton allowed them to score twice to win 14-10.

The Singleton High side have represented the school with the utmost pride this year making the final 20 in the University Shield and also competing in The School Boy Trophy. They have conducted themselves in a positive manner in all situations and adversity. This is an excellent achievement and can be built on further for next years competition.

Daniel Higgins, Coach

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**Netball**

**Years 7 & 8 Netball NSW Schools Cup Gala Day**

A big congratulations to all involved in the Year 7 & 8 Netball NSW Schools Cup Hunter Region Phase 1, held at Rose Point Park, Singleton on Thursday July 16. The boys team went through undefeated to win the day, and the girls came second to Scone Grammar. After the teams were hastily put together on the Tuesday and Wednesday, it was a bit of a mystery as to how we would go. The day started off quite slippery under difficult conditions, but both teams settled into the day and allowed their natural ability to come out on display. Considering the freezing conditions, the best thing to be doing was to be running around playing quality netball with high energy levels. These efforts led to some fast paced netball and big wins throughout the afternoon.

With official results still to come through, we should be hearing news soon of the boys progressing to the next phase of the tournament held at Maitland on 6 August. Once again a big thank you for your efforts and congratulations to all. An enjoyable day was had by all.

Mrs Mansfield, HT PDHPE

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**Netball News**

CATHERINE COX AND REBECCA BULLEY

Will be holding two coaching clinics in Singleton on Friday 25 September. The clinics will be held from 2pm to 3.30pm [8 to 11 yrs] and 3.30pm to 5pm [11yrs & over]. The cost for the clinic is $45 per person. Numbers and payment are now being taken. Numbers are limited. Contact Singleton Netball Association for more details.
Cross Country
Samantha Odgers attended the All Schools Cross Country Championships at Eastern Creek Raceway on Friday 17 July.
Despite being a cold, wet and muddy day, Samantha performed well in the T20 multi class athlete division.
Well done Samantha.

Sports Catch Up
NSW Country Team tour of New Zealand
As reported last edition, James Bradley and Mark Fogerty have completed their Under 16s tour of New Zealand in the recent school holidays. The boys played several games and started off the tour well when James converted a penalty from 35 metres out for a memorable country victory.
The boys not only got to play some high quality football, but also attended a Warrior’s training session and had a tour of Mt Smart Stadium which was a highlight of the trip.
Help Darcy to Represent Australia
As reported in previous newsletters, our super swim star Darcy Gilson is trying to raise money to go to Equador to represent Australia at the Global Games. Please go to www.de.gofund.me/vh6w4c4c to make a donation to help him live his dreams.
Family Fun Night

Bring your friends and family
And
Help support Darcy Gilson’s Trip to

ecuador2015
INAS GLOBAL GAMES

Have a game of 10 pin moonlight bowling + Hot dog and Chips
$15p/p

Saturday 15th August
Singleton 10 pin bowling
5.30pm onwards

Fun and Laughter
Guaranteed!

Singleton High
Class of 1970
Reunion
Sat 26th Sept 2015
Singleton Diggers Club

If you were in 6th Form/Year 12 at Singleton High in 1970
(or in 4th Form/Year 10 in 1988) we are having a Class Reunion
on Sat 26th Sept 2015 (same weekend as the Singleton Show)
at the Singleton Diggers Club York St. Singleton starting at 5.30pm.
Please pass this on to anyone you may think will be interested.

For more information or to let us know you may be attending
please email: SingletonHigh1970@gmail.com

www.facebook.com/groups/1572595728350042
or Search: Singleton High School Class of 1970
Careers News

Universities
Southern Cross University Info Days
Monday, 7 December 2015 – Coffs Harbour
Wednesday, 9 December 2015 – Lismore
Friday, 11 December 2015 – Gold Coast
If you are considering studying one of SCU’s undergraduate courses in 2016, you’re invited to visit the campus of your choice to discover how SCU can help you achieve your study and career goals.
Study at SCU on campus or by distance education. If you cannot make it to an on-campus info day, SCU will also be holding Virtual Info Sessions later this year. On-line registration for the Virtual Info Sessions will open in October.

Raised Entry Standards for Teaching Degrees
Students sitting for this year’s Higher School Certificate will need to achieve at least three Band 5 results, including one in English, to enroll in a teaching degree. Universities have a range of alternative entry options for students who want to enroll in a teaching degree but do not meet the Higher School Certificate requirements.

Southern Cross University STAR Entry Scheme
Applications close Wed 9th September
This scheme lets Year 12 students gain an early offer to study at Southern Cross University in 2016 based on their school principals recommendation.

Win the Ultimate ADFA Experience
Applications close: Mon 20th July
Fri 28th August – Sun 29th August
The Ultimate ADFA Experience provides the opportunity for prospective ADFA students to win flights and accommodation to attend ADFA open day on Saturday 29th of August. The winner of the experience will also have the chance to tackle an over-water military obstacle course, fire a weapon on an indoor simulation range, experience one-on-one time with Australian Defence Force personnel and equipment, plus receive a merchandise pack. Applicants will be required to write in 50 words or less, why they should win the ultimate ADFA Open Day experience.

UNSW: Great Engineering Challenge 2015
Wed 5th August, 9.00am – 4.00pm, Roundhouse
A day of hands-on activities for high school students in years 10 and 11. The day will consist of talks by guest speakers as well as real-life challenges, with opportunities to apply lateral thinking to solve challenges in a team environment.

UNSW: Actuarial Studies Student/Parent Information Evening
Wed 16 September, 5.30pm – 7.30pm, UNSW Business School Lounge, UNSW Business School Building, Level 6, West Wing
UNSW students and their parents are invited to visit UNSW to find out more about their Bachelor of Actuarial Studies degree, associated dual degrees, and the Actuarial Studies Co-op Scholarship program. Contact: (02) 9385 3507 or studybusiness@unsw.edu.au
http://www.futurestudents.unsw.edu.au/actuarial-studies-studentparent-information-evening

University of New South Wales: Paul Doneley Memorial Scholarship
Applications close Mon 30th November.
This scholarship is a 1 year scholarship valued at $2,500 for Indigenous students who wish to undertake studies in the Faculty of Law at the University of New South Wales.


Sydney Royal Wine Scholarship
Applications close Wed 30th September
This scholarship is available to students who have a passion and career aspiration to help build a successful future for the Australian Wine Industry. The scholarship offers $5,000 for full-time study or $2,500 for part-time study. Applicants must be enrolled in or applying for study in any accredited tertiary course at an approved Australian education provider.

Royal Agricultural Society of NSW Rural Scholarships
Applications close Wed 30th September.
These scholarships are available to support students who demonstrate a passion and commitment to the future success of rural and regional NSW. Scholarships of $5,000 for full-time study or $2,500 for part-time study are available. Applicants must be enrolled in or applying for study in any accredited tertiary course at an approved Australian education provider.

UTS: Contemporary Photographic Practice and Digital Studio
Student Workshop: Sat 15th August, 9.00am – 12.30pm, UTS Broadway
Student Workshop: Sat 15th August, 1.30pm – 5.00pm, UTS Broadway
Teacher/Career Advisor Workshop: Sat 22nd August, 9.00am – 12.30pm, UTS Broadway
Leading academics will guide participants through trends in contemporary photography and apply this knowledge using UTS’s industry-standard photo media and equipment.
Workshops are for high performing year 11 and 12
University of Wollongong

Wed 7th October, 6.00pm – 8.00pm, Building 30
UOW College Open Night

Mon 10th August, 6.30pm – 7.30pm, Building 32.G01
Certificate III & IV in Fitness Info Night

Program Head of Biomedical Science, as well as other program staff, will have services available to assist attendees with CV writing and job applications. Attendees will have an opportunity to learn about the programs offered by the School of Biomedical Sciences, as well as to meet the Dean of the Medicine program and the Program Head of Biomedical Science.

Applications close: Fri 14th August

Sydney TAFE Information Sessions
Certificate III Health Services: Wed 5th August, 4.30pm – 6.30pm, St George College
Certificate III Health Services: Tue 11th August, 6.00pm – 8.00pm, St George College
Graphic Design: Wed 2nd December, 4.00pm – 6.00pm, St George College

Blacktown Job & Training Expo
Thu 27th August, 10.00am – 2.00pm, Blacktown College

Applications close Sat 31st October

Le Cordon Bleu 2016 Scholarships
Applications close Sat 31st October

Le Cordon Bleu will be offering twelve Entrepreneur scholarships for 2016 to high school students wanting to study at either the Adelaide or Sydney Le Cordon Bleu campuses. Applicants will be required to demonstrate a strong academic performance and write a one page summary of their hospitality career or business goals.

Contact: reservations@1300apprentice.com.au

TAFE & Apprenticeships
Central Coast Open Day
Sat 15th August, 10.00am – 3.00pm, Chittaway Road, Ourimbah

A combined open day featuring the University of Newcastle, Hunter TAFE and the Central Coast Community College. The day will provide an opportunity to learn about the range of education providers, attend presentations, and view the facilities of this multi-sector campus.


Sydney TAFE Scholarships
Applications close: Fri 14th August

Sydney TAFE has a number of scholarships available across its many faculties. Sydney TAFE awards three types of scholarships: equity scholarships, merit scholarships, as well as Aboriginal and Torres Strait Islander scholarships.


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http://sydneytafe.edu.au/newsevents/events


UOW College: Information Nights
Certificate III & IV in Fitness Info Night
Mon 10th August, 6.30pm – 7.30pm, Building 32.G01
University of Wollongong, Northfields Avenue, Wollongong

UOW College Open Night
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http://www.uowcollege.edu.au/about/events/index.html

1300 Apprentice and Traineeships: 2015 Intake

Interviews
Tue 22nd September – Thu 24th September

1300 Apprentice will be holding their annual intake for school students and will be conducting interviews during the September – October school holidays. To express interest for an apprenticeship or traineeship, send an email with STEINTAKE15 in the subject line as well as your resume and cover letter to the following address:

Contact: reservations@1300apprentice.com.au

TAFE Western: TVET Open Days
Mudgee: Wed 22nd July, 12.00pm – 5.30pm
Bathurst: Wed 29th July, 1.00pm- 5.00pm
Orange: Wed 29th July, 1.00pm – 5.00pm
Cowra: Wed 29th July, 9.30am – 2.00pm
Parkes: Wed 29th July, 12.30pm – 4.30pm
Broken Hill: Fri 31st July, 1.00pm – 5.00pm

Year 10 students and their parents/guardians are encouraged to get along to one of TAFE Western’s TVET open days this month. Open days will provide the opportunity to explore the career opportunities that are available through TAFE.


Fanelle: Female Apprentice Network Australia
Fanelle brings industry and tradespeople together to create awareness and support for women working in the male dominated trade industry. Fanelle offers support, social networking, job assistance and sponsorship opportunities.


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Contact: resumes@1300apprentice.com.au

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ANZ Indigenous School Based Traineeship Program
Applications close Mon 31 August 2015
The Indigenous school based traineeship program provides young Indigenous Australians with the opportunity to work at ANZ while they are still at school. The traineeship equips them with skills and experience necessary to help them complete their education and gain entry into the workforce.
While completing year 11 and year 12 studies, trainees will:
• work at least one day a week in an ANZ branch
• receive an income while learning new skills
• achieve a National Certificate qualification
• be supported by ANZ staff and Aboriginal mentors
• potentially be considered for career opportunities with ANZ or other opportunities at the end of their traineeship.

Private Colleges
Martin College: New Diplomas
Martin College is now offering three new Diploma courses which are available on campus and online.
Diploma of Advertising:
http://www.martin.edu.au/courses/school-business-marketing/diploma-advertising
Diploma of Business Administration:
Diploma of Interior Design and Decoration:
http://www.martin.edu.au/courses/school-design-technologies/interior-design-decoracion

Cultural Care Au Pair Information Sessions
Online: Mon 20th July, 6.00pm
Newcastle: Sun 26th July, 10.00am, Cnr Smith St & Ridley Street, Charlestown
Canberra: Sat 15th August, 11.00am, Swanson Ct, Belconnen
Cultural Care Au Pair offers work placements as au pairs/nannies in the US. Past au pairs will share their experiences and advice.

William Angliss Institute: Foundation and Scholarships
Scholarship Applications for Semester 1 2016 open Monday 3rd August.
The William Angliss Institute provides financial assistance to support disadvantaged students in achieving their career ambitions. Various scholarship programs are available across the institute.
http://www.angliss.edu.au/future-students/scholarship-information

Australian Academy of Beauty and Spa Therapy: Information Nights
Bella Vista: Wed 5th August, 7.00pm
North Strathfield: Wed 5th August, 7.00pm
Chatswood: Tue 4th August, 7.00pm
Kogarah: Tue 4th August, 7.00pm
Learn more about the courses available by speaking to staff.
http://www.australianacademyofbeautytherapy.com/

Australian Institute of Music: Contemporary Performance Information Evening
Wed 12th August, 6.00pm – 8.30pm, 17-51 Foveaux St, Surry Hills
Get an introduction into AIM’s practical music degree, see live performances, and get involved in masterclasses conducted by some of Sydney’s leading musicians.
http://www.aim.edu.au/events/2015/sydney-information-evenings

Basair Aviation College: Career Information Seminar
Tue 25th August, 7.00pm – 8.30pm, Bankstown Airport, 628/23-25 Airport Avenue, Bankstown
Tue 29th September, 7.00pm – 8.30pm, Bankstown Airport, 628/23-25 Airport Avenue, Bankstown
Basair Aviation College is the largest flying school in Australia. Learn about the courses they have to offer by attending a career information seminar.

JMC Academy Performance Nights
Mon 20th – Wed 22nd July, 195 Oxford St, Bondi Junction
JMC music students will be performing at ‘Jam Gallery’ in their ensemble bands.
Entry $5.
http://www.jmacademy.edu.au/events/industry-events/sydney-performance-night-1

Nature Care College: Health Careers Day
Sat 15th August, 12.00pm – 3.30pm, 46 Nicholson Street, St Leonards
The healthy careers day will include a college presentation, informative talks with a course advisor, and an opportunity to tour the campus.
Contact: 02 8423 8333 or info@naturecare.com.au

NIDA Info Night
Wed 22nd July, 5.30pm – 9.30pm, NIDA 215 Anzac Parade Kensington
An opportunity to meet NIDA educators and find out all there is to know about their courses, the application process and life at NIDA.

Sydney Aviators Open Day
Sun 6th September, 8.30am, Bankstown Airport
Half hour trial flights will be available at a cost of $120 and short presentations on how to obtain a Private Pilot License will be held throughout the day.
Contact: (02) 9793 8900

College of Event Management Information Session
Fri 4th September, 6.30pm, Level 9, 28 Foveaux Street Surry Hills
Speak to lecturers and staff to learn about the courses on offer and career opportunities available after graduation.
Contact: 1300 725 846 or enquiries@coem.edu.au

Sydney Design School: Information Sessions
Fri 21st August, 1.00pm
Thu 3rd September, 6.00pm
Level 2, 40 Oxley Street, St Leonards
Information sessions will run for approximately 40 minutes, and will cover the courses available at the design school.
Contact: 02 9437 1902

Sydney Film School: Open Day
Sat 12th September, 2.00pm – 5.00pm, 82 Cope St, Waterloo
Speak to directors, teachers, current students, and graduates to learn about Sydney Film School courses.

Other News
All About UAC for 2015: Year 11 and 12 Students
This guide provides information about UAC including university applications, a university course listing, the Higher School Certificate and ATARs.

Sydney Science Festival
Thu 13th August – Sun 23rd August
The Festival aims to encourage an interest in science among the general public and young people. The festival will feature a number of events throughout Sydney that will also highlight the career opportunities available.
http://sydneyscience.com.au/#/

My Story My Content Short Film Competition
Entries close Mon 10th August
This competition is open to students studying at a primary, secondary or tertiary level. Films should run for no longer than 60 seconds and aim to capture the theme of ‘Movies Matter’, including a reference to film piracy or its impact.
http://mystorymycontent.com/

Defence Force Australia: Information Sessions
Newcastle – Trade Careers: Thu 23rd July, 6.00pm, 528 Hunter Street
Batemans Bay – Defence Careers: Thu 23rd July, 6.00pm, Cnr Evans & Murray Street

Lismore – Defence Careers: Thu 23rd July, 6.00pm, 231 Keen St, Lismore
Sydney – Navy Trades: Thu 23rd July, 6.30pm, 9 George Street, Parramatta
https://www.facebook.com/DefenceJobsAustralia/events?ref=page_internal

Australian Museum Science Festival: High School Activities
Tue 18th August – Thu 20th August, Australian Museum
The festival will welcome more than 180 presenters to conduct a line-up of interactive shows, demonstrations and hands-on activities.
Cost: $3.30
https://booking.amsciencefestival.net/HighSchoolEvents

National History Challenge
Entries close Fri 21st August
The National History Challenge encourages students to use research and inquiry based learning to discover more about the past. Students may investigate their community, their own family’s past, and explore ideas through history. Students may present their inquiry in a variety of forms.
http://historychallenge.org.au/

National Computer Science School Challenge
The challenge starts Mon 3rd August and finishes Sun 6th September
The National Computer Science School (NCSS) Challenge is a programming competition for secondary students. The five-week challenge teaches students how to program throughout the duration of the task with competitors able to compare themselves to their peers.
https://groklearning.com/challenge/
ELECTRICAL & MECHANICAL APPRENTICESHIPS

SKILLED, in partnership with Coal & Allied, is committed to upskilling the local community in the Hunter Valley region with a leading and innovative four-year Apprenticeship Program, which will commence in 2016.

With opportunities at Coal & Allied’s Mount Thorley Warkworth and Hunter Valley Operations, we are currently seeking people who are interested in a genuine career in the mining industry for an Electrical or Plant Mechanic Apprenticeship.

Benefits include:
- Working with a team that is focused on and has a strong commitment to safety
- Nationally Recognised Qualifications
- Learning from experienced and qualified trades people within the industry
- Ongoing coaching, mentoring and support from both SKILLED and Coal & Allied
- Exposure to and rotation through a broad range of mechanical/electrical functions
- Competitive remuneration

We are seeking people with a positive attitude who have excellent communication skills, enjoy hands-on learning, excel at problem solving, are well organised, have attention to detail and can take ownership of an issue to deliver the best outcome.

You'll need to enjoy interacting with new people, be passionate about and have a genuine interest in building a career in the mining industry.

You must be an Australian citizen or permanent resident. Holding a current driver’s licence or plans to obtain a driver’s licence within the first 12 months is desirable. All shortlisted candidates will need to undertake and successfully pass a pre-employment medical.

Aboriginal and Torres Strait Islanders are encouraged to apply.

TO APPLY FOR THIS APPRENTICESHIP VISIT
WWW.SKILLEDGROUPTRAINING.COM.AU
UNDER CURRENT VACANCIES.
APPLICATIONS CLOSE 17 AUGUST 2015.

girls can do anything!

http://www.security4women.org.au/rolemodels/ is a wonderful website dedicated to girls seeking career pathways. Some highlights include:

- some of the many talented women working in ‘non-traditional’ jobs
- the pathways to these jobs and
- links to a range of innovative programs that encourage girls to explore all careers.

Find out about non-traditional jobs at:

AUSTRALIAN AIR FORCE CADETS
CADET RECRUITING

The Australian Air Force Cadets is one of the Premier Youth Organisations of Australia. We are currently recruiting for 2015.

Do you want to:

- Learn to fly
- Develop your leadership and communication skills
- Participate in adventure training and field craft activities
- Meet new people and make life long friends
- And heaps more

If you:

- Are an Australian resident
- Have good general health
- Are between 13 and 18 years old
- Can attend weekly activities
- Have permission from your parent or guardian

Become a Cadet in the Australian Air Force Cadets

EDUCATES 📚 CHALLENGES 🔴 EXCITES

For more information, find your nearest Australian Air Force Cadet Squadron by visiting our website at:
www.aafc.org.au
SCHOLARSHIPS
FOR THE CHILDREN & GRANDCHILDREN
OF AUSTRALIAN VETERANS

The Australian Veterans’ Children Assistance Trust (AVCAT) is a not-for-profit organisation. AVCAT administers bursaries and scholarships to help children, and in some cases grandchildren, of Australian veterans with the costs of full-time education. The most deserving candidates are provided with financial assistance to facilitate their tertiary studies.

The Long Tan Bursary is specifically available for the children of Vietnam veterans. Other sponsored scholarships available include those made available due to the generosity of various ex-service organisations and private donors.

If you would like to find out more then please contact us:

P: 02 9213 7999        E: avcat@dva.gov.au        W: www.avcat.org.au

“It means the world to me that someone I don’t know cares about my education and believes I have potential.”

2014 Recipient

APPLICATIONS OPEN 18th AUGUST

ARE YOU ELIGIBLE FOR A Long Tan Bursary or perhaps another one administered by AVCAT? DO THE ELIGIBILITY TEST NOW!

The AVCAT COMMEMORATIVE BURSARY

Commemorating 30 years of service to the veteran community. Valued at $15,000, this special bursary aims to financially assist an Australian veteran’s child as they pursue their university studies.

Bursary Criteria and Conditions

The successful applicant will

* be a child of an Australian veteran with operational service outside of Australia;
* be commencing their tertiary studies in 2016;
* be studying an undergraduate degree of at least three years’ duration, full-time and in face-to-face mode;
* be aged between 17 and 25 years at the time of application;
* eligible on assets and income grounds for continuous, means-tested Commonwealth benefits for tertiary education and
* be the most deserving candidate of merit.

The successful applicant will be able to demonstrate a high level of leadership ability, community service and willingness to be an ambassador for the Trust.

Short listed applicants will be interviewed.

The Bursary will be valued at $15000 ($5000 per year for three years).

Known as the AVCAT Commemorative Bursary, the name of the bursary reflects its purpose, namely to commemorate the organisation’s 30 year history. The recipient will be presented at an appropriate Awards Presentation ceremony in 2016.

APPLICATIONS OPEN 18TH AUGUST 2015

Application form can be downloaded from our website.

For more information please contact AVCAT:

P: 02 9213 7999       E: avcat@dva.gov.au       W: www.avcat.org.au
Interested in joining?
Visit us on our next Information Nights or contact us for more information:

Scobie Depot
Harvey Road
RUTHERFORD NSW 2320
Telephone: 02 4932 5808
Parade Night: 1800 to 2130 Wednesdays
Email: admino.308SQN@aafc.org.au
Website: http://www.aafc.org.au/308SQN

Next Information Nights:
6.15 pm
Scobie Training Depot
Wednesday; 22nd and 29th August 2015
Followed by the Recruit Weekend on the 29th and 30th August 2015
Uniform Shop

Uniform Price List

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>Skirt - CheCked grey 8-20</td>
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<tr>
<td>Skirt - CheCked grey 22-26</td>
<td>$52.00</td>
</tr>
<tr>
<td>BlouSe - Blue or White</td>
<td>$23.00</td>
</tr>
<tr>
<td>Polo Shirt - Blue or White</td>
<td>$27.00</td>
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<tr>
<td>Pants (Girls) - navy HiPSter</td>
<td>$40.00</td>
</tr>
<tr>
<td>Pants 3/4 (Girl)</td>
<td>$38.00</td>
</tr>
<tr>
<td>Shorts - Grey longer leg</td>
<td>$5.00</td>
</tr>
<tr>
<td>Shorts - Grey Short leg</td>
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<tr>
<td>PE / Sport</td>
<td>$27.00</td>
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<td>PE / Sport Polo Shirt</td>
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<td>PE / Sports Shorts</td>
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<tr>
<td>Woolen Jumper 24-28</td>
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<tr>
<td>Tracksuit Pants</td>
<td>$30.00</td>
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<tr>
<td>Tracksuit Jacket</td>
<td>$50.00</td>
</tr>
<tr>
<td>Second Hand Clothing</td>
<td>$5.00</td>
</tr>
</tbody>
</table>

• Donations of second-hand uniforms would be greatly appreciated. All money raised is donated back to the school. Unfortunately we do not sell pre loved uniforms on consignment.

Payment
Cash, cheque or eftpos/credit card facilities available

Location
Near the MPC building, enter through the main office and follow the signs.

Opening Times
Monday 8.30am till 11.00am and 3.30pm till 5.00 pm

Ordering
Place orders and pay online via the Singleton High School website and collect from the front office Tuesday to Friday.

Canteen Menu

Hot Food

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nuggets (5)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$3.50</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$4.00</td>
</tr>
<tr>
<td>Cheese and Bacon Pie</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken Burger</td>
<td>$4.50</td>
</tr>
<tr>
<td>Beef Burger</td>
<td>$4.50</td>
</tr>
<tr>
<td>Sweet Chilli Wrap</td>
<td>$5.00</td>
</tr>
<tr>
<td>Pizza Roundas</td>
<td>$2.50</td>
</tr>
<tr>
<td>Noodles</td>
<td>$2.50</td>
</tr>
<tr>
<td>Sauce</td>
<td>$0.30</td>
</tr>
</tbody>
</table>

Garlic Bread
Sweet Chilli Subs $1.00
Salt and Vinegar Tenders each
(Not every day)

Sandwiches

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken and Lettuce</td>
<td>$4.00</td>
</tr>
<tr>
<td>Ham, Cheese and Tomato</td>
<td>$4.00</td>
</tr>
<tr>
<td>Egg and Lettuce</td>
<td>$3.50</td>
</tr>
<tr>
<td>Beef and Pickles</td>
<td>$4.00</td>
</tr>
<tr>
<td>Turkey and Cranberry</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

Brekkie Ideas (before 9.30am)

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hash Browns</td>
<td>$1.00</td>
</tr>
<tr>
<td>Brekky Wrap</td>
<td>$2.00</td>
</tr>
<tr>
<td>Assorted Slice</td>
<td>$2.00</td>
</tr>
<tr>
<td>Muffins/Finger bun</td>
<td>$2.00</td>
</tr>
<tr>
<td>Coffee and Hot Chocolate</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

Orders only

Healthy Meal Deal $4.50
Sandwich, juice and fruit
Soup $2.50
Mac N Cheese $4.00

Daily Specials

Monday
- Egg and Bacon Roll $4.50
Tuesday
- Toasties $2.00
- Cookies $2.50
Wednesday
- Hot Dogs $3.50
Thursday
- Mini Pizzas $2.00
Friday
- Chicken and Gravy Roll $5.00

Drinks

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cans of drink</td>
<td>$2.50</td>
</tr>
<tr>
<td>Powerade</td>
<td>$4.00</td>
</tr>
<tr>
<td>Dare iced coffee</td>
<td>$4.00</td>
</tr>
<tr>
<td>Plain milk</td>
<td>$3.00</td>
</tr>
<tr>
<td>Juice (large and small)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Mineral water (large and small)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Iced Tea</td>
<td>$3.00</td>
</tr>
<tr>
<td>Slushies</td>
<td>$2.00</td>
</tr>
<tr>
<td>600ml Water</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

Snacks

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pretzels (large)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Red rock deli chips (large)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Red rock deli chips</td>
<td>$1.00</td>
</tr>
<tr>
<td>Smiths Chips</td>
<td>$1.00</td>
</tr>
<tr>
<td>Jumpy’s</td>
<td>$1.00</td>
</tr>
<tr>
<td>Grain Waves</td>
<td>$1.00</td>
</tr>
<tr>
<td>Twistes</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

Assorted Ice blocks from 50 cents