Takahatta Visit • Real Babies • Baby Goats • Banda Ra Dance Up a Storm
Events

10 AUGUST
EQUESTRIAN TEAM EVENT

11 AUGUST
CATERING SINGLETON BUSINESS CHAMBER BREAKFAST AND CONCERT BAND PERFORMANCE

12 AUGUST
ICAS MATHS TEST SUBJECT SELECTION EVENING YEAR 10 INTO 11

17 AUGUST
P&C MEETING 7.30PM

18 AUGUST
AG QUIP EXCURSION CONCERT BAND

20 AUGUST
ALL DAY MUSICAL REHEARSAL DESIGN AND TECHNOLOGY MAJOR PROJECTS DUE

School Information

Jo Gray
Principal

Ian Skilton
Deputy Principal Yr 7, 11

Rochelle Dooley
Deputy Principal Yr 8, 12 (rel)

Tracey Holloway
Deputy Principal Yr 9, 10 (rel)

Kathleen Ballard
Wellbeing HT

Nicole French
Assistant Wellbeing Advisor

Dayna Cowmeadow
HT Staff Administration (rel)

Graeme Lindsay
Administration HT (rel)

Margaret Richardson
Administration Manager

David Welsh
HT English

Leanne Mullen
HT Science

Kathleen Prudence
HT Maths

Toby Karakash
HT Home Economics (rel)

Tracey Holloway
HT Languages

HT Aboriginal Education

Jason Kolatchew
HT Industrial Arts

Clemma Mansfield
HT PDHPE

Kirsten Strachan
HT Special Ed

Bruce Withers
HT HSIE

Annie Phillips
HT VET

Martin Gray
Librarian

Jane Johns
HT CAPA

Linda Wilkes
HT Teaching and Learning

Year Advisors 2015

Cindy Koletsis-Tatt & Tristan Chapman
Year 7
Margaret Bagnall & Rowen Lewis
Year 8
Nathan Jones & Jaye Sunerton
Year 9
Andrew Somerville & Daniel Mead
Year 10
Daniel Higgins & Megan Smith
Year 11
Bob Collins & Maddie Valentine
Year 12

P&C Association meets the 3rd Monday of the month in common room at 7.30pm
Next meeting 17 August 2015

President, Mrs Salli Avard
Secretary, Mrs Cynthia Mulholland
Treasurer, Mr Simon Rock
Canteen Coordinator, Tracy Johnson
Canteen Phone 02 6572 2373

School Office Hours
8.30am - 4.00pm

Principal News
Deputy Report
Wellbeing News
Year Reports 7, 8 and 12
Support News
Real Care Babies
Ryda
Student Spotlight
Meet a Teacher
Faculty Happenings
Tell them from me Survey
Fire Cadets
Takahata Visit
Sports Reports
Kawul Report
Tommy's Day News
Careers News
Uniform Shop Roster

UNIFORM SHOP IS NOW OPEN ON MONDAYS
8.30am to 10.00am and 3.30pm to 5.00pm
Alternatively place and pay for uniform orders on line and collect from the school office any time within office hours
Takahata Visit
We welcomed the group from Takahata, Japan, to our school last week. I would like to send a huge thank you to all of the families who hosted these students during their stay. Without your generosity, these exchange visits would not be able to take place, and the benefits to our own students are enormous. This is the 19th year that Singleton High School has been in a sister-school partnership with the Takahata school group. Thank you also to Ms Dayna Cowmeadow and Ms Ren Barnett for their energetic and enthusiastic organisation of this event.

Year 11, 2016 Subject Selections
Next week we have an important event for our Year 10 students. It is time for them to elect their pattern of study for their senior years. On Wednesday evening we will hold an information session in the MPC starting at 5.30, and we encourage all Year 10 students and their families to attend. You will have the opportunity to gain an understanding of the process and also to ask any questions you might have about subjects from head teachers and teachers who will be available on the night.

Congratulations Year 12
Today the Trial Examinations finish for our Year 12 students. The next few weeks are vital as they use the feedback from their exam results to refine and hone their preparation for the actual HSC. Many subjects will have the practical component completed before the end of this term, so it is certainly all systems go at present. Congratulations to all Year 12 students for the way they conducted themselves during the trial period, and all the best with your preparation for the HSC.

Rugby League News
We will find out next week who our U14s league team will be playing in their final 8 match. It should be a home game so we are very excited to be able to see them in their natural environment.

State Wind Ensemble
Congratulations to Kamryn Kermode and John Alley for being chosen to play in the state and junior wind ensembles at the opera house this week. This is a fantastic achievement and shows the depth of talent in our student body at Singleton High School.

Education Week
Congratulations to all our fantastic students and staff who were awarded at the Education Week Awards. The winners were:

School Community contributions: Tracey Johnson and Uncle Les Elvin
Outstanding contributions by a non teaching member of staff: Pauline Vesper, Dianne Wheeler and Anne Edwards.
Advances in Aboriginal Education: Tony Jarrett
Excellence in Student Achievement: Samuel Barry and Ebony Ford.
Teaching Excellence: Dayna Cowmeadow and Ren Barnett

Have a wonderful fortnight
Jo Gray, Principal
Term 3 has commenced at a rapid pace with many of our staff and students being involved in a variety of events across the school. It was with great pride that I was able to attend the Singleton Learning Community’s Education Week Awards which were held at our school last week. Singleton High School staff, students and community members were recognised for their outstanding contribution to our great school. Guests were entertained by our incredibly talented music students and were treated to delicacies created by our hospitality classes.

**Year 8**
The start of this term has seen a significant change in Year 8 personnel. Due to Mrs Leanne Mullen’s successful promotion to Head Teacher Science, the Year 8 cohort have warmly welcomed Ms Rowen Lewis (Mathematics faculty) as their newly appointed Year Advisor. I thoroughly look forward to working with both Mrs Bagnall and Ms Lewis, and know that they will make a formidable team as they nurture and promote the wellbeing of all students in their care.

Many thanks to all of the parents and caregivers who attended the parent teacher interviews at the commencement of the term. These interviews are a valuable tool in gaining additional insight into your child’s progress both academically and socially at school. I was incredibly grateful to have had the opportunity to meet with so many parents in person. Thank you for taking the time to introduce yourselves.

**Year 12**
Year 12 have been frantically preparing and sitting for their Trial HSC Examinations over the past fortnight. This can sometimes be a stressful period for students and their families as they endeavour to perform at their very best. Students are strongly encouraged to review their examination papers when they are returned from marking. Whilst marking, teachers make an incredible effort to ensure that all students are provided with extensive feedback and vital commentary regarding strategies for improvement.

Samuel Barry was recently acknowledged at the Education Week awards for Excellence in Student Achievement. His contribution as a student leader, his outstanding academic capabilities and sporting prowess were formally recognised on receipt of this prestigious award.

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**Year 12 Save the Dates**
15 September 2015
Yr 12 end of year excursion
17 September 2015
End of year activity day
18 September at 10am
Final assembly
12 October
HSC starts
9th November
Official sign out day and return of text books
11 November 2015
Year 12 formal

Rochelle Dooley, Deputy Years 8 and 12
In the last edition of the newsletter I mentioned Wellbeing Friday, during roll call on Wellbeing Fridays staff are presenting information related to teenage wellbeing. Week two’s roll call focussed on the concept of positive mindset and the next two presentations will look at the importance of sleep and healthy lifestyle. Below is a section of an article by Eric Jensen (jensenlearning.com) about the seven golden maximisers for learning and you can see that Jensen and many other researchers believe sleep and nutrition are building blocks for success.

This month two workshops are available for the community. SafeTalk is a community training session in regards to suicide awareness and prevention. The second is a carers workshop. Please see the flyers in this newsletter.

If any parent / carer has suggestions or interest in a particular topic regarding wellbeing then please contact myself or Nicole French at the high school and we will endeavour to coordinate or locate a relevant event.

Eric Jensen’s Seven Golden Maximizers for Learning

1. Physical activity
2. Novel, challenging, and meaningful learning (that includes contrast to the everyday)
3. Coherent complexity (not chaotic)
4. Managed stress levels
5. Social support (at home, school and community)
6. Good nutrition (balanced and healthy)

Young brains need many nutrients for learning. Here are some suggestions:

- Whole fruits—bananas, sliced apples, grapes, and watermelon—should be a steady part of the diet.
- Water is the best liquid, otherwise use real (not artificial) fruit drinks.
- Stick with whole foods—real foods—and reduce the ready-made ones.
- Sufficient time (not rushed, plenty of sleep)

Kathleen Ballard, HT Wellbeing
AN INVITATION TO CARERS

Do you provide care and support to another person?
You are invited to Carer Connections
Take the Opportunity to Connect with other Carers
and listen to our Guest Speaker!

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

Guest Speaker:

Topic:
Strengthening Changing Relationships within Caring Roles

WHERE: Kahibah Sportsclub, 63 Kenibea Avenue, Kahibah
TIME: 10.00am – 12.00pm
COST: FREE - includes Morning Tea
WHEN: Tuesday 11 August 2015
RSVP: Wednesday 5 August 2015

For more information or to Register Contact
HNE Carer Education & Support Program – Hunter
on: 4924 6146 or 1300 887 776
or Email: Educare-Admin@hnehealth.nsw.gov.au
(We ask that you RSVP for catering purposes)
Term 3 has begun relatively smoothly for Year 7.

Students were excited to receive their new timetables and begin some new subjects as Semester Two gets underway and most appear to be settling into the new routine well. Our first meeting with the Year 7 leadership team was a success. A healthy number of students were in attendance and many creative and practical fundraising ideas were put forward for the school’s upcoming Tommy’s Day. We are now working through the process of narrowing down these possibilities.

Well done to all the students who put their hands up to be a part of this team. We look forward to your continued participation and support in both year and whole school activities.

T Chapman & C Koletsis-Tatt, Year Advisors

New Year Advisor
It is with great pleasure (tinged with sadness) that I announce Year 8’s new Year Advisor is Ms Rowan Lewis. Ms Lewis was successful in her application for this position after Mrs Mullen vacated this role in order to become Head Teacher of Science. However Mrs Mullen will continue with Year 8 in the capacity of Head Teacher of the year. Congratulations and good luck to both Ms Lewis and Mrs Mullen in your new roles.

Correct Uniform
Winter is well and truly upon us and while the cold weather continues it is a timely reminder for students to keep warm by wearing the correct uniform. Of particular mention must be the correct jumpers which are to be navy blue in colour. Hoodies are not permitted. If students are having difficulty obtaining the correct uniform please see your year advisors.

Electives for next year
Students have settled well into their new electives for this semester with much positive feedback being received about new subjects and the engaging activities being undertaken. While 2016 seems a long way off, it is time for students to start thinking about their elective choices for next year.

To assist with this process, on Wednesday 12 August, commencing at 5.30pm in the MPC is the Subject Selection Information evening when all faculties will be on hand to provide information regarding elective options. Further information regarding this will be provided closer to the date.

Yours in education,
Mrs Bagnall and Ms Lewis, Year Advisors

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**ELECTRICAL & MECHANICAL APPRENTICESHIPS**

SKILLED, in partnership with Coal & Allied, is committed to upskilling the local community in the Hunter Valley region with a leading and innovative four-year Apprenticeship Program, which will commence in 2016. With opportunities at Coal & Allied’s Mount Thorley Warkworth and Hunter Valley Operations, we are currently seeking people who are interested in a genuine career in the mining industry for an Electrical or Plant Mechanical Apprenticeship.

Benefits include:
- Working with a team that is focused on and has a strong commitment to safety
- Nationally Recognised Qualifications
- Learning from experienced and qualified tradespeople within the industry
- Ongoing coaching, mentoring and support from both SKILLED and Coal & Allied
- Exposure to and rotation through a broad range of mechanical/electrical functions
- Competitive remuneration

We are seeking people with a positive attitude who have excellent communication skills, enjoy hands-on learning, excel at problem solving, are well organised, have attention to detail and can take ownership of an issue to deliver the best possible outcomes.

You’ll need to enjoy interacting with new people, be passionate about and have a genuine interest in building a career in the mining industry.

You must be an Australian citizen or permanent resident. Holding a current driver’s licence or plans to obtain a driver’s licence within the first 12 months is desirable. All shortlisted candidates will need to undertake and successfully pass a pre-employment medical.

Aboriginal and Torres Strait Islanders are encouraged to apply.

To apply for this apprenticeship visit [www.skilledgrouptraining.com.au](http://www.skilledgrouptraining.com.au) under current vacancies. Applications close 17 August 2015.
Six short weeks to go after the HSC Trial has been completed. How fast has this year gone? Since my last report Year 12 have commenced their trial exams and many are feeling the pressure that goes with this experience. As they prepare for their final HSC Exams there are a number of events that they have an opportunity to enjoy before they finish high school. Completing the Yearbook and preparing for a number of end of term initiatives will be a small distraction, of sorts, from the pressure of study and revision.

I believe we all wish Year 12 the best in the coming weeks as they plan to celebrate the end of 12 years of school and prepare for their HSC Exams.

Bob Coolins and Maddie Valentine, Year Advisors

25th August 15
Singleton McDonald's
6pm - 7pm

These girls are helping raise funds in honour of Tommy who lost his battle to Cancer. On the 27th of August at their High School one will be cutting her hair short and others shaving their heads for Cancer. To help these girls raise more funds to go towards their event, please join us at McDonald’s. 10% of Sales from Front Counter, Drive Thru & McCafe will be donated to the Cancer Council.

WHAT IS STEM?

If you haven’t heard much about STEM education then you soon will. Stem stands for Science, Technology, Engineering and Mathematics and there is growing data and pressure to support learning of these areas in schools.

Why?
The Chief Scientist of Australia’s report in 2014 highlighted the need to address the falling numbers in STEM related careers and the increasing demand for STEM trained workers. It is estimated that 75% of the fastest growing occupations require STEM skills and knowledge and according to Engineers Australia, Australia is producing fewer than half of its required engineers for the future.

What has to happen?As a country we need to increase the number of people with STEM skills as this will become more important in all careers. We need to encourage students to engage in mathematics, science and technology subjects at school.

The Integrated STEM projectWe have just launched our Integrated Stem Project. This project is being piloted in 28 public schools across NSW and uses an integrated model for teaching science, technology and mathematics in Stage 4. We are very excited about this project and resources will be available next year for implementation in other NSW public schools.

Watch this space for more info on how the project is progressing.

There are plenty of documents and research to support this initiative. For some background reading go to:

STEM in the national interest: A Strategic Approach

Or search ‘STEM education’ on the Internet
This year we have been extremely blessed with support from the local Singleton community. On Friday 17 July the Special Education faculty attended the Coal and Allied Singleton Art Prize. Jasmine Bown and I felt very honoured to accept a cheque on behalf of our school’s Support Classes. The money received is going to be used to improve the outdoor areas surrounding the K1 and K2 classrooms. The monetary support of the Art Prize Grant will allow for additional paving, garden beds, seating areas and an overhaul of our ‘break out area’ with a huge tidy up and new soft funky chairs. We hope to begin work soon and will be looking for parent/community volunteers who would like to participate in a working bee to help us to get the site prepared.

Cheers,
Kristen Strachan – HT Special Education

Real Care Babies

Singleton Art Prize Community Grant 2015
The Home Economics department of Singleton High School is happy to announce that we have received a Singleton Art Prize Community Grant allowing us to purchase another real care baby. The real care baby program enables students to have the real life experience of an electronically advanced simulated baby doll to care for over a weekend. The amazing opportunity allows students to engage in a number of activities and allows for unforgettable lessons on teen pregnancy prevention, childcare and early childhood occupation career skills, child abuse prevention, parenting skills, infant health and wellness and sex education. This real life experience is excellent and we are very grateful for this opportunity from the Rotary Club of Singleton.

Jaye Sunerton
Home Economics Teacher
**RYDA Safe Driving Program**

All Year 10 students are required to attend the RYDA Driver Safety program at Tocal Agriculture College on 14 August 2015.

RYDA program aims to educate students in many important aspects of road safety and assist in the reduction of traumatic injury, death and destruction on our roads. The program targets 15-17 year olds and is a community-based initiative of Rotary.

It involves six interactive sessions presented by road safety professionals. This program is part of Singleton High Schools Wellbeing program, however it runs in conjunction with the outcomes and course contents of Stage 5 PDHPE. The program normally cost around $50 per student. However, the Singleton Rotary Clubs are providing the funding for the buses to get the student to and from Tocal and the BBQ lunch. We would like to thank Singleton Rotary Club for their support. Singleton High School Wellbeing is assisting with the entry fee and we have been able to provide Year 10 students with the opportunity to undertake this program for only $6 per student.

If you have any questions there will be a stall and short presentation delivered during the subject selection evening of the 12 August or please direct any other questions them to Mr. Mead or look at the RYDA web site www.sse.org.au/programs/ryda or scan the QR code following to take you directly to the web page.

For parents who want to teach their children to drive there is a worthwhile program called “keys2drive”. It is an Australian Government-funded program - providing learner drivers and their parents/supervisors with a free driving lesson with a “keys2drive” accredited professional driving instructor. Look up the web site www.keys2drive.com.au or Scan the QR code below to take you directly to the link.

**Session 6: Genevieve’s Story**

A true and emotional story about a young driver and passenger involved in a road crash. Students analyse the contributing factors and the ripple effect it has on the broader community and family. They develop plans for decision making in risky situations.

**Daniel Mead**

**Session 1: Speeding and Stopping**

Demonstrates the physics of stopping and crashing as well as the discussion of car safety features. Students experience through practical observation the relationship between speeding and stopping distance.

**Session 2: Hazards and Distractions**

An interactive session where students strategise about managing distractions and improving their hazards perception skills.

**Session 3: The Personality Test**

A reflective session designed to show students how personality and mind-state are both important aspects of the the total road safety equation. Students develop tools to analyse risky situations in cars.

**Session 4: Rights and Responsibilities**

A discussion routinely lead by a police officer on key risk areas for young drivers.

**Session 5: After The Crash**

A powerful presentation by a speaker about a crash that changed his/her life.

**RYDA-**www.rse.org.au/programs/ryda

keys2drive, a free driving lesson www.keys2drive.com.au

The students will be undertaking the following activities throughout the day:

**Woolworths Earn and Learn**

We are collecting stickers from Woolworths in the Earn and Learn Promotion. Please leave your stickers at the main office or place in the Singleton High Box outside of Woolworths.

**Road Safety Education**

Providers of the RYDA Program

**Woolworths Earn & Learn program**

We are collecting stickers from Woolworths in the Earn and Learn Promotion. Please leave your stickers at the main office or place in the Singleton High Box outside of Woolworths.
Laura Avard from Year 11 was recently chosen in the Australian U/17’s Indoor Cricket Team. We asked Laura a few questions.

How long have you been playing?
I commenced playing cricket at the age of 7 for a local Singleton boys cricket team. I have only started playing indoor cricket 3 years ago when asked by a friend’s mum.

Do you prefer indoor to outdoor?
I like the pace of the indoor game and the way it contributes to my skills for the outdoor game, however, outdoor would have to be my preference as I am able to play and train on a weekly basis.

Do you have to spend much time training?
I do. It depends how much you want to get out of the game and where you want your selections to take you. Cricket training is a priority for me. I have one-on-one training sessions with AJ Owens (a former NSW representative), I have to undertake a prepared fitness regime that AJ set for me and a skills/technique program which is given to me by the NSW Cricket Academy.

Do you have any plans for when you leave school?
I have lots of plans. Ideally I would like to be doing a University degree, Bachelor of Physiotherapy and Exercise Science whilst still training and hoping to be selected in the NSW opens women’s cricket team and one day progress onto the Australian team.

Favourite music?
I listen to everything.

What sports team do you support?
The Wallabies and the Parramatta Eels. Obviously the Australian and NSW Cricket teams.

Name some things you can’t live without...
The support of my loving family.

Something that makes you happy?
Achieving goals that I have worked really hard for.

Favourite thing about SHS?
The support network that is offered by teachers and students.

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**Minestrone Soup**

**Ingredients**

- 1 1/2 tablespoons olive oil
- 250g pancetta, diced
- 1 onion, diced
- 1 carrot, diced
- 2 celery sticks, chopped
- 6 cups beef stock
- 1 x 400g can Italian diced Roma tomatoes
- 2 tablespoons tomato paste
- sea salt and pepper
- 1 cup shell pasta
- 1 cup finely shredded cabbage
- 1/2 cup frozen peas
- 1 zucchini, diced
- 1 400g can rinsed cannellini beans
- Parmesan and crusty bread to serve

**Method**

1. Heat 1 1/2 tablespoons olive oil in a large saucepan and cook the pancetta, onion, carrot, celery for 3 minutes or until onion is soft.
2. Add the beef stock and diced tomatoes, tomato paste and salt and pepper and bring to the boil and simmer covered for 25 minutes.
3. Add pasta shells, cabbage, peas and zucchini and simmer uncovered for another 8-10 minutes. Stir in Cannellini beans and serve with parmesan and bread
Ms Rowen Lewis from the Mathematics Department is our new Year 8 Year Adviser, replacing Mrs Leanne Mullen who has gained the position of Head Teacher Science. We asked her a few questions.

What made you want to become a Year Advisor?
I was interested in the progress, development and well being of Singleton High School students and the opportunity to work with Mrs Bagnall and Mrs Dooley and Year 8 sounded like the perfect opportunity.

What was your favourite subject at school?
That’s a tough one…. MATHS!!

What do you enjoy most about your role at Singleton High School?
Working with a wonderful variety of students, the community involvement, and amazing staff.

Something that makes you happy?
Spending time with my family.

What is the best thing about Singleton High School?
The students and staff!!

Tip to win the 2015 NRL premiership?
Cowboys

Anything you would like to add?
Like terms! (maths pun)
HSIE Faculty

History performance for Years 9 and 10.

Once again the HSIE faculty has arranged for a very special performance for Year 9 and Year 10 students that links perfectly with our curriculum. As History is a mandatory subject it is important to enable students to learn in a variety of ways.

The performances given by professional singer and actor Brett Hunt are extraordinarily accurate and very entertaining. He has the students enthralled not only with his talent as a singer, musician and actor, but with his ability to bring humour and pathos to some often difficult topics.

For Year 9 this year he performed as a WWII veteran reminiscing on his time in the army and the aftermath of war. He captures the emotions that underpin much of what we have to teach in History about WWII in an extremely professional manner. He uses a lot of his own experience as the descendant of veterans from his father in the Vietnam War, his grandfather from WWII and his great grandfather from WWI. Brett also researches extensively to bring historical accuracy to his compelling rendition of the past.

Year 10 this year had a very different performance from previous years. With the change in the National Curriculum there has been a shift away from war and conflict for Year 10 but we still cover rights and freedoms not only of indigenous people but of oppressed minorities globally. Brett used guitar and harmonica and his superb voice to present the story of the civil rights movement both in the United States and Australia. He covered mob violence in the USA, the work of Martin Luther King, and the Freedom Rides and the 1967 referendum here in Australia in a touching, humorous and very moving interpretation of these very complex events.

Year 9 and 10 were impressive in their own attitude to these performances. With maturity they gave Brett their full attention. It is very touching to see them captivated and fascinated with the story Brett tells and the manner in which he does it. Laughter one minute, shock the next, they gain an understanding of Australia’s many faceted History. As Brett himself told the students who were present at the performances, the students in this school should be proud of their conduct and demeanour. He says he has hope for the future with such promising leaders as our Singleton High students.

Kerrie Greenhalgh, HSIE

CAPA Faculty

The Hills are Alive….

The 2015 musical journey is well under way, as we have been rehearsing for over a term now. Our show is a contemporary adaptation of the classic The Sound of Music. In the 50th year since its release we believed it was time to respectfully bring it into the present. With the original songs remastered by the talented Matthew Edwards, the soundtrack is still one that audiences will be able to sing along with ‘Our Maria’ (played by Year 10’s Claudia Smith) is still naïve and sweet but is not answering the calling of God. Instead she is a passionate and talented dancer. The role of the Baron, (played by Year 10’s Tom Israel) is no longer an aristocrat who cannot stomach spending time with his children. He is now a coal miner who is simply struggling to look after his 7 children after losing his wife. The youngest child, Gretl is a baby ballerina at Maria’s dance studio. The studio believes that Maria is the answer to the predicament that is before the Von Trapp family.

The performances will be in Weeks 1 and 2 of Term 4. It is incredibly fun and nostalgic and the talent of the cast and our exceptional dancers should not be missed.

See you in the hills.

Kristina Lowe, CAPA
**Wind Ensemble**
John Alley in Year 8 and Kamryn Kermode in Year 11 will be down at Sydney for a two day music workshop at Lewisham Public School which is the location of the DEC Arts Unit. They do two days of rehearsal at the school, a day’s rehearsal at the opera house and then a night time performance on the main stage of the opera house for the Festival of Instrumental Music. It’s usually to a packed audience.
John will be performing in the Junior Band and Kamryn will be in the Senior Band.
John and his sister Amy will also be performing on both nights with the Hunter and Central Coast Regional Wind Ensemble.
All three played there last year as well.

**Childcare**
**40 Hour Famine**
It’s that time of year again and Mrs Hartnett is organising Singleton High School’s 40 Hour Famine for 2015. If any students are interested please see her in the Home Economics staff room.
Remember just $40 can feed a family of five for a whole month. By giving something up for 40 hours, you can raise awareness and funds to help fight global hunger.
You could give up food, furniture, technology, talking – anything that matters to you!
This year you’ll be supporting World Vision projects in Bangladesh, Cambodia, East Timor, Laos, Malawi, Nepal, Swaziland and Uganda. The funds will go towards solutions like nutrition training for parents, child health services and better agricultural practices.
With your help, children and families can break free from poverty and hunger.

**English Faculty**
The English Faculty are taking donations of old novels that are no longer being used to help out students who might be having trouble getting a copy. Donations can be left at the front office or at the English staff room.

**Agriculture**
We have three new additions to our little farm with our two Boer Goats having kids on the same day. We welcomed a set of twins who are doing great and a set of triplets last week. Unfortunately we lost two of the triplets but kid number three is thriving.
I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.


The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 17 August and 16 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you do not want your child or children to participate, please return the form to school. Copies of the form and FAQs are available from the website above.

The Partners in Learning parent feedback survey

Our school will also be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ and carers’ perspectives on their child’s experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school’s support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically takes 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.


Brian Means
Fire Cadets

The fire cadets are back for Term 3 and Charlie James and Virginia Horadam are leading the way. The crew has been very impressive and have presented themselves as a dedicated and mature group of young adults. The staff from the Rural Fire Service have been very helpful in providing adequate inductions for the group in the techniques of fire fighting.

The students showed keen enthusiasm during the training program which has shown how important it is to expose students at an early age to the need to have an education in fire prevention.

Charlie James, Fire Cadets

Car Boot Sale August 8

The community recycling centre at Singleton Waste Depot will be officially opened on Saturday, August 8.

In conjunction with this, Singleton Council is holding a car boot sale open to anyone to raise money. It’s easy and free. Just fill your car with items you want to sell (sorry no food) and park up at the designated area at the facility and sell, sell, sell. There is no cost so any money you make is all yours. This opportunity is open to anyone in the community, individuals, community groups, charities and sporting bodies so please spread the word.

Call 6571 5888 to claim a space.

A Singleton High School Playgroup Announcement

Join us in a morning of
Travelling here, travelling there!

Monday 24th August 2015
9:30am-10:30am

As a light morning tea will be provided, it would be appreciated if you could register your participation on 65711199.

A gold coin donation would be welcome.

All enquiries to Sharon Barnes
Teacher of Child Studies
Singleton High School
The relationship between Singleton and Takahata has continued for the past 19 years. The success of this exchange every year is highlighted by the enormous support our school receives from the host families who volunteer and warmly open up their homes and hearts to our visiting Japanese students. I would like to extend a heartfelt thank you to our host families.

The 2015 Takahata visit to our school was an enriching experience for our whole school community. Students studying Japanese were given ‘real’ opportunities to interact with Japanese speaking people. Students made great efforts in doing this, and it was extremely exciting walking through the playground during this year’s visit and hearing our students greet the Japanese with a friendly ‘Konnichiwa’. The Takahata staff and students departed on the morning of Monday 3 August with heavier suitcases packed with lots of fond memories they created at our school and with their host families.

In the September school holidays 11 students and 4 staff will depart for Japan and spend a week with our Takahata sister school. The students are getting very excited and look forward to representing Singleton High School in Takahata as a delegation to reinforce the commitment our school made 19 years ago in fostering links between Japan and Australia.
Regional Athletics
The 2015 Hunter Regional Athletics carnival was held over Wednesday 22nd July and Thursday 23rd July at Glendale Athletics Centre. Over 40 Singleton High School students competed at the carnival over the two days with many narrowly missing out on qualifying for the state competition to be held in early September.
On Day 1 of competition, Sam Barry was the only qualifier for the state carnival placing 2nd in the 17+ Triple Jump with a distance of 11.91m.
On Day 2, James Bradley was first in the 16 years boys 1500m and second in 16 years 800m, Joshua Shade place second in both the 15 years boys 800m and 1500m and Kanisha Long held on to place second in a tightly fought out 12 year girls 100m.
Other state qualifiers from Singleton High School include Darcy Gilson, Samatha Odgers and Ella Smith Ballard.
Congratulations to all athletes who competed at the carnival and good luck to all the students who have qualified for State.

Daniel Higgins, Sports Organiser

Netball
On Wednesday 5 August the Year 7 & 8 boys and girls netball teams braved the freezing conditions at Maitland to compete in the Schools Cup Hunter Regional finals.
Both teams represented Singleton High School extremely well having a number of wins and draws throughout the day. We played against school such as Hunter Sports High, Maitland High School, Kincumber High School, TLSC Tumbi Umbi Campus, Scone Grammar and St Joseph’s Lochinvar. Some quality netball was played with superb defence by Hunter Damstra and Elliot Earnshaw the boys team finished a respectable 4th place. The girls also finished a respectable 5th place at the end of the day’s play, with excellent team work from the sister duo of Caitlan and Jorja Warren. All of the players performed at their best and an enjoyable day was had by all. We look forward to competing in this competition next year.

Clemma Mansfield, PDHPE

Catherine Cox and Rebecca Bulley
Will be holding two coaching clinics in Singleton on Friday 25 September from 2pm to 3.30pm [8 to 11 yrs] and 3.30pm to 5pm [11yrs & over].
The cost for the clinic is $45 per person. Numbers and payment are now being taken.
Payment options: by cash or cheque at the office on Saturdays. Please provide your email address and a mobile contact.

Direct deposit to:
Singleton Netball Association
BSB 062 599
Acc number 1014 9528
If making a direct deposit please use the word ‘cox’ and your surname as reference. Please then email us at singletonnetball@hotmail.com and list the age group preference, a mobile phone contact and your deposit date.


NSW TOUCH
On July 25 & 26 2015 the Catholic (NSWCCC), Independent Schools (NSWCCC) & Combined High School (NSWCHS) competed at the NSW All Schools Under 15’s Touch-Football Championships.

All teams competed against one another twice and teams who won the most games then played off in the final. The final came down to NSWCHS against NSWCCC. The end result was NSWCHS being the winners of the NSW All Schools Touch-Football Carnival.

At the completion of the games there was the announcement of the NSW All Schools Team. Logan Ellis has been selected as a representative of the NSW ALL School’s Under 15’s Boys Team. Logan will be travelling to Adelaide as a representative of NSW to compete at the upcoming 9th Pacific School Games.

The games will be held from November 21 through to November 28 2015.

NSW All Schools will compete against: Queensland, The Northern Territory, Western Australia, South Australia, The ACT, Tasmania and representatives from the Pacific Islands.

Congratulations Logan and all the best at the upcoming Pacific School Games!!!
Banda-ra Aboriginal Dance Group
It has been an exciting couple of weeks again for our Banda-ra Aboriginal dance group. BANDRA-RA performed at the small school NAIDOC celebration at Milbrodale Primary school where Jerry Plains, Kirkton, Mount Pleasant and Broke Public all attended. I gave a talk on Aboriginal artefacts, Jo Vinson organised indigenous games, Michael held dance workshops, there were also art workshops and Uncle Warren Taggart gave a culture talk at the Biamie Site. Uncle Warren also talked about the meaning of NAIDOC and gave the Welcome to Country.

NAIDOC celebrations at their sites. Uncle Warren Spoke about the meaning of NAIDOC and Deirdre Heitmeyer spoke about why we do Welcome to Country. New “Welcome to Country” signs painted by Aunty Denise Hedges were unveiled as well. Jack Phoenix did an amazing job being MC for the afternoon. We were very proud of all of the students involved.

Sharon Bailey, Kawul

Singleton Heights
Singleton Public

Our students have also performed at Singleton Public and Singleton Heights Primary Schools with their students joining in. It was amazing to see the schools come together.

The Banda-ra dance group was also invited to perform at the Hunter Valley Operations at their NAIDOC celebrations. This was a first for one of the mine sites to hold a
Tommy’s Day

All the hard work of the past eight weeks will come to fruition on August 27. “Tommy’s Day” has become a feature day of recognising the need to support funding for the research into a treatment and cure of cancer in children. It has only been called “Tommy’s Day” for the past three years in recognising Tom Kirkwood, and before that “Wacky Hair Day”, but for the past nine years it has made an almost unbelievable contribution to the Australian Children’s Cancer Council – Medical Research of just over $100,000.

This year the student council has worked extremely hard to ensure the success of the event. If you can help in any way to support “Tommy’s Day”, either by sponsoring a student to shave their head, purchasing a raffle ticket in the “Hot Air Balloon Ride and Champagne Breakfast, or getting involved in an activity on Tommy’s Day it would be greatly appreciated.

Khloe Kaiserfeld has organised a fundraising function at Singleton McDonald’s on August 25 between 6:00pm and 7:00pm. 10% of all sales from the front counter and drive through will go to “Tommy’s Day”, and we need people to attend and demonstrate their support. Everyone is welcome and your support would be appreciated.

Bob Collins, SRC

Help Darcy to represent Australia

As reported in previous newsletters, our super swim star Darcy Gilson is trying to raise money to go to Equador to represent Australia at the Global Games. Please go to www.de.gofund.me/vh6w4c4c to make a donation to help him live his dreams.

TWILIGHT NETBALL COMPETITION

Get your teams ready NOW for the Twilight Netball Competition.

- Competition starts October 12 and finishes December 14
- Played at the Rose Point Courts Monday nights from 6pm.
- Cost is $300 team registration. Non registered players from the 2015 season also need to register, $72 senior, $55 junior rego.
- There will be a mixed competition offered to 11/12 year olds and 13/14 year olds if enough interest is shown. Girls and boys must be 14 years and over to play senior mixed.
- Register online through Netball NSW.

Team registration night is at the Clubhouse on Wednesday September 9.
Family Fun Night

Bring your friends and family
And
Help support Darcy Gilson’s Trip to

Ecuador 2015
INAS Global Games

Have a game of 10 pin moonlight bowling + Hot dog and Chips
$15p/p

Saturday 15th August
Singleton 10pin bowling
5.30pm onwards

Fun and Laughter Guaranteed!

Singleton High
Class of 1970
Reunion
Sat 26th Sept 2015
Singleton Diggers Club

If you were in 6th Form/Year 12 at Singleton High in 1970 (or in 4th Form/Year 10 in 1988) we are having a Class Reunion on Sat 26th Sept 2015 (same weekend as the Singleton Show) at the Singleton Diggers Club York St, Singleton starting at 5.30pm. Please pass this on to anyone you think will be interested.

For more information or to let us know you may be attending please email: SingletonHigh1970@gmail.com

www.facebook.com/groups/1572895728350042
or Search: Singleton High School Class of 1970
On-Campus Accommodation at Warrane College UNSW for 2016

Warrane is a residential college affiliated with UNSW which offers its residents a more complete university experience.

Residents are encouraged to develop academically, culturally, socially and on the sports field. We run a number of extra-curricular programs to develop a sense of leadership and community service among residents, including a yearly overseas workcamp.

- Residential and academic tutors
- Weekly VIP guests and industry connections
- Fully catered and affordable fees
- Wide range of accommodation scholarships

Check out our website for more details: www.warrane.unsw.edu.au

UNE: Direct Early Entry Program Now Open
Applications close Fri 11th September

UNE’s Early Entry Program allows students to gain entry into UNE before they receive their ATAR. Students are required to apply online and have a representative from their school confirm details of their application before they are considered for early entry by UNE.

2016 applications for UNE early entry program are fully online.

Schools are required to register for the Early Entry Program to enable students to apply.
http://www.une.edu.au/study/study-on-campus/get-early-entry

La Trobe University: Open Day Regional Grant
Applications Close: Wed 29th July

The La Trobe University Open Day Regional Grant provides a subsidy for year 11 and 12 students who are travelling to a La Trobe University Open Day from regional areas of Victoria or interstate.

For more information contact: 1300 135 045
http://www.latrobe.edu.au/openday/la-trobe-open-day-regional-grant

ACU Early Achievers’ Program
Applications Open: Monday 10 August 2015,
Applications Close: Monday 19 October 2015

The Early Achievers’ Program considers the contribution you have made to your community through your school or workplace, local community organisation, cultural and/or religious group.

One of the biggest benefits of the program is that successful applicants receive an offer well ahead of the usual tertiary admissions announcements.

http://www.acu.edu.au/study_at_acu/alternative_entry/early_entry

UNSW Open Day Program
View the times and locations of various talks and workshops that will be held at UNSW Open Day.

UNSW Yunus Social Business Hub– Work Experience Placement for High School Students
Applications close Thu 30th July

Work experience placements are available at UNSW for high school students who wish to understand how public health and social equity are applied to make a difference. Students will conduct research in the different aspects of Social Business in Health including research, essay writing, and case study development. The placement will be at the YSBHH School of Public Health and Community Medicine, UNSW Sydney Campus.

http://gallery.mailchimp.com/a8f413ea842f87cb70f1566f9/files/Yunus_WEP.pdf

University of Newcastle: Community Music Open Day
Sat 19th September, 10.00am – 1.00pm, Harold Lobb Concert Hall, The Conservatorium: corner Auckland and Laman Streets, Newcastle

Free admission for all activities plus a chance to win four lessons on an instrument of your choice.
Contact: (02) 4921 8900
http://www.newcastle.edu.au/events/community-and-alumni/community-music-open-day

University of Sydney: Sydney Science Forum 2015
Time After Time – Measuring Evolution with Molecular Clocks
Wed 19th August, 5.45pm – 6.45pm, Eastern Avenue Auditorium

Associate Professor Simon Ho will reveal how molecular clocks use statistical modelling to describe the evolutionary process at the genomic level. Discover how molecular clocks are uncovering our past and predicting our future.

Catch CO2: Getting Creative About Climate Change
Wed 9th September, 5.45pm – 6.45pm, Eastern Avenue Auditorium

Dr Deanna D’Alessandro from the School of Chemistry will speak about why carbon dioxide capture has been so difficult and whether we can make fossil fuel energy sources less harmful.

Galloping Genes: Equine Genetics in the Racing Industry
Wed 21st October, 5.45pm – 6.45pm, Eastern Avenue Auditorium

Dr Natasha Hamilton will share her research on genes for galloping and DNA for dashing. Dr Hamilton investigates
the genetics underlying not only racing performance, but also novel traits such as career length and susceptibility to certain diseases.


**UWS: Aboriginal and Torres Strait Islander Future Students Information Evenings**

Campbelltown: Tue 15th September, 6.00pm – 7.30pm
Penrith Campus: Thu 17th September, 6.00pm – 7.30pm

An opportunity for prospective students and their teachers to speak to key staff from UWS, enquire about block mode programs and mainstream degrees, and find out about scholarships and support services.

http://future.uws.edu.au/future_students_home/events_at_uws

**ACU Elite Athlete Program**

Elite athletes who apply to ACU may be eligible to receive up to five bonus entry points. Elite Athletes who successfully gain entry to ACU will be given greater support and flexibility for study and assessments.

http://www.acu.edu.au/study_at_acu/alternative_entry/elite_athlete_program

**Teach.NSW Scholarships**

Teacher Education Scholarships
Applications close Fri 18th September
$5000 per year of full time study, $3000 appointment allowance and a permanent teaching job upon graduation.

Up to 220 Teacher Education Scholarships are available to future teachers of mathematics, science (with physics), selected Technological and Applied Studies (TAS) subjects or special education (K-12).

Teacher Education Scholarships - Aboriginal
Applications close Fri 18th September
$5000 per year of full time study, $3000 appointment allowance and a permanent teaching job upon graduation.

Up to 80 Teacher Education Scholarships are available to Indigenous Australians.

**Teach.Rural Scholarships**

Applications close Fri 18th September
$6000 per year of full time study, $5000 appointment allowance and a permanent teaching job upon graduation.

Up to 50 scholarships are available for those wanting to study to become a primary or secondary teacher in a rural or remote NSW public school.

Great Teaching, Inspired Learning Cadetships
Applications close Fri 18th September
Part time job while studying, experience in a school and a permanent teaching job upon graduation.

Up to 25 cadetships are available for prospective secondary or special education (K – 12) teachers.

https://www.teach.nsw.edu.au/

**Southern Cross University: Senior Schools Day**

Gold Coast: Thu 22nd October, 9.00am – 1.00pm
Coffs Harbour: Tue 20th October, 9.45am – 2.00pm
Lismore: Thu 29th October, 9.45am – 2.00pm

A valuable information day for year 11 and 12 students providing the opportunity to discover what their courses of interest involve and potential career outcomes.

Sessions will cover courses available at Southern Cross University's three campuses, university life at SCU, their early entry schemes, costs, and scholarship opportunities.


**UOW: Open Nights**

Bega: Tue 18th August, 5.30pm, UOW Bega Campus, 176 Auckland St
Batemans Bay: Wed 19th August, 6.00pm, UOW Batemans Bay Campus, Hanging Rock, Beach Road
UOW Southern Highlands: Wed 19th August, 6.00pm, UOW Southern Highlands Campus, Kirkham Street, Moss Vale
UOW Shoalhaven: Wed 26th August, 6.00pm, George Evans Road, West Nowra

Learn about courses available at UOW, important dates and deadlines, entry requirements, and alternative pathways to university.


**Private Colleges**

**Martin College**

Martin College offers Diploma courses in Business, Management, Marketing, Design, IT and Tourism. This includes new courses, Diploma of Advertising, Diploma of Business Administration, Diploma of Interior Design and Decoration. Martin offers flexible online study and also has campuses in Melbourne, Sydney, Brisbane and Gold Coast.

http://www.martin.edu.au/

**NIDA courses and experiences for Young People**

2016 full-time course applications close 30th September 2015

NIDA offers a range of courses and experiences for Young People across a variety of disciplines from introductory courses in Drama, Acting on Screen, Music Theatre and Public Speaking to the Young Actors Studio or Residencies for Young People aged 15-18 years. Their courses run in conjunction with the school term and holidays in Sydney, Brisbane and Melbourne and in other major capital cities and regional centres at selected times throughout the year. There’s a course to suit all Young People from the curious beginner to the young artist seeking pre-professional training.

https://www.open.nida.edu.au/courses/Demographic/Young+People

**AIE Information Evening**

Thu 17th September, 6.00pm – 8.00pm, Sydney & Canberra campuses

Learn about a career in games, 3D animation, and Film FX industries. During the event a session will be held on each of the course areas and student work will be available to view.

http://www.aie.edu.au/articles/information-evening-
Hunter Trade College Open Day
Fri 31st July, 9.00am – 12.00pm, Maitland
Hunter Trade College is a not-for-profit Registered Training Organisation that also has accreditation for the delivery of the NSW Higher School Certificate (HSC). The college delivers the HSC with technical vocational courses providing a major component. Learn more by attending their open day.
http://htc.nsw.edu.au/

Other News
ASSETS summer schools
The ASSETS program provides an opportunity for high achieving Year 10 Aboriginal and Torres Strait Islander students, with an interest in science, to explore the study and career options available to them in science, technology, engineering and mathematics fields. The Aboriginal Summer School for Excellence in Technology and Science (ASSETS) is a residential summer school that is followed by a leadership program for Year 10 Aboriginal and Torres Strait Islander students. During the summer school, scientists share their research and discuss study and career possibilities while Indigenous mentors and leaders help students strengthen their cultural connections. ASSETS summer schools will be running in Adelaide, Newcastle and Townsville in December 2015 and January 2016. Applications are open until 14 August 2015. There is no cost for students to attend the nine-day summer school with return airfares, accommodation and meals all provided.

Engineers Australia: Honeywell Engineering Summer School
Sun 6th December – Fri 11th December, Dunmore Lang College, Macquarie University
100 students from across NSW and ACT who are about to enter their final year of study will come together and attend lectures and demonstrations at five universities across Sydney. Participants will learn about the role of professional engineers in society by meeting and interacting with professional engineers employed by government, private companies, researchers and academics in a wide range of engineering disciplines. Applications are accepted on a first come first serve basis. Contact: 02 9410 5612 or sydschool@engineersaustralia.org.au

Engineering Link Group: Year 10 and 11 Projects
Orange: Thu 27th August, Sydney: Thu 1st October, Lismore: Tue 27th October
Practical hands-on workshops led by practising engineers, surveyors and scientists. The workshops aim to encourage students to pursue science, engineering, and mathematics, as well as provide links with engineers, scientists and surveyors within the local area.

Australian Veterans’ Children Assistance Trust Scholarships
Applications for 2016 scholarships will open on 18 August 2015 and strictly close on 31 October 2015. Australian Veterans’ Children Assistance Trust is a national independent charity with the aim to help the children and grandchildren of ex-service men and women to a better future through higher education. They aim to provide financial assistance on the basis of necessitous and deserving circumstances. Their scholarships assist those selected to achieve a base-level qualification which will allow them to enter the workforce in their chosen career. Their students attend universities, TAFE colleges and other approved tertiary institutions around Australia. Over the years they have had artists, nurses, psychiatrists, sports science students, teachers, musicians, social workers, climate change engineers, doctors, meteorologists, oceanographers and even a circus performer.
**Australian Defence Force: Information Sessions**
Sydney – Air Force: Mon 27th July, 6.30pm, Level 4, 9 George Street, Parramatta
Newcastle – Women in Defence: Tue 28th July, 6.00pm, 528 Hunter Street
Newcastle – Navy Careers: Tue 28th July, 6.00pm, 528 Hunter Street
Newcastle – Army Careers: Wed 29th July, 6.00pm, 528 Hunter Street, Newcastle
Wollongong – Defence Careers: Wed 29th July, 25 Atchison Street
Sydney – Commando: Thu 30th July, 6.30pm, Level 4, 9 George Street, Parramatta

[https://www.facebook.com/DefenceJobsAustralia/events](https://www.facebook.com/DefenceJobsAustralia/events)

**Student Exchange Australia and New Zealand**
Canberra: Wed 16th September, Wed 21st October, Belconnen Arts Centre, 118 Emu Bank, Belconnen
Gosford: Wed 14th October, The Hive, Erina Centre, Meeting Room 2, located in Erina Fair
Newcastle: Wed 29th July, Wallsend District Library, 30 Bunn Street, Wallsend
Wollongong: Wed 9th September, Wollongong City Library, Ground Floor, Central Lending Library, 41 Burelli St

Learn about the countries available for exchange and have questions answered by staff.

**YFU Australia Information Sessions**
Online: Tue 18th August, Tue 15th September
Chatswood: Wed 5th August, Thu 3rd September, Wed 7th October, Studio Room, The Dougherty Community Centre, 7 Victor Street, Chatswood
A 40 minute information session where you can learn about the exchange options available.

**Antipodeans Abroad: Language Immersion Night**
Wed 12th August, 7.00pm – 8.00pm, McMahons Point
Learn about studying abroad on a language exchange program.

**Elite Indigenous Travel and Accommodation Assistance Program for Athletes**
Indigenous athletes who are selected in an official state/territory or national team to compete at national or international championships are invited to apply for funding to assist with travel and accommodation.
Contact: (02) 6214 1918 or eitaap@ausport.gov.au

**AFS Intercultural Programs: Information Sessions**
Canberra: Sun 6th September, Sun 8th November
NSW Central Coast: Mon 31st August, Mon 26th October, Mon 30th November
Hornsby: Mon 10th August, Mon 19th October
Newcastle: Sun 12th September, Sat 14th November
Wollongong: Tue 22nd September
Bathurst: Sat 28th November
AFS provides international exchange programs in more than 52 countries around the world. Visit an AFS Open Day or Night to learn more about the programs.

**Study Assist**
Study Assist is an Australian Government program that assists tertiary students with financing their education. This website contains information about the range of government assistance available to students participating in tertiary study.

**Young Endeavour Youth Scheme**
The Young Endeavour Youth Scheme provides young people an opportunity to experience life on a vessel being taught skills such as navigation, how to keep watch, communication skills and more by the Royal Australian Navy crew.

**TSFX HSC Study Tips: Biology, Economics, Legal Studies, Physics**

**Grow Careers**
This website provides career information and useful links for students, including information about uni, TAFE, getting a job, and advice on how to make career decisions.

**NDCO Virtual Careers Expo**
The National Disability Coordination Program has created a virtual careers expo with information about training, higher education, employment and apprenticeships. There is additional information for people with disability, Indigenous people, and culturally and linguistically diverse people.
[http://www.ndcoexpo.net/](http://www.ndcoexpo.net/)
SCHOLARSHIPS FOR THE CHILDREN & GRANDCHILDREN OF AUSTRALIAN VETERANS

The Australian Veterans’ Children Assistance Trust (AVCAT) is a not-for-profit organisation. AVCAT administers scholarships to help children, and in some cases grandchildren, of Australian veterans with the costs of full-time education. The most deserving candidates are provided with financial assistance to facilitate their tertiary studies.

The Long Tan Bursary is specifically available for the children of Vietnam veterans. Other sponsored scholarships available include those made available due to the generosity of various ex-service organisations and private donors.

If you would like to find out more then please contact us:

P: 02 9213 7999        E: avcat@dva.gov.au        W: www.avcat.org.au

“It means the world to me that someone I don’t know cares about my education and believes I have potential.”

2014 Recipient

APPLICATIONS OPEN 18TH AUGUST

The AVCAT COMMEMORATIVE BURSARY
Commemorating 30 years of service to the veteran community.
Valued at $15,000, this special bursary aims to financially assist an Australian veteran’s child as they pursue their university studies.

Bursary Criteria and Conditions
The successful applicant will
- be a child of an Australian veteran with operational service outside of Australia;
- be commencing their tertiary studies in 2016;
- be studying an undergraduate degree of at least three years’ duration, full-time and in face-to-face mode;
- be aged between 17 and 25 years at the time of application;
- eligible on assets and income grounds for continuous, means-tested Commonwealth benefits for tertiary education and
- be the most deserving candidate of merit.

The successful applicant will be able to demonstrate a high level of leadership ability, community service and willingness to be an ambassador for the Trust.

Short listed applicants will be interviewed.

The Bursary will be valued at $15000 ($5000 per year for three years).

-known as the AVCAT Commemorative Bursary, the name of the bursary reflects its purpose, namely to commemorate the organisation’s 30 year history. The recipient will be presented at an appropriate Awards Presentation ceremony in 2016.

APPLICATIONS OPEN 18TH AUGUST 2015

Application form can be downloaded from our website.

For more information please contact AVCAT:

P: 02 9213 7999        E: avcat@dva.gov.au        W: www.avcat.org.au
**Uniform Shop**

**Uniform Price List**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skirt - Checked grey 8-20</td>
<td>$46.00</td>
</tr>
<tr>
<td>Skirt - Checked grey 22-26</td>
<td>$52.00</td>
</tr>
<tr>
<td>Blouse - Blue or White</td>
<td>$23.00</td>
</tr>
<tr>
<td>Polo Shirt - Blue or White</td>
<td>$27.00</td>
</tr>
<tr>
<td>Pants (girls) - navy hipster</td>
<td>$40.00</td>
</tr>
<tr>
<td>Pants 3/4 (girl)</td>
<td>$38.00</td>
</tr>
<tr>
<td>Shorts - Grey longer leg</td>
<td>$  5.00</td>
</tr>
<tr>
<td>Shorts - Grey short leg</td>
<td>$27.00</td>
</tr>
<tr>
<td>PE / Sport polo Shirt</td>
<td>$27.00</td>
</tr>
<tr>
<td>PE / Sports shorts</td>
<td>$22.00</td>
</tr>
<tr>
<td>Woolen Jumper 12-14</td>
<td>$63.00</td>
</tr>
<tr>
<td>Woolen Jumper 16-22</td>
<td>$70.00</td>
</tr>
<tr>
<td>Woolen Jumper 24-28</td>
<td>$76.00</td>
</tr>
<tr>
<td>Tracksuit pants</td>
<td>$30.00</td>
</tr>
<tr>
<td>Tracksuit Jacket</td>
<td>$50.00</td>
</tr>
<tr>
<td>Second hand clothing</td>
<td>$  5.00</td>
</tr>
</tbody>
</table>

Donations of second-hand uniforms would be greatly appreciated. All money raised is donated back to the school. Unfortunately we do not sell pre loved uniforms on consignment.

**Location**
Near the MPC building, enter through the main office and follow the signs.

**Opening Times**
Monday 8.30am till 11.00am and 3.30pm till 5.00 pm

**Online orders**
Place orders and pay online via the Singleton High School website and collect from the front office Tuesday to Friday.

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**Canteen Menu**

**Hot Food**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nuggets (5)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$3.50</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$4.00</td>
</tr>
<tr>
<td>Cheese and Bacon Pie</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken Burger</td>
<td>$4.50</td>
</tr>
<tr>
<td>Beef Burger</td>
<td>$4.50</td>
</tr>
<tr>
<td>Sweet Chilli Wrap</td>
<td>$5.00</td>
</tr>
<tr>
<td>Pizza Roundas</td>
<td>$2.50</td>
</tr>
<tr>
<td>Noodles</td>
<td>$2.50</td>
</tr>
<tr>
<td>Sauce</td>
<td>$0.30</td>
</tr>
</tbody>
</table>

**Daily Specials**

- **Monday**
  - Egg and Bacon Roll $4.50
- **Tuesday**
  - Toasties $2.00
  - Cookies $2.50
  - Soup n Roll $2.50
- **Wednesday**
  - Hot Dogs $3.50
- **Thursday**
  - Mini Pizzas $2.50
- **Friday**
  - Chicken and Gravy Roll $5.00

**Drinks**

- Cans of drink $2.50
- Powerade $4.00
- Dare iced coffee $4.00
- Plain milk $3.00
- Juice (large and small)
- Mineral water (large and small)
- Iced Tea $3.00
- Slushies $2.00
- 600ml Water $2.00

**Snacks**

- Pretzels (large) $2.00
- Red rock deli chips (large) $2.00
- Red rock deli chips $1.00
- Smiths Chips $1.00
- Jumpy’s $1.00
- Grain Waves $1.00
- Twisties $1.00

**Sandwiches**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken and Lettuce</td>
<td>$4.00</td>
</tr>
<tr>
<td>Ham, Cheese and Tomato</td>
<td>$4.00</td>
</tr>
<tr>
<td>Egg and Lettuce</td>
<td>$3.50</td>
</tr>
<tr>
<td>Beef and Pickles</td>
<td>$4.00</td>
</tr>
<tr>
<td>Silverside</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

**Brekkie Ideas (before 9.30am)**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hash Browns</td>
<td>$1.00</td>
</tr>
<tr>
<td>Brekky Wrap</td>
<td>$2.00</td>
</tr>
<tr>
<td>Assorted Slice</td>
<td>$2.00</td>
</tr>
<tr>
<td>Muffins/Finger bun</td>
<td>$2.00</td>
</tr>
<tr>
<td>Coffee and Hot Chocolate</td>
<td>$3.00</td>
</tr>
<tr>
<td>Raisin Toast</td>
<td>$0.50</td>
</tr>
</tbody>
</table>

**Orders only**

- Healthy Meal Deal $4.50
- Sandwich, juice and fruit
- Spag Bog $5.00
- Mac N Cheese $4.00

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**Canteen Roster**

**Monday 10 August**
- K Power

**Tuesday 11 August**
- L Knox

**Wednesday 12 August**
- HELP HELP

**Thursday 13 August**
- H Forbes, S Cochrane

**Friday 14 August**
- HELP HELP

**Monday 17 August**
- D Stewart, K Hitchcock

**Tuesday 18 August**
- J Groucutt, C Higgins

**Wednesday 19 August**
- K Power
- HELP HELP

**Thursday 20 August**
- P Hannan, B Staunton

**Monday 24 August**
- D Stewart

**Tuesday 25 August**
- S Cameron

**Wednesday 26 August**
- K Hitchcock

**Thursday 27 August**
- M Jack, K Anderson, S Van Eerde

**Friday 28 August**
- HELP HELP

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**Garlic Bread**

- Sweet Chilli Subs $1.00
- Salt and Vinegar Tenders each wav (Not every day)