We kick off the year with a new look newsletter
SOME KEY UPCOMING EVENTS

P&C MEETING
7:30PM MON 15 FEB

ZONE SWIMMING CARNIVAL
WED 17 FEB

Y11 BIOLOGY EXCURSION
FRI 19 FEB

VACCINATION DAY
TUE 23 FEB

YEAR 6 PARENT INFORMATION
5:30 TUE 23 FEB

Y7 CAMP
MON 29 FEB - WED 2 MARCH

CROSS COUNTRY
SCHOOL T1 W7. WED 16 MAR
ZONE T1 W11. WED 6 APR

ROYAL EASTER SHOW TRIP
FRI 18 MAR

Y12 HALF YEAR EXAMS
MON 21 MAR TO FRI 1 APR

ATHLETICS CARNIVAL
T2 W2. WED 4 MAY

A more complete list of school events is available from our online calendar; use or click on this link
www.singleton-h.schools.nsw.edu.au/calendar

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Welcome back to all our students and their parents and carers. And a special welcome to the incoming Y7 and all the new students enrolled in other years.

The start of the year offers the opportunity for all of us to aim high. To support high expectations, the school has undergone significant improvements in its physical appearance, made technological upgrades, and very importantly, restructured the timetable and bells to increase teaching and learning time (an extra 327 minutes per fortnight) and enhance teacher professional learning.

**AMENITIES UPGRADE**

With respect to the improvements to the physical amenities, areas of the school have been painted and carpeted and a new ramp, improved lighting, screens and ventilation installed. The MPC, where many assemblies and examinations are conducted, now has industrial quality fans that will improve student comfort.

One of our priorities is to enhance the learning environment for students and many have commented on the improved ‘feel’ of the school. These additions could not have happened without the wonderful support of the many teaching and ancillary staff who dedicated time during their holiday to ensure the smooth implementation of the improvements.

**HIGH TECH LASER CUTTERS**

Part of our holiday improvements included the exciting addition of two laser cutters in our Design, Engineering and Technology department.

This is advanced technology and will provide the opportunity for creative ideas in design to be brought to fruition. Staff members have been trained and students will start to use them very soon.

**IMPROVING TEACHING**

I have written to you previously about the rationale and necessity for changes to the timetable structure. We all know that what happens in the classroom makes the biggest difference to student learning.

Part of the change allows for professional learning time every second Monday and the usual focus of these sessions is to improve the quality of teaching and learning. We at Singleton High School are also involved in a regional project to further develop our teaching skills.

**NEW STAFF UPDATE**

There are quite a few additions to our staff this year and you will have the opportunity to read about many of them over the year through this newsletter.

In this edition we introduce the new Head Teacher Administration, Mr Nick Mulvihill, and our ED teacher, Karina Coutts.

I would also like to welcome Emma Kirk (PDHPE), Phil Buckley (HSIE), Cathy Playford (Support), Tobin Finnane (CAPA), Rosie Kennedy (CAPA), Ella Naysmith, (Support), Brock Harrison (Communications), Heidi Fullick (DET), Keith Jones (DET), Aimee Fitton (Mathematics), Sarah Wake (Mathematics), and Michael Johnson (Mathematics).

**Our new staff have made a great start at Singleton High and are already doing some wonderful work around the school.**

**EXCELLENCE REWARDED**

Our Excellence Assembly on Tuesday acknowledged the great results from the 2015 HSC. Many students excelled in 2015 and are moving on to interesting fields. Congratulations to all award recipients and particular congratulations to Georgia McManus, our 2015 Dux, and Emma Watson, for achieving tenth place in the state in Hospitality. You can see a full list of these awards on page 17.

**INDIA SISTER SCHOOL**

Ms Dayna Cowmeadow travelled during the holiday break to our new sister school in Delhi, India as part of the India-Bridge project in which our school is involved. This also has exciting implications for our students. Ms Cowmeadow’s report is on page 11 of this newsletter.

**AGRICULTURAL TECHNIQUES**

Mr Charlie James investigated agricultural techniques in American schools over the Christmas break as part of his NSW Premier’s Teaching Scholarship. He is keen to bring back knowledge and techniques to Singleton High School.

**SWIMMING CARNIVAL**

The swimming carnival was a wonderful event despite the early forbidding weather. I would like to thank all students for their participation and enthusiasm. Our students had a wonderful time and many staff commented on the exemplary behaviour and leadership displayed by many of our senior students.

There are many reasons to be excited about 2016, I look forward to working with all students and families at Singleton High School.
It is great to be back and working with our families once more; 2016 promises to be a year of new challenges and, consequently, inventive solutions.

The student body of Singleton High School never cease to amaze in their capacity to adopt new technologies, develop best practice, adapt to changing circumstances and give to our community.

Welcome everyone, including our newest families, new staff, students and continuing families. Whilst I will be looking after Y9 and Y12 in 2016, I have no issue in assisting all our students, assisting to meet future goals in any sphere of talent or interest.

We have some exciting new technologies in place: laser cutting in Design and Technology, computing software across the school, agricultural knowledge from Mr James following his Premier’s Scholarship study tour of the USA to name a few. Our community has changed somewhat with the economic times and flexibility to meet the needs of students is a big part of SHS.

I have had the pleasure to organise once more the HSC Excellence Assembly for those outstanding students of 2016. The talent and dedication of these fine young adults is truly breathtaking.

The current Y11 and Y12 were the audience and have from conversations with some of them been inspired to reach higher in their individual results and career paths. All I can suggest is that we watch and cheer on. Y12 are keen and ready to get on with the studies. There are over 150 in the year, by far the largest group for many years, even in my time at Singleton High.

Our Y9 students have settled well and like Y12 are right into the mode of learning. I am keen to know more about the year group as Mrs Dooley was their Deputy in 2015. I welcome all contact with the Y9 parent group, especially to promote a culture of excellence in Y9 students.

Hi, my name is Khloe Kaiserfeld. In 2015 I was elected president of the student representative council. I have been a member of the student representative council for the last four years.

Over this time I have witnessed the hard work and leadership skills of my senior SRC colleagues. This made me strive to become a leader and learn through their leadership what it takes to become a person who can inspire others to define and reach their goals.

It all started for me by just helping wherever I could at school functions, such as Tommy’s Day. Then I was told I needed to help in the school canteen. I jumped at this opportunity and ever since then I have volunteered every single morning for the last four years, working besides the loving canteen ladies.

During these four years I have grown in confidence and gained the respect of students and staff. I take great satisfaction in knowing that I am truly supporting my school and the local community. Everyone should experience the rewards that come through volunteer and community work.

As the president for this year’s SRC my vision is to shock the school and the community to show them how big of an impact we can have.

We have a number of events coming up such as Valentine’s Day, Have A Say Day (to strengthen student/teacher relationships), a Harmony Day fete, a masquerade ball (to support the Fred Hollows foundation), Tommy’s Day, Mental Health awareness week and an end of term clean up.

Suggestion boxes will also be placed around the school so the students can have voice on how our school is as well.

I also have a vision to hold leadership training courses, so that future leaders will uphold the great things the SRC does.

Very soon we have our Y7 elections coming up, I would encourage as many Y7 students to try out and be a part of the SRC’s team. It will honestly be the most rewarding and fulfilling experience of your schooling time.

As a group we are very supportive and we are all open to new people and the ideas they can bring.

Every single person in the SRC is valued and I am very grateful for all the support they have given our outgoing coordinator Mr Collins, our new coordinator Ms Cowmeadow and myself.

Thank you!
## UNIFORM SHOP

### DAILY
- **$42** Skirt: Checked Grey 8-20
- **$52** Skirt: Checked Grey 22-26
- **$23** Blouse: Blue or White
- **$27** Polo Shirt: Blue or White
- **$40** Pants: Girls Navy Hipster
- **$38** Pants: Girls 3/4
- **$27** Shorts: Grey Shorter Leg
- **$20** Shorts: Blockers Grey

### SPORT
- **$27** Polo Shirt
- **$22** Active Shorts
- **$63** Woollen Jumper 12-14
- **$70** Woollen Jumper 16-22
- **$76** Woollen Jumper 24-28
- **$30** Tracksuit Pants
- **$50** Tracksuit Jacket
- **$35** Sloppy Joe

### OTHER
- **$5** Safety Glasses
- **$8** Protective Apron
- **$10** Sports Socks
- **$25** School Tie

- Open Monday 8.30-10.00 & 3.30-5.00
- Located near the MPC via main office
- Cash, cheque, EFTPOS, credit card
- Or pay online via SHS website then collect Tue - Fri from front office

## BABY TALK

**FROM:** TUE 16 FEB  
**TO:** TUE 22 MAR  
**TIME:** 10AM - 12PM  
**LOCATION:** Boonal Street Opp. Doyle Street Singleton Hospital

Baby Talk is a group informing mothers and carers of babies under 18 months on different topics including the importance of play, nutrition, child development, child safety, attachment and bonding, brain development and early literacy.

Baby Talk is facilitated by qualified and experienced staff from Family Insight in partnership with Singleton Family Support.

## HYPERLINK HEAVEN

**SICK OF SEARCHING FOR AND TYPING IN WEB ADDRESSES?**

**OF COURSE YOU ARE!**

This pdf version of our newsletter is full of hyperlinks to help you!

Who cares how they work, all you do is click on them and you’ll go to the website mentioned.

Every web address, such as [www.abc.net.au/splash](http://www.abc.net.au/splash) and every **CLICK HERE** phrase is a hyperlink.

The front cover photos and the contents page are also hyperlinked to take you instantly to that article.

Click on any page number to return to the contents page.

The “Community Newsletter” banner on the cover takes you to the contents page.

And click in the top left of any page to go back to the cover.

**Just click all over the place, it’s hyper cool!!**

## LIBRARY LATEST

**WELCOME BACK TO 2016**

Lots of changes have happened in the library.

We have a new library borrowing system called OLIVER, which you access from your student homepage.

Oliver will keep track of all your loans and has an easier search engine.

I will train some classes and teachers about using Oliver throughout the year.

All students are now encouraged to join the Singleton Town Library.

[CLICK HERE TO VISIT](#)

This library has many online resources available to members for free and can greatly assist students.
ZACHARY TAYLOR

WHAT FOOD TASTES AWESOME?
vegemite & avocado on toast

WHAT FOOD TASTES DISGUSTING?
gherkin

WORST JOB YOU CAN IMAGINE?
trolley collecting

WHAT FASHION TREND DO YOU HATE?
any that are confused about seasons; beanie & singlet, jeans & thongs

FAVOURITE BOY & GIRL NAMES?
harlo aspen lilliana charlotte

WHAT BORES YOU THE MOST?
dance concerts

FAVOURITE SUPERHERO?
my mum - not all heroes wear capes

FAVOURITE SPORTS TEAM?
australian cricket team

FAVOURITE TV SHOW?
don't really watch tv

WHAT DO YOU WANT INVENTED?
an expanding net that collects cricket balls and returns them

WHAT SUPER POWER DO YOU WANT?
shape shifting

FAVOURITE LOLLY?
red clouds

TIME MACHINE DREAM DESTINATION?
back to the 1980s

ONE THING ON YOUR BUCKET LIST?
work in ICU at Westmead Hospital

WHAT JOB WILL YOU DO ONE DAY?
neurological physiotherapy

WHAT ADVICE DO YOU HAVE FOR JUNIORS?
enjoy your junior years and don't take your spare time for granted

LAURA AVARD

WHAT FOOD TASTES AWESOME?
pizza or cookies & cream ice cream

WHAT FOOD TASTES DISGUSTING?
plain oysters

WORST JOB YOU CAN IMAGINE?
trolley collecting

WHAT FASHION TREND DO YOU HATE?
any that are confused about seasons; beanie & singlet, jeans & thongs

FAVOURITE BOY & GIRL NAMES?
harlo and laura-kate

WHAT BORES YOU THE MOST?
people who talk about themselves

FAVOURITE SUPERHERO?
batman

FAVOURITE SPORTS TEAM?
parramatta eels

FAVOURITE TV SHOW?
the black list

WHAT SUPER POWER DO YOU WANT?
the ability to fly

FAVOURITE LOLLY?
must-sticks or rosy apple lollipops

TIME MACHINE DREAM DESTINATION?
the future to see what happens to me, then maybe change some decisions

ONE THING ON YOUR BUCKET LIST?
travel to as many countries as I can

WHAT ARE YOUR PLANS AFTER THE HSC?
an apprenticeship or sport studies

WHAT JOB WILL YOU DO ONE DAY?
hopefully play in the NRL

WHAT ADVICE DO YOU HAVE FOR JUNIORS?
don’t conform just to fit in, take every opportunity to do what is needed to reach your personal goals, go for it!

DEVELOPING LEADERS

The 2016 educational year is well underway and I welcome all our families back to a positive year of learning and growing.

I extend a warm welcome to our new Y7 students and their families as they begin their Singleton High School journey. You have come to a great school!

This year I have taken over the reins of the SRC following the retirement of Mr Bob Collins. Mr Collins will be sorely missed and has left some big shoes to fill!

I believe that dynamic student leadership promotes the development of all students and supports the school to maintain and enhance effective learning environments.

I am very excited about the year ahead and all I can say is - watch this space! There are some very exciting, student driven initiatives coming!
Welcome back to another dynamic year! Once again, we are focussing on ensuring a safe and quality learning environment for all at Singleton High.

We encourage our students to have a growth mindset and to see education as an opportunity to be embraced.

We will continue to deliver wellbeing presentations once a fortnight. The first presentation was held on Monday 8 February and focussed on defining racism and outlining what an individual can do to report and manage any incidents that they witness or experience.

RACISM: is the belief that people from some races are inferior to others because of things like the colour of their skin, ethnic origin, or country of origin.

PREJUDICE: is knowing next to nothing about people but pre-judging them anyway on the basis of stereotypes.

RACIAL DISCRIMINATION: occurs when someone is treated less favourably because of their skin colour, or their racial, national or ethnic origin.

This is against the law.

RACISM IMPACTS:
- educational outcomes
- individual happiness
- self-confidence
- school climate
- cultural identity
- school relations
- community relations
- student behaviour

WHY IDENTIFY & REPORT RACISM?
- to provide a safe environment for all
- to create a Quality Learning environment for all.

WHAT CAN YOU DO?

ANTI-RACISM CONTACT OFFICERS
- students, parents and staff can report complaints about racial incidents to the Anti-Racism Contact Officer, or ARCO.
- Our school has two ARCO Officers, Ms Ballard and Ms Barnett.

RACISM IS THE BELIEF THAT PEOPLE FROM SOME RACES ARE INFERIOR TO OTHERS BECAUSE OF THINGS LIKE THE COLOUR OF THEIR SKIN, ETHNIC ORIGIN, OR COUNTRY OF ORIGIN.

PREJUDICE IS KNOWING NEXT TO NOTHING ABOUT PEOPLE BUT PRE-JUDGING THEM ANYWAY ON THE BASIS OF STEREOTYPES.

RACIAL DISCRIMINATION OCCURS WHEN SOMEONE IS TREATED LESS FAVOURABLY BECAUSE OF THEIR SKIN COLOUR, OR THEIR RACIAL, NATIONAL OR ETHNIC ORIGIN.

This is against the law.

The Student Assistance Scheme (SAS) is a limited annual allotment of funds provided to support students attending New South Wales government schools in Y7 to Y11.

The scheme enables financial assistance to be provided to eligible families for school related expenses.

These expenses include, but are not limited to such things as: school uniform, textbooks, school excursions or related costs, school camps, subject specific costs and stationery needs.

It is not possible to fund the Voluntary School Contribution from this scheme.

A payment plan scheme is another option for those requiring support with necessary items related to school. The payment plan asks for a fortnightly amount to be paid to the school for items provided.

If you have any questions or would like to enquire about assistance please contact myself or Ms French at the school.

Y7 TRANSITION FEEDBACK

I was fortunate enough to speak to a few parents informally about how their child began Y7 at Singleton High School.

The feedback these parents received from their sons and daughters was incredibly positive, for example one student stated ‘it’s awesome’.

One parent said ‘they were so keen to go to their room and do their homework, I was very impressed’. Another parent said about their first few days of high school life, ‘they loved it’.

The parents felt as though enough guidance and responsibility had been placed upon their young adults shoulders to feel confident in their new community.

So thanks to all the teachers, learning support officers, administration staff and students who have helped make the 2016 Y7 students understand that they belong at Singleton High. Well done everyone!

Regards, Nicole Apps.
PSYCHOLOGY SERVICE FUNDING
Singleton Council has secured funding for psychological services for young people and engaged Moira Sylvia from Evolve Psychology.

Moira can assist with Depression, Self-harm, Anxiety, Panic Attacks, Bullying, Sleep Problems, Grief, Loss, Parent Training, Stress, Self-esteem, Trauma, Substance use, Adjustment issues and Behavioural Management.

Parents can contact Moira directly, but note there will be a screening process to make sure the young person qualifies for the funding.

Moira Sylvia
Principal Psychologist
0404 377 233
contact@evolvepsychologyservice.com
www.evolvepsychologyservice.com

NOTE: EVOLVE PSYCHOLOGY IS NOT A CRISIS SERVICE. IN AN EMERGENCY SITUATION CALL ‘000’ OR LIFELINE ON 13 11 14.
The secret of change is to focus all of your energy, not on fighting the old, but on building the new.
SOCRATES

The start of 2016 for the Special Education faculty has been focussed on change with the addition of four new staff members and a brand new support class.

We now have five classes operating across our faculty: K1, K2, K4, G1 and T14. The end of 2015 saw our students from T14 move into a freshly painted classroom right in the middle of the school.

T14 was extensively renovated to make way for our new students and the addition of our 5th class. All staff spent time in the holidays changing the layout, furniture and displays in each classroom to create new learning spaces designed to give each classroom multiple learning areas. Each classroom looks amazing – these improved learning environments are vibrant, organised and homely.

In 2016 we will focus on the outside of our K Block area. Watch this space as we have some exciting garden projects coming up.

K1: The team of Mrs Diane Daley, Mrs Jayne Williams and Mrs Kristen Strachan moved from K4 to K1 this year and brought K4 students along for the ride. All students have handled the change exceptionally well and are loving being able to use K1’s kitchen on a daily basis. Students love the bigger classroom space and are flourishing in their new environment.

K2: Mrs Ella Santoso is the new classroom teacher in this class, working alongside Mrs Jasmin Bown. Mrs Santoso has been a wonderful new addition to our team. Students are settling well with the high level of support that Mrs Santoso and Jasmin have been able to offer. The class are enjoying getting to know their new teacher, especially stories about her gorgeous puppy. Mrs Santoso’s smile brightens up our day and we are all very happy that she has joined our team.

K4: Mrs Susan Gittoes has made a huge change this year moving from T14 into our K Block area. Mrs Virginia Horadam has continued to support this class, her presence greatly assisted students to positively move from K1 into their new K4 classroom. K4 students are settled and happy. Their eagerness to learn and consistent approach to complete work of a high standard will ensure everyone has a successful year.

G1: Mrs Cathy Playford is the new teacher for this class. Cathy brings a wealth of experience supporting students with additional learning needs and we are very lucky to have her join our team this year.

Mrs Jodi Hay continues to support this class, her familiar face has helped students to handle such a drastic change. Mrs Playford and Jodi are working together extremely well and we are seeing huge improvements in all aspects of the students’ learning and behaviour.

T14: New students, new teacher and a new School Learning Support Officer! This year we welcome Miss Karina Coutts and Mrs Louise Cuttriss to work in our school’s newest support class.

Miss Coutts and Louise have a strong passion for working with students who require alternate learning pathways. Miss Coutts has enthusiastically began to implement student centred, project based learning. All students are responding well to her teaching style. Miss Lenore Studdert joins our team this year teaching History to all five support classes. To say we are lucky to have her, is an understatement. Her vibrant, thoughtful, generous and joyful personality will help our faculty to flourish this year.

This year we are also changing how we teach our students. Each class teacher is responsible for a base class focusing specifically on teaching English, Maths, Living Skills and creating Personalised Learning and Support Plan. Each teacher then has a focus subject that they will teach to each one of our five classes:

Mrs Daley and Mrs Strachan – Science
Mrs Santoso – Creative & Performing Arts
Mrs Gittoes – Geography
Mrs Playford – ICT
Miss Coutts – Personal Health
Miss Studdert – History

This change supports each student’s ability to learn from a range of teachers and supports our goal of reviewing and upgrading all class teaching programs. The end result will be that all teachers in the support class will become specialists at creating units of work that focus on the concept of universal design.

We welcome all our new students and families with open arms and are looking forward to working closely with you in 2016 to make it a fantastic year!
During the Christmas school holidays I spent 10 days at our partner school in New Delhi, India. It was such an enriching learning experience.

I stayed in the home of Mrs Meena Malhotra, headmistress at our partner school, Bal Bharti Public School.

My senses were constantly on overload by the dynamic and varied sights, sounds, tastes and, of course, smells!

Our schedule was very busy, I averaged about five hours of sleep a night and I think I was the only Australian on the plane ride home who did not see the famous Taj Mahal!

On my return I have been asked by staff and students “How was India?” But unfortunately I cannot provide an answer that does this country and my experience justice. It felt like I only had the chance to blow the dust off the cover of an old book with the pages still waiting to be read!

I did indeed discover that India is a country rich in diversity and history. The people I met were all wonderfully friendly and wanted to know about my country.

The main purpose of my visit was to spend time at our partner school, where I learnt the following facts:

• students happily greet teachers with respect, the highest form is a student bending down to touch their teacher’s feet
• they have a competitive thirst for learning
• 100% of students complete Year 12
• 95% continue their studies at university
• student leaders are in charge of discipline within their class
• students wear uniform without argument
• there are 46 students in a class and the teacher is able to teach without too much distraction from misbehaviour
• all lessons are taught in English

Upon returning home to Australia I felt an urgency to share my experience with the students at Singleton High School.

The world has become seemingly smaller and being able to provide our students with opportunities to interact with peers that live in neighbouring Asian countries is essential in developing productive global citizens.

Over the course of 2016 there will be opportunities for students to participate in video conferences with students at Bal Bharati Public School.

We will be encouraging students to come together to cultivate a positive understanding of each other’s cultures.

I may not have seen the Taj Mahal, but the pleasant sound (still stuck in my head) of a student’s voice greeting me with a “Good morning Ma’am” still brings a spontaneous smile to my face.
WHY MAKE GOALS?

LEARNING ASSISTANCE CENTRE

ARE GOALS REALLY THAT IMPORTANT?

On the first day of every year many of us make New Year’s resolutions. But how many of us have followed through with them or have thought about them now we are in February?

If you have ever planned a holiday, you can probably appreciate that you must plan, follow up and be flexible enough to make adjustments when necessary, particularly if the holiday is a big one.

A friend of mine went to America for her 40th birthday and it took her three years of planning. So it makes sense that to succeed at school a plan is advisable. Where a lot of us fail is in the execution or the follow through.

The plan may not be perfect, it needs to be able to be adjusted and measurable and, most importantly, it must be followed.

To set your child up for success it is important for them to set goals. For example, “To achieve a mark of X in this subject in my half yearly report.”

Research has shown it is important to have a lead measure. So, what is a lead measure? Firstly, it is something that you can record daily in most cases.

For example, if I want to lose weight the measure on the scales is a lag measure, a lead measure is how far I’ve walked or a record of the food I’ve eaten. So, in terms of studying, a lead measure could be:

- hours each night reading my novel
- time preparing my assessment
- points discussed from class
- clarifying something outside class

To really make progress and also acknowledge the effort being made, this could be recorded in your child’s diary and celebrated when a milestone is reached, eg. 10 hours of study.

In our next newsletter we will outline the elements required to create a compelling scoreboard.

These principles come from the book 4DX by Franklin Covey.

---

Provision FIRST AID
HLTAID003

This course is for young people between the ages of 15-24.

get First Aid, get work ready

$50 per person normally $140

Fee subsidised by the Glencore 2015 Community Grant Program.

4 week program

Thursdays 4:30-6:30pm

Starting on 3rd March – 24th March 2016

Available to all young people aged 15-24

Places limited, book early to avoid disappointment.

Deadline for enrolment: 24th February 2016

ONE TIME OFFER, GET IN NOW

For more information, contact the Singleton Youth Venue on:
Email: rstalker@singleton.nsw.gov.au  Phone: (02) 6571 4687

Singleton Council  Glencore

This qualification will be delivered & issued by registered training organisation 401149 Singleton Community College Inc.
**Y7 UPDATE**

Our Y7 student and their families have had a busy start to the year: peer support, new uniforms, swimming carnival and lots of reading and notes to be returned.

The first note of note is for the Y7 camp near Lake Macquarie. Students are requested to bring this in ASAP.

This camp is a wonderful tradition at Singleton High School and packs a week's worth of activities into 3 days. It is a fantastic opportunity for students to learn and grow outside of the classroom setting. It focuses on independence, responsibility, respect for others and of course physical activity and fun!

The second note is for vaccinations. Please return your vaccination notes to the front office and please remember, no note means no vaccination.

The Concert band is starting again soon and the school wants Y7 musicians to join. Practice is Tuesday mornings in the music rooms. If you are interested, please see Mr Edwards asap.

Students are also reminded to join the town library. It is a great facility and later in the year you will be required to use its online resources for assignment work and general research.

Finally, the swimming carnival was a great success for Y7. Many Y7 students stood out in house colours and the novelty races were very well supported by the schools newest year.

It was great to see our Y7 students dive right into the spirit of Singleton High. Well done to you all and keep it going!

---

**Y9 UPDATE**

I'd like to firstly welcome all Y9 students back from what was hopefully a relaxing Christmas break. I look forward to working, once again, with you all.

The school year has started well with all students appearing to be enjoying their new classes and teachers. The new school bell times, which was implemented at the start of the year, has not presented any issues and any timetable concerns have now been corrected.

It is at the start of the new school year where a reminder of uniforms is most warranted. The majority of students have adhered to the uniform policy, so thank you. However, the correct footwear appears to be the main uniform concern with a small minority.

The school uniform policy states that shoes must be black leather.

Students requiring help with their uniform should contact either myself or Head Teacher Welfare, Ms Ballard. Refer to the uniform policy for more information.

While it seems like the school term has only just begun, we are already nearing the end of Week 3 and with that, students will soon find assessment tasks are being handed out.

To stay on top of all assessments, it is necessary for student to be organised.

A diary of upcoming assessment tasks and due dates is one way of keeping up to date with work. Another is to keep a whiteboard display of key dates.

It is vital that students submit all assessments in a timely manner to optimise their learning outcomes.

Finally, I congratulate all those students who attended the annual swimming carnival, held last Thursday.

It was a wonderful day, full of colour, friendship and fun. Well done Y9. You were totally terrific.

So, let's make 2016 another fantastic year for Y9 at Singleton High School!!

---

**Y7 UPDATE**

**MARTIN GRAY**

**Y9 UPDATE**

**MARGARET BAGNALL**
SPORTS SHORTS

RUGBY LEAGUE REGO DAYS
SINGLETON JRLFC

We invite all interested players to register online or attend one of our registration days at the Cook Park Club House Canteen.

New players to the club will need to provide birth certificates at registration and fees for all player registrations must be received by the club before commencing training.

REGISTRATION FEES
WHICH INCLUDES SOCKS AND SHORTS
1ST CHILD $100
2ND CHILD $80
3RD CHILD $70

REGISTRATION DAYS
SAT 13 FEB 10AM -12PM
THU 25 FEB 4-6PM

TO REGISTER ONLINE VISIT
www.singletonjuniorrugbyleague.leaguenet.com.au
or email us singeltonjrl@yahoo.com.au

RUGBY UNION JUNIOR REGO

JUNIOR REGO DAYS
SINGLETON RUGBY CLUB
HOWE STREET

FRI 12 FEB 5.30PM - 7.00PM
SAT 13 FEB 9.00AM - 1.00PM
FRI 19 FEB 5.30PM - 7.00PM

Under 7 $20
TRAIN & PLAY FRIDAY NIGHT
Under 8 - Under 12 $100
Under 13 - Under 17 $110

ALL PLAYERS RECEIVE CLUB SHIRT & SHORTS

FOR MORE INFO CONTACT
singletonjuniorrugby@hotmail.com
TELEPHONE 0412 645 483

SWIMMING CARNIVAL
In what’s seemingly becoming a bit of a tradition, the Singleton High School swimming carnival was again threatened by the weather. But a decision was made to carry on and the rain held out for a fantastic day of racing and fun.

High student numbers and an enthusiastic Y12 contingent contributed to an exciting day with the first event, the boys open medley, almost being the race of the day as Darcy Gilson narrowly held on against a determined Elliot Earnshaw.

As the weather improved so did the action in the pool with the novelty swim for house points proving to be a favourite of the students and staff. The day concluded on a high note with Elliot Earnshaw breaking the 15yrs male 50m butterfly record previously held by A. Paget.

The day ended with the inaugural staff versus student relay, sadly the below staff team were well beaten.

HOUSES POINTS
Burdekin on 600 points were crowned overall house champions, with Elliot second on 537 points, followed by Munro on 368 points and Howe on 304 points.

The zone carnival at Muswellbrook will be held on Wednesday 17 February. Students who qualified should collect attendance notes from PDHPE.

2016 AGE CHAMPIONS

<table>
<thead>
<tr>
<th>MALE</th>
<th>FEMALE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 Brock Burgess</td>
<td>Ashlee Cox</td>
</tr>
<tr>
<td>13 Kurt Cullerton</td>
<td>Katrina Stephens</td>
</tr>
<tr>
<td>14 Julian MacDonald</td>
<td>Chantelle Smuts</td>
</tr>
<tr>
<td>15 Elliot Earnshaw</td>
<td>Maddison Berry</td>
</tr>
<tr>
<td>16 Matthew Cook</td>
<td>Courtney Stephens</td>
</tr>
<tr>
<td>17+ James Bradley</td>
<td>Taylor Giggins</td>
</tr>
</tbody>
</table>

The zone carnival at Muswellbrook will be held on Wednesday 17 February. Students who qualified should collect attendance notes from PDHPE.
As the HSIE faculty launches into 2016 I would like to extend a massive thank you to the staff, students and those parents with whom I have interacted with over the past 8 weeks who have made me feel incredibly welcome since my appointment as Head Teacher HSIE.

Continuing in our faculty this year we have Mr Tim Merrick, Mrs Kerrie Greenhalgh, Ms Megan Smith, Mrs Margaret Bagnall, Ms Laura Bradford and Ms Tarni Hawkins.

We welcome back Mrs Vicki Neech who has returned from Mt View High School and Mr Phillip Buckley who has joined our faculty in 2016 to teach History, Geography, Legal Studies and Business Studies. Mr Buckley brings a wealth of experience to our faculty, having been an accountant before embarking on his teaching career.

This year for the first time all HSIE students in Years 7-10 will complete semesterised courses in History and Geography. Every class will have the same teacher for the entire year who will teach one course in the first semester (Terms 1 and 2) and the second course in the second semester (Terms 3 and 4). The following table shows the courses that will be taught by semester.

### SEMESTER 1
- Y7 Mandatory History
- Y8 Mandatory Geography
- Y9 Mandatory History
- Y10 Mandatory Geography

### SEMESTER 2
- Y7 Mandatory Geography
- Y8 Mandatory History
- Y9 Mandatory Geography
- Y10 Mandatory History

This approach will provide our faculty with an enhanced opportunity to collaborate when teaching these courses, allowing us to provide a rich and engaging learning experience for our students.

In the senior years we are also teaching courses in Ancient History, Modern History, Extension History, Geography, Legal Studies and Business Studies.

Should you wish to discuss your child’s progress, or any aspect of the courses that we teach, please do not hesitate to contact me at the school on 6571 1199.

The Science Faculty welcomes all our past students back and says a big hello to our new Y7 students. We look forward to working with you in 2016 in helping you to achieve your personal best.

Our staffroom is still adjusting to the absence of Mr Russell who retired at the end of 2015. We would like to welcome Mr Luke Davis and Mrs Jenny Arrowsmith to the staffroom as full time science teachers for the coming year.

This is an exciting year for us with the introduction of two new science electives to Y8 and Y10. Forensic Science class is full of budding criminal investigators and are working with Mrs Jennifer Lynch to explore how science is used to assist police in unravelling the truth behind many crimes. ASPIRE (Advanced Scientific Principles of Investigation, Research and Experimentation) is taught by Mr Nathan Jones and is our new Y10 Elective designed to strengthen the knowledge and skills of those students keen to delve deeper into the world of science than the core curriculum allows.

Term 1 will be a busy one. All students in Science have assessments and should take note of key dates over the next eight weeks. Please contact us should your child require help in completing the tasks set by their teachers.
CHINESE NEW YEAR
WELCOME TO THE YEAR OF THE MONKEY

Well-wishers across the world have been celebrating the Chinese New Year.

The Sydney Opera House was bathed in red light as part of city-wide lumiere and lantern displays to welcome in the Chinese New Year.

The new year, also known as the Spring Festival, is determined by the lunisolar Chinese calendar, so the date changes from year to year. The festivities start the day before the New Year (6 February in 2016) and continue until the Lantern Festival, the 15th day of the new year.

Each Chinese New Year is characterised by one of 12 animals which appear in the Chinese zodiac. The Chinese zodiac is divided into 12 blocks (or houses) just like its Western counterpart, but each house has a time-length of one year instead of one month.

This year is the Year of the Monkey, the ninth animal in the cycle. The next Year of the Monkey will be in 2028.

People born in the Year of the Monkey are characterised as lively, quick-witted, curious, innovative and mischievous, but it is also believed to be one of the most unlucky years in the Chinese calendar.

Monkey people are seen as smart, especially in their career and wealth, as well as gentle and honest. But they can also be short-tempered and tend to look down upon others.

**Strengths**
sociable, innovative, enthusiastic, confident

**Weaknesses**
suspicious, cunning, selfish, arrogant

DANCE CLUB
DANCE STUDIO
LEVEL 1
A BLOCK
TUESDAY LUNCH
HSC Excellence Assembly Awards

HSC DUX 2015
Georgia McManus

TOP ACHIEVER MEDALLION
Emma Watson - Hospitality
Placed in top 10 of the state for any subjects

HONOUR CERTIFICATES
Achieved 90% and above in both the school assessment and the HSC exam of a subject

Lilly Haines
Biology

Jessica Newstead
Community and Family Studies

William Nieuwenhuise
Design and Technology

Emma Watson
Biology

ACADEMIC CONSISTENCY CERTIFICATES
Achieved 400+ for best 10 units of study

Sam Barry
Biology Mathematics English Physics
Modern History English Adv Maths Ext

Lilly Haines
Ancient History Biology Chemistry
English Advanced Mathematics

Cassidy Halton
Biology Community and Family Studies
English Adv Mathematics General PDHPE

Sam Howard
Biology Business Studies English Adv
Mathematics Ext 1 Mathematics Ext 2

Melissa Katris
Biology Community and Family Studies
English Adv Mathematics General PDHPE

Harrison Kirkwood
Community and Family Studies Legal Studies
English Standard Business Studies PDHPE

Georgia McManus
Biology Chemistry English Adv Hospitality
Exam Hospitality Specialisation Mathematics
Mathematics Ext 1 Modern History

Jessica Newstead
Ancient History Community and Family Studies
English Adv Maths General Modern History

William Nieuwenhuise
Design and Technology English Adv PDHPE
Maths General 2 Electrotechnology

SPECIAL MENTIONS
Achieved Band 5 or 6 result 10+ marks more than school assessment or achieved Extension 3 or 4 and 5+ marks than school assessment.

Jarrod Behringer
Music 1 Band 5

Georgia Cochrane
Senior Science Band 5

Nicholas Martin
Industrial Technology Band 5

Rianna O’Connell
Music 1 Band 5

Janina Remigio
Music 1 Band 5

Dylan Rock
Music 1 Band 6

Sky Stenton
Chinese Beginners Band 5

COMMENDATION5
Achieved Band 5 or Extension 4 Award

Kara Bailey
Biology

Sam Barry
PDHPE

Madeline Fry
PDHPE

Lilly Haines
Biology

Sam Howard
PDHPE

Georgia McManus
Hospitality Examination

Jessica Newstead
Community and Family Studies

William Nieuwenhuise
Design and Technology

Dylan Rock
Music 1

Sam Stewart
Music 1

Melissa Katris
Community and Family Studies PDHPE

Emma Watson
Biology Hospitality Examination
## TERM 1 CANTEEN PRICE LIST

### BEFORE 9AM
- **$0.50** RAISIN TOAST
- **$1.00** HASH BROWNS
- **$2.00** BREKKIE WRAP
- **$2.00** MUFFINS / FINGER BUN
- **$2.00** BANANA BREAD

### HOT FOOD
- **$1.50** GARLIC BREAD *
- **$1.50** SAL T N VINEGAR TENDERS *
- **$2.00** SWEET CHILLI SUBS *
- **$2.50** PIZZA ROUNDAS
- **$2.50** HOT NOODLES
- **$3.00** CHICKEN NUGGETS
- **$3.50** SAUSAGE ROLL - JUMBO
- **$4.00** MEAT PIE - LEAN
- **$4.50** CHEESE & BACON PIE
- **$5.00** CHICKEN BURGER
- **$5.00** BEEF BURGER
- **$5.50** SWEET CHILLI WRAP

### SANDWICHES
- **$4.00** EGG & LETTUCE
- **$4.00** CHEESE & TOMATO
- **$4.50** CHICKEN & LETTUCE
- **$4.50** HAM CHEESE & TOMATO
- **$4.50** SILVERSIDE & PICKLES
- **$6.00** SALMON SALAD WRAP
- **$6.00** TURKEY CRANBERRY WRAP

### DRINKS
- **$1.00** SLUSHIES
- **$2.00** WATER 600ML
- **$2.00** JUICE SMALL
- **$2.50** SOFTDRINK 374ML
- **$3.00** WATER 1 LITRE
- **$3.00** FLAVOUR MILK SMALL
- **$3.00** JUICE LARGE
- **$3.00** MINERAL WATER LARGE
- **$3.00** ICE TEA
- **$3.50** HOT COFFEE
- **$3.50** HOT CHOCOLATE
- **$4.00** POWERADE
- **$4.00** DARE ICE COFFEE
- **$4.00** FLAVOUR MILK LARGE

### ICE BLOCKS
- **$0.50** ZOOPER DOOPER
- **$0.50** FROZEN PINEAPPLE
- **$1.00** TNT SOUR POPS
- **$1.00** LEMONADE TWIST
- **$1.00** ICY POLES
- **$1.50** FANDANGLES
- **$1.50** ICE CREAM CUP
- **$2.00** FROZEN YOGHURT
- **$2.00** MINI MAGNUM
- **$2.00** PADDLEPOP SHAKE
- **$2.00** GOLDEN GAYTIME
- **$3.20** STREETS CORNETTO

### SNACKS
- **$1.00** GRAIN WAVES
- **$1.00** JUMPY'S CHIPS
- **$1.00** SMITHS CHIPS
- **$1.00** RED ROCK DELI SMALL
- **$2.00** TWISTIES LARGE
- **$2.00** PRETZELS LARGE
- **$2.00** RED ROCK DELI LARGE

### STATIONERY
- BASIC ITEMS FROM 50c
- SUCH AS PENS PENCILS RULERS
- BOOKLETS ERASERS POST-ITS

### HEALTHY MEAL DEAL
- **$5.00** SALAD SANDWICH + JUICE + FRUIT

### DAILY SPECIALS
- **$5.00** MON: FRIED RICE & SPRING ROLLS
- **$2.50** TUE: TOASTIES
- **$2.50** TUE: COOKIES
- **$3.50** WED: HOT DOGS
- **$2.50** THU: MINI PIZZA
- **$2.50** THU: CARAMEL SLICE
- **$2.50** THU: VANILLA SLICE
- **$3.00** FRI: CHICKEN CAESAR WRAP
- **$6.00** FRI: CHICKEN CAESAR CUP

* NOT EVERY DAY
our greatest weakness lies in giving up.

the most certain way to succeed is always to try just one more time.

THOMAS EDISON

stop hating yourself for everything you aren’t and start loving yourself for everything you already are

ANONYMOUS
Singleton Strikers Football Club

Junior Soccer invites all new and returning boys and girls to come and register for the 2016 season.

Team and Player Registration Days at Club Singleton (William St)
Saturday 6th February & Saturday 13th February from 10.00am to 2.00pm
Come and register your team or as an individual.

Player Registration Fees:
Under 6 - Under 7: $120.00
Under 8 - Under 11: $140.00
Under 12 - Under 18: $160.00

New players are most welcome and must bring along a photocopy of their birth certificate. Players must be turning 5 years of age in the 2016 calendar year to play.

Contact: President Mark Henderson – 0417 445 233
Registrar Steve Proudlock – 0477 320 511
Note that registration with FFA MUST be completed online by all players prior to registering with SSFC.
Go to: www.myfootballclub.com.au
Full registration details, instructions and registration forms are available on the club website: www.sjsc.sportingpulse.net

MIKE AND GRANT GOLDMAN
HUNTER
TV & Radio
WORKSHOP
1 Day Only

IN SINGLETON

Learn from legendary radio broadcaster Grant Goldman and TV host Mike Goldman in their one day workshop in Singleton.

Mike has hosted successful National TV shows on the Seven, Nine & Ten Networks and Grant is in the Australian Radio Hall of Fame.

The workshop runs one full day on Sunday the 3rd of April in Singleton from 10am till 5pm.

Work on camera and behind the microphone. Get footage and audio for your reel.

To lock in your place or for more information Contact: workshop@mikegoldman.tv or 0411 694 455
WINTER COMPETITION

2016 WINTER COMPETITION THURSDAY 18 FEBRUARY 2016
TIME: 4PM – 7PM PLACE: AFL BUILDING ROSEPOINT PARK

All individual registrations must be completed online at www.singletonnetball.com
All team packs must have a Team Nomination form & Individual Registration forms
Team nomination: $50 Rego: Senior $120 (18yrs+) Junior $110 (11 – 17 yrs)
Net-Set-Go Competition $110 (7-10yrs) Net-Set-Go Skills $60 (5-7 yrs) Non Player $40
NO EFTPOS, Cash & Cheque’s only, for direct deposit details visit our website

GUEST SPEAKER: June Morris - Service Manager
Newcastle/Lake Macquarie Dementia Advisory Service

TOPIC: “Dementia and why you need to know about it”

VENUE: Wallsend Diggers, 5 Tyrrell Street, Wallsend
TIME: 10.00am – 12.00pm
COST: Free - includes Morning Tea
WHEN: Thursday 31 March 2016
RSVP: Thursday 24 March 2016

For more information or to Register Contact:
HNE Carer Education & Support Program – Hunter
on: 4924 6146 or 1300 887 776
or Email: Educare-Admin@hnehealth.nsw.gov.au
(We ask that you RSVP for catering purposes)
SWIMMING CARNIVAL UNDERWATER